



**LANCASHIRE SCHOOLS' & LANCASHIRE COUNTY COMBINED EVENTS CHAMPIONSHIPS & Hyndburn AC CE OPEN COMPETITIONS 2016**  
**16<sup>th</sup> & 17<sup>th</sup> April 2016 at Wilson Playing Fields Clayton-Le-Moors BB5 5SD**

**TIMETABLE OF EVENTS**

Of necessity, the timetable in a combined events competition has to be flexible, but the timetable is an estimate of the times we expect to start events. Athletes should be aware that the times of events may be advanced or delayed, and they should listen for the announcements for any changes to the scheduled start times.

Sunday 17 <sup>th</sup> April	SB/JM/SM Decathlon	IB/U17M Octathlon	SG/JW/SW Heptathlon	IG/U17W Heptathlon	JG/U15G Pentathlon	U13G Pentathlon	Y7G & Y8G Quadrathlon	Y5B & Y6B Quadrathlon	Y5G & Y6G Quadrathlon	Y3B & Y4B Quadrathlon	Y3G & Y4G Quadrathlon
10:15	110mH										
10:25		100mH									
10:35					75mH						
10:45						70mH					
10:55							100m				
11:00	Discus							75m			
11:05									75m		
11:10										50m	
11:15		High Jump									50m
11:30				Long Jump	Shot	Shot					
12:00							Turbo Jav				
12:15	Pole Vault										
12:30			Long Jump					Vortex	Vortex		
01:00					High Jump	High Jump					
01:15										Mini Vortex	Mini Vortex
01:30		Shot					Long Jump				
02:00				Javelin				Standing LJ	Standing LJ		
02:30							800m			Standing LJ	Standing LJ
02:40			Javelin					600m			
02:45									600m		
02:50										400m	
02:55											400m
03:00	Javelin	1500m			Long Jump	Long Jump					
03:30				800m							
03:45			800m								
04:00	1500m										
04:15					800m	800m					