



WYLDDEFYRE

June 2011 No 13



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BWFAC Events Mid Lancs Interclub & Club
Champ Fell Race English FR Champ Interclub
Races Club Champ Lancs, Northern or
National Events NA League NA League

FORTHCOMING EVENTS

Abbreviations & Key: Club Champ races are marked with asterisks; YAL - Young Athletes League; BAL - British Athletic League; XC - Cross Country; ICoun - Inter Counties; TR - Trail Run; FR - Fell Race; MT - Multi-Terrain CE - Combined Events; NA - Northern Athletics; CH Club Handicap; IC - Inter Club; CBP - Championship Best Performance; Ch - Championship; CC - Club Championship; JR - junior races; U - under; V - vet; **ncr** - new club record, since merger in 2006; **CR** - new club record including records set under Blackpool & Fylde AC and North Fylde AC; HJ - High Jump; L J - Long Jump; DT - Discus; SP - Shot; PV - Pole Vault; H - Hurdles; h - heat; F - Final; c - chip; i - indoor; m - metres; M - Mile; K - Kilometre; ' - feet; w - wind speed.

Editorial

A bumper edition as it has been a very busy month especially for T&F, with two Young Athlete League meetings, a Northern Athletics Senior League match, a Mid-Lancs League meeting and the Lancashire Championships. The road and fell scene was also hectic with as well the weekend races, a proliferation of mid week races with the onset of the lighter evenings.

Congratulations to long and



triple jumper James Davies, on the award of Wyre Borough's prestigious Sheraton Trophy awarded annually for sporting excellence.

Woody

- 01/06/11 **Handicap** New Road (7:15pm)
- 01/06/11 Chorley Harriers & Tri Trail Series (2/4) Astley Village
- 02/06/11 *Cuerden Valley Badger TR
- 04/06/11 Catforth Canter 5K & Lakeland 10K/17K TRs Staveley
- 04/06/11 **NA League Match 2** Lincoln
- 04/06/11 **Duddon FR 18M/6000, English Senior Champs**
- 04 & 05/06/11 **U20/U23 Trials Championships** Bedford
- 05/06/11 **YAL T&F League, Round 3** Warrington
- 05/06/11 *Longridge Lions 7
- 07/06/11 Paddy's Pole 3.7M/1100' Chipping
- 08/06/11 Haig Hall 4M Trail Race Wigan
- 08/06/11 *Preston Inter Club
- 10 to 12/06/11 Rochdale Harriers 3 Day Event (6M Road, 6M MT & 6M FR)
- 11/06/11 **Lancs Schools T&F Championships** Blackpool
- 11 & 12/06/11 Welsh Castles Relay
- 12/06/11 Burnley Boys Club 10K & Morecambe 10K
- 12/06/11 Salt Ayre Junior Triathlon Lancaster
- 14/06/11 Trafford Grand Prix
- 14/06/11 Chernobyl 5K (3/3)
- 16/06/11 *Two Lads FR 5.25M/900' Horwich
- 18/06/11 **Clougha Pike English Junior FR Champs** & 5M/1250'
- 18/06/11 White Bear Way 21K & 10K (MT)
- 18 & 19/06/11 **NA Sen/U20 Champs S/C & Europe's Team Champs** Stockholm
- 19/06/11 **YAL T&F League, Round 4** Spenborough
- 19/06/11 *Freckleton Half Marathon (Civil Service Championship)
- 22/06/11 Hawkshead 10K & Warrington 10K
- 22 & 23/06/11 **Race for Life Blackpool**
- 23/06/11 Aggies's Staircase FR 4M/1150' Darwen
- 24/06/11 Chorley Park Series (3/4)
- 25/06/11 Lancaster 5K series (2/5) & Lymm 5K Warrington
- 25/06/11 **Mid-Lancs T&F League** Hyndburn
- 26/06/11 *Sotos 10K Fleetwood
- 25 & 26/06/11 **U20/U23 Trials Championships** Bedford
- 26/06/11 **Loughrigg & Silverhowe FR 8.5M/2380' Eng Sn Champs**
- 26/06/11 **Arniston English** 22/06/11 Harrock Hill FR 5.2M/900' Parbold
- 26/06/11 **Junior FR Champs** Patterdale
- 27/06/11 Blackpool Schools Games
- 28/06/11 Trafford Grand Prix Distance/Throws
- 30/06/11 Cuerden Valley 10K TR (2/3)
- 01/07/11 Chorley Park Series 5K (4/4)
- 01 to 02/07/11 **English Schools T&F Championship** Gateshead
- 03/07/11 **NA League Match 3** Preston
- 03/07/11 Blackpool 5K Stanley Pk & Fairclough 5M Thornton Cleveleys
- 03/07/11 27th Thirsty Three MT & U13 1M Gallop Heapey Chorley
- 05/07/11 Rochdale 10K, 20 Barriers 5M (MT) & Wavertree Mystery 5K
- 05/07/11 Trafford Grand Prix Sprints Hurdles & Jumps
- 06/07/11 **Club Handicap** New Road (7:15pm) & Chorley Tri Series (3/4)

April's Athletes of the Month



Laura Lawler and **Uber Cirelli** were chosen this month for their performances during April. During the month Laura, after warming up in the first Interclub at Blackpool, competed in her



debut London Marathon finishing in an excellent time of 3:54:10. Uber has been a prolific racer over the last few months and during April representing the club with credit in the Blackpool Interclub, Garstang Gallop and Fleetwood 10 Mile.

Also nominated were **Abi Lucas** for her excellent run of 3:14:15 in her first marathon in London at the age of 20 and **Vicky Robinson** also in her first London marathon.



John Bradley was nominated showing great determination as he ran the London Marathon off a very limited training due to injury late in 2010 in a creditable time of 4:36:18 at the age of 70. He then competed in the tough Caldervale 10 mile race on the Friday following

the marathon.

06/07/11	Wirral AC Centenary Track (prizes for 1 st 3 in finals)
06/07/11	Chorley Harriers & Tri 4.4 TR (3/4)
06 to 10/07/11	7 th IAAF World Youth Championships Lille France
07/07/11	Super 8 City Competition Glasgow
09/07/11	English Schools Cup Final Abingdon
09/07/11	*Warton Crag FR 5.8M/600' Warton, Carnforth
9 & 10/07/11	McCain Jumps & Throws Fest Copthall Stadium London
10/07/11	St Annes Carnival 5K & Fun Run
10/07/11	England 5K Road Champs Blackburn & Catforth 10K
12/07/11	Trafford Grand Prix Distance/throws NA U20 3000m Champs
13/07/11	Endmoor 10K Kendal & Royton Trail 5.5M (MT) Oldham
14 to 17/07/11	European Athletics U23 Champs Ostrava CZE
16/07/11	Aviva SIAB Schools International Cardiff
16/07/11	Sedbergh FR uphill English Junior Champs Cumbria
16/07/11	Ingleborough FR 7M/2000'
16 & 17/07/11	England Closed Championships Bedford
17/07/11	YAL Area Final, TBA
17/07/11	Leigh Sports Village 10K & Hurst Green TR
17/07/11	Kentmere FR 11.9M/3300'
18/07/11	*Wesham Inter Club
19/07/11	Trafford Grand Prix Sprints/hurdles/ jumps
20/07/11	Horwich Jubilee Series 5M (3/4) Rivington
21 to 24/07/11	European Athletics Junior Champs
23/07/11	Mid-Lancs T&F League Blackburn
23/07/11	BMC 4 Trafford & Snowdon FR 10M/3065'
24/07/11	*Elswick Express 10 Miler
24 to 29/07/11	11 th European Youth Olympic Festival
26/07/11	Trafford Grand Prix Distance/throws
27/07/11	Harrock Hill FR 5.2M/900'
29/07/11	Lancs Fire 3 Person relay Blackpool Zoo car park
29 to 31/07/11	UK Trials & Champs, Birmingham
30/07/11	Whittle Pike FR, English Senior Champs
30/07/11	NA League ICoun Champs, Manchester TBA
30/07/11	NA U17/U15 Championships TBA
30/07/11	Whittle Pike FR 5.1M/1400' Rossendale
30/07/11	Lancaster 5K Series (3/5)
31/07/11	33 rd Cliviger 6M Burnley
06 & 07/08/11	NA U17 & U15 T&F Champs Cudworth
07/08/11	*Wagon & Horses
13/08/11	Mid Lancs T&F League Preston
14/08/11	NA League Match
13 & 14/08/11	England U15/U17 CE Championships Stoke
17/08/11	*Golf Ball FR 5.5M/800' Rossendale
27/08/11	Mid-Lancs T&F League Wigan
03 & 04/09/11	YAL Auxiliary Final & full Final
07/09/11	*Red Rose Inter Club Leyland (7pm start)
11/09/11	Winter Warm-up T&F meeting and Autumn
20 & 21/08/11	England U15/U17 Championships, Bedford
21/08/11	Sedbergh FR 14M/6000', Eng & Brit Senior Champs
18/09/11	*Garstang Half Marathon
25/09/11	*Run Preston 10K
25/09/11	Viking Chase FR, Eng Jun Champs Carlton
25/09/11	Open T&F meeting, Stanley Park Arena
16/10/11	*Green Drive 5 Mile

REPORTS & RESULTS

Blackpool Mid Lancs Reprise: April 30th ML

Full BWFAC results were published in last month's Wyldefyre, but I was unable at the time of publication to extrapolate most of the PBs, of which, despite the windy conditions, there were several. Some of these will be because athletes were having their first serious attempts at new events. However they still posted many good performances and one in particular was impressive. This was in the U15G's 300m by **Kate Lawler** pictured here in heat 1



of the 300m with Emily Borthwick of Wigan Harriers & AC, where Kate was only 7/10^{ths} of a second outside Lucy Mansfield's U15G's club record and it will be interesting to watch her progress in this event during the season. The current U15G records are: **ncr** Lucy Mansfield

41.60 set 12/05/07 and **CR** Laura Gillhespy 40.30 set 21/09/03.

Following are all the PBs achieved: **U13G: 200m** Deni Impett 30.6; Jessica Rogers 33.1; **800m** Annie Bradshaw 2:38.9; Deni Impett 2:42.7; Jessica Rogers 2:53.2; Lauren Quarmby 3:06.9; **1500m** Mollie Scarr 5:32.1; **HJ** Annie Bradshaw 1.30m. **U15G: 100m** Sophie Bateson 15.2; **300m** Kate Lawler 42.3; Jordan Dixon 46.3; Megan Grey 47.3; **800m** Mollie Betmead 2:32.4; Fiona Hockey 2:38.5; **L J** Kayleigh Eccleston 3.74m; Sophie Bateson 3.54m. **U17W: TJ** Taegan O'Hara 9.45m; Natasha Johnson 9.03m; **JT** Cassidy Knight 22.36m. **U13B: L J** Thomas Matthews 4.23m; Samuel Matthews 4.05m. **U15B: 800m** Jake Walley 2:11.0; **L J** Dom Lavelle 4.51m; **U17M: TJ** Luis Blyth 10.78m.

Dallam Dash 10K: Milnthorpe May 1st CC

Uber Cirelli 10th 38:49; **Andrea Smith** 35th (3rd F & 2nd FV40) 43:49; **Bev Wright** 37th (5th F & 1st FV50) 44:32; **Terry Bradshaw** 38th 44:39; **Tony Airnes** 57th 48:46. First of 104 was Eddie Simpson of Dallam Running Club in 34:17 and first lady was Joanne Taylor of Lancaster & Morecambe AC in overall 19th in 41:27.

St Annes Inter Club: May 5th IC

Stuart Robinson 2nd 25:54; **Phil Leybourne** 5th (3rd V) 26:37; **Luke Berry** 10th (2nd JM) 28:00; **John Wright** 11th (4th V) 28:03; **Steve Waterhouse** 14th (7th V) 28:57; **David Cairns** 17th (9th V) 29:12; **Chris Lloyd** 24th 29:43; **Uber Cirelli** 26th 29:48; **Andy Woodward** 27th 29:53; **Caroline Betmead** 32nd (1st F & 12th V) 30:21; **Peter Broome** 45th (23rd V & 30:21; **John Houghton** 40th (18th V & 4th V50) 30:57; **Trevor Utley** 54th (30th V) 31:50; **Daniel Quarmby** 58th (6th JM)

32:09; **Gemma Unsworth** 59th (4th F) 32:10; **Stasia Bligh** 65th (5th F) 32:27; **Gary Johnston** 77th (43rd V & 19th V50); **Jodie Ferguson** 79th (7th F & 1st JW); **Jamie Midgley** 87th (7th JM); **Duncan Richardson** 93rd (54th V) 34:11; **Brandon Willoughby** 94th (54th V & 21st V50); **Dave Skinner** 96th (57th V) 34:19; **Mike Golden** 99th (60th V & 23rd V50); **Terry Bradshaw** 105th (65th V & 27th V50) 35:23; **Steve Minto** 107th (67th V, 27th V50 & 4th V60); **Tanya Ashworth** 108th (16th F & 68th V); **Reg Smallbone** 111th (71st V, 29th V50 & 5th V60); **Luke Wood** 114th (JM); **Peter Gibson** 116th (74th V & 30th V50); **Dave Brooks** 121st; **Alison Titterington** 126th (22nd F, 80th V & 31st V50) 36:22; **Bob Newman** 127th (81st V, 32nd V50 & 6th V60) **Nick Hume** 133rd (85th V & 35th V50) 36:44; **Anthony Blight** 137th 37:11; **Tony Airnes** 139th (90th V & 38th V50); **Karen Dunford** 140th (27th F & 91st V); **Chris Bligh** 142nd (93rd V); **Georgia Routledge** 147th (31st F & 2nd JW); **Vicky Robinson** 158th (38th F); **John Bradley** 171st (114th V, 50th V50 & 16th V60); **Liz Routledge** 172nd (43rd F & 115th V); **Larry McGee** 175th (117th V & 52nd V50); **Norman Greenwood** 183rd (124th V, 57th V50 & 20th V60); **Hilary Goorney** 198th (55th F, 139th V, 68th V50 & 27th V60); **Dave Heaton** 201st (141st V & 70th V50).

After several weeks of very dry and warm conditions, the weather broke. During the day the rain was heavy, but thankfully by the time of the race it was just intermittent and light. Apart from a stiff breeze on the way out to Fairhaven Lake, conditions were pleasant for running. 211 finished including 6 guest runners. The individual open positions shown above exclude the guest runners. The winner was Steve Littler of Wesham RR, who cannily stuck in behind Stuart Robinson on the way out and finished 12 seconds ahead of Stuart in 25:42. Caroline Betmead had an excellent race to finish over 40 seconds ahead of LSARR's in form Sue Samme.

LSARR traditionally provide an excellent buffet after the race at the Lytham YMCA, before the team results were announced: **Open:** Preston Harriers 1st 147; **BWFAC 2nd 168;** Wesham RR 3rd 270; LSARR 4th 382; Red Rose 5th 788; Chorley Harriers 6th 977. **Ladies: BWFAC 1st 26;** Wesham RR 2nd 58; Preston Harriers 3rd 59; LSARR 4th 96; Red Rose 5th 137; Chorley Harriers 6th 330. **Vets:** BWFAC 1st 53; Preston Harriers 2nd 55; Wesham RR 3rd 95; LSARR 4th 136; Red Rose 5th 186; Chorley Harriers 6th 587. **Vet 50:** Wesham RR 1st 11; **BWFAC 2nd 51;** Preston Harriers 3rd 72; Red Rose 4th 78; LSARR 5th 110; Chorley Harriers 6th 169. **Vet 60: BWFAC 1st 15;** Wesham RR 2nd 16; Red Rose 3rd 30; Preston Harriers 4th 32; Chorley Harriers 5th 63; LSARR 6th 117.

As can be seen with three first places and two seconds this result was one of the best for a few years. The next fixture is at Preston, in and around Avenham Park on Wednesday June 8th. Let's continue the good work.

Northern Athletics League: B'pool May 7th NA

The summer had been oh too short as autumn came to Blackpool and the wind from the south west made PBs hard to achieve. An enthusiastic, but sadly a weakened team

contested the first fixture of the league season. As can be seen the lady's sprint squad was very strong and good points won in the field by Chloe, Katie, Carrie and Loryn. Unfortunately due to injury and unavailability there was only Nicola and Stasia in the middle distance and only Beth Towers in the hurdles. Amongst many strong performances, one that stood out to me was from Lydia Critchley who improved the combined club record in the 400m. The men also provided strong performances, with a good PB by Alex Bale in the 400m and strong middle distance performances, in particular by Luke Minns, with a sub 4 minute first place in the 1500m and a very close second behind Paul Bradshaw of Blackburn in the 800m. Luke Berry scored a big PB and combined club record of 10:25.5 in the 3000m steeplechase. However it is still somewhat short of Peter Morris's Blackpool & Fylde record of 8:33.80 set at Rouen in France on August 4th 1973. According to Power of Ten, Peter Morris is an Isle of Man veteran. Dominic Garrett also set a new PB and **ncr** in the 400m hurdles. In the field James Davies had a comfortable win in the Long Jump and Adam Snape improved his PB by one centimetre in the High Jump to 1.88m and set a new U20M combined club record. With the return to competition of Dan Ettrick and Syd Bashforth and David Turner in the throwing events, the field is looking a lot stronger.

Ladies: Katy Wyper **100m 'A'** 2nd 12.8. Beth Towers **100m 'B'** 13.2 **PB**; **100mH 'A'** 2nd 16.7; **TJ 'A'** 3rd 10.31m. Lucy Mansfield **200m 'A'** 2nd 26.5. Alicia Johnston **200m 'B'** 27.5; **JT 'B'** 18.16m. Lydia Critchley **400m 'A'** 1st 57.3 **PB ncr**. Louise Harrison **400m 'B'** 4th 69.2; **HJ 'A'** 6th 1.15m. Nicola Rowley **800m 'A'** 2nd 2:24.4; **1500m 'A'** 4th 5:07.7 **PB**. Stasia Blyth **3000m 'A'** 5th 11:15.7; Chloe Needham **HT 'A'** 3rd 35.14 **PB**; **DT 'A'** 4th 27.41; **SP 'A'** 6th 7.96m. Katie Wood **HT 'B'** 1st 26.04m; **DT 'B'** 1st 24.62; **SP 'B'** 3rd 7.93m. Carrie MacRae **JT 'A'** 4th 34.64; Natasha Johnston **LJ 'A'** 6th 3.94m; **TJ 'B'** 2nd 9.06m **PB**. Loryn McCrudden **PV 'A'** 2nd 2.50m. **4x400m** 2nd 50.2 (Beth Towers, Lucy Mansfield, Alicia Johnston, Katy Wyper).

Men: Simon Wells **100m 'A'** 5th 11.8; **200m 'A'** 5th 23.4. Louis Schofield **100m 'B'** 4th 11.9; **200m 'B'** 2nd 23.6; **JT 'B'** 3rd 30.93m. Alex Bale **400m 'A'** 2nd 49.5 **PB**. Luke Minns **800m 'A'** 2nd 1:54.7; **1500m 'A'** 1st 3:59.4. Jack Scarr **800m 'B'** 3rd 2:00.3; **1500m 'B'** 2nd 4:17.3. Luke Berry **3000m SC 'A'** 2nd 10:25.5 **PB**. Stuart Robinson **5000m 'A'** 5th 15:38.4. Chris Lloyd **5000m 'B'** 17:46.3. Dominic Garrett **400mH 'A'** 2nd 60.8 **PB ncr**. Syd Bashforth **HT 'A'** 4th 32.34m; **SP 'A'** 5th 9.22m. Bob Wyper **HT 'B'** 4th 29.34m. Bob Wyper **DT 'A'** 28.74m; Dave Myerscough **DT 'B'** 3rd 27.40m; **SP 'B'** 4th 8.98m. Dave Turner **JT 'A'** 4th 46.73m. James Davies **LJ 'A'** 1st 6.82m. Matt Hulyer **LJ 'B'** 1st 6.16m. Jon Rutter **TJ 'A'** 4th 10.98m. Adam Snape **HJ 'A'** 1st 1.88m **PB ncr**. Dan Ettrick **HJ 'B'** 1st= 1.70m. Matt Walker **PV 'A'** 3.70m. Matt Wright **PV 'B'** 2.70m. **4x100m** 3rd 46.3 (Simon Wells, Louis Schofield, James Davies, Matt Hulyer). **4x400m** 3rd 3:36.8 (Alex Bale, Ted Romney, Dominic Garrett, Brent Starkie).

Team manager Derek Newton said afterwards: "...the fourth place was a little disappointing for a home match. Remembering that two teams will be relegated and Holmfirth and Lincoln finished 5th & 6th, but with a home match to come, we should expect improvement from Lincoln. It is definitely NOT the individual performances that let us down. There was terrific support from everyone in the team and some excellent performances too. The biggest problem was too many unfilled spots – 4 places for the men and 7 individual places for the ladies – even at an average of 4 points for each we could have secured an extra 48 points! That would probably have lifted us to 2nd Place!!!!"

The next fixture is at Lincoln on June 4th with a very an early start **7am!**

Young Athletes League: Blackpool May 8th YAL

U13G: 75m Ella Potter 1st 11.0 **PB**, Hannah Maskill 4th 11.5 **PB**; **150m** Ella Potter 2nd 22.2 **PB**, Deni Impett 4th 23.0; **800m** Annie Bradshaw 3rd 2:32.2 **PB**, Deni Impett 4th 2:34.3 **PB**; **1200m** Jessica Rogers 3rd 4:29.7; **L J** Ella Potter 2nd 4.05m **PB**; Jessica Rogers; 5th 3.41m; **HJ** Annie Bradshaw 2nd 1.20m **PB**, Jessica Rogers 4th 1.15; **SP** Molly Scarr 5th 4.68, Jessica Rogers 6th 4.42; **4x100m** (Hannah Maskill, Ella Potter, Annie Bradshaw, and Deni Impett) 2nd 59.9.

U15G: 100m Jordan Dixon 3rd 14.2, 4th Kayleigh Eccleston 4th 14.5; **200m** Kate Lawler 27.1 **PB**, 4th Jordan Dixon; **800m** Beth Everson 3rd 2:34.2, Fiona Hockey 4th 2:38.2; **1500m** Molly Betmead 1st 4:56.9; **75mH** Kayleigh Eccleston 3rd 14.7 **PB**; **L J** Amber Swinnerton 2nd 4.62m, Kayleigh Eccleston 4th 3.68m; **HJ** Beth Everson 4th=, 1.35m, Fiona Hockey 6th 1.30m; **PV** Katrina Kelly 2nd 2.10m, Fiona Hockey 3rd 2.00m **PB**; **SP** Katrina Kelly 1st 8.01m; Beth Everson 3rd 6.50m **PB**; **DT** Katrina Kelly 1st 21.20m; **JT** Kate Lawler 4th 8.04m; **4x100m** (Katrina Kelly, Jordan Dixon, Kayleigh Eccleston, and Kate Lawler) 1st 55.3.

U17W: 100m Sophie Riley 1st 12.6, Cassidy Knight 3rd 13.1; **200m** Sophie Riley 1st 26.0, Cassidy Knight 4th 27.6; **300m** Brittany Shaw 4th 47.3 **PB**, Claudia Fidler 5th 49.5 **PB**; **800m** Jodie Ferguson 1st 2:21.0, Lucy Minns 4th 2:29.3 **PB**; **1500m** Molly Betmead 1st 4:56.9, Alisha Johnson 3rd 5:17.7; **3000m** Jodie Ferguson 1st 10:55.4 **PB**; **80mH** Taegan O'Hara 2nd 13.5, Natasha Johnston 3rd 13.6 **PB**; **300mH** Taegan O'Hara 2nd 53.1, Natasha Johnston 3rd 55.2 **PB**; **LJ** Brittany Shaw 2nd 4.24m, Alicia Roylance 3rd 4.09m **PB**; **HJ** Lucy Minns 4th 1.25m **PB**; **TJ** Taegan O'Hara 1st 9.20m, Natasha Johnston 2nd 9.02m; **PV** Alicia Roylance 3rd 2.00m; **HT** Chloe Needham 1st 37.78m **PB**, Rebecca Todd 2nd 23.13m; **SP** Chloe Needham 8.09m, Rebecca Todd 2nd 8.04m; **DT** Chloe Needham 1st 27.79m, Rebecca Todd 3rd 15.24m; **JT** Cassidy Knight 1st 20.99m, Brittany Shaw 6th 10.06m **PB**; **4x100m** (Claudia Fidler, Sophie Riley, Brittany Shaw, Kass Knight) 1st 51.4.

U13B: 100m Oliver Tomlinson 3rd 15.0, Harry Mercer 4th 15.0; **200m** Nick Aziz 2nd 29.7 **PB**, Oliver Tomlinson 6th 30.9; **800m** Thomas Matthews 2nd 2:37.5 **PB**, Luke Priestley 4th 2:46.2; **1500m** Jake Lonsdale 1st 4:49.2 **PB**, Kieran Chell 6th 5:56.2; **75mH** Harry Mercer 4th 17.0 **PB**, Kieran Chell 5th 17.2; **L J** Thomas Matthews 1st 4.14m, Ciaran Johnson 3rd 3.66m; **HJ** Oliver Tomlinson 5th 1.10m, Harry Mercer 6th 1.10m; **SP** Ciaran Johnson 1st 8.13m **PB**, Fergus Anderson 5th 5.97m; **4x100m** (Kieran Chell, Nick Aziz, Harry Mercer, and Oliver Tomlinson) 2nd 60.5.

U15B: 100m Rory Anderson 5th 13.4 **PB**, Robbie Morris 6th 13.5 **PB**; **200m** Rory Anderson 2nd 27.1 **PB**, Ashley Hails 4th 28.1; **400m** Charlie McLaine 2nd 57.8 **PB**, Jake Walley 3rd 57.8 **PB**; **800m** Jake Walley 1st 2:10.4 **PB**; Ashleigh Hails 4th 2:29.1; **1500m** Declan Darnborough 4th 5:30.0, Alex Blackman 6th 6:13.9; **80mH** James Bamber 4th 17.0 **PB**; **L J** James Bamber 5th 3.76m; **HJ** Jack Hails 3rd 1.35m **PB**, Dom Lavelle 5th 1.30m; **PV** Dom Lavelle 1st 2.30m **PB**, Jack Hails 3rd 1.90m **PB**; **SP** Charlie McLaine 1st 9.75m **PB**, Robbie Morris 3rd 8.51m **PB**; **DT** Charlie McLaine 1st 22.80m **PB**; **JT** Robbie Morris 2nd 25.48m, Jake Walley 5th 16.66m **PB**; **4x100m** Ashleigh Hails, Rory Anderson, Robbie Morris, and Jack Hails Disq; **4x400m** (Jake Walley, Declan Darnborough, Charlie McLaine, Alex Blackman) 4:37.2.

U17M: 100m Luke Bateson 4th 12.4, Connor McCormick 5th 12.9; **200m** Luke Bateson 4th 25.5 **PB**, Connor McCormick 5th 25.8 **PB**; **400m** Oliver Hopkins 1st 52.3, Luis Blythe 3rd 56.8 **PB**; **800m** Daniel Quarmby 3rd 2:10.3 **PB**; **1500m** Daniel Quarmby 3rd 4:29.4; Harry Poole 5th 4:55.7; **1500m SC** Oliver Webster 1st 5:12.1 **PB**; **L J** Luis Blythe 2nd 5.68m **PB**, Luke Bateson 3rd 5.68m **PB**; **HJ** Finn Walker 4th 1.60m **PB**, Robert Lockhart 5th 1.60m; **PV** Matt Walker 1st 4.01m **PB**; **HT** Peter Bridge 39.31 **PB**; **SP** Peter Bridge 1st 12.43m, Connor McCormick 5th 6.98m **PB**; **DT** Peter Bridge 1st 28.14, Henry Taylor 2nd 25.65 **PB**; **JT** Henry Taylor 2nd 20.99m **PB**, Daniel Quarmby 3rd 15.36m **PB**; **4x100m** Henry Taylor, Connor McCormick, Finn Walker, and Luke Bateson 2nd 48.7; **4x400m** (Daniel Quarmby, Luis Blythe, Harry Poole, and Oliver Hopkins) 2nd 3:45.

Team Results: Liverpool Harriers 645 points; **BWFAC 566 points**; Blackburn Harriers 507 points.

It was a solid start for our Young Athletes for the first fixture of the new league season against Blackburn Harriers and Liverpool Harriers, despite the continuing windy conditions and the Team Managers were heartened by the overall performance. Of course everything was not perfect. The vagaries of the Public Address system, despite the best efforts of Tony Croft meant that most competitors did not hear the announcements, unless they were stood in a spot just in front of the stand. In addition there appears to have been two versions of the timetable circulating and the late

running of some elements of the programme meant that there were some athletes from most clubs who missed events.

Performance levels from most parts of the T&F were high. The sprints section led by the superlative Sophie, our own Cruise missile; aim, fire and she constantly delivers every time. Sadly Tash Gardner is injured, but Jordan, Kayleigh and Kate still delivered for the U15Gs. After an excellent pre-season preparation, new kid on the block Ella Potter made a winning start for the U13Gs. Although the boys are not as strong, Oliver Hopkins, Luis Blyth, Charlie McLaine and Jake Walley scored valuable points in the 400m.

We had some very strong performances in the middle distance with wins from Jake Lonsdale, Jake Walley, Molly Betmead and Lauren Gowland. The star performances were from Jodie Ferguson, who in two very competitive races timed her final runs to come from behind to win the 800m by half a second and to take the 3000m by just over 5 seconds. Another impressive run was by Oliver Webster in probably the toughest track event, the 1500m Steeplechase. Oliver won with great style, hurdling all the barriers and clearing the water jump with just one foot in the water.

In the throwing events Chloe Needham and Peter Bridge were towers of strength for the U17s, both winning the Hammer, Shot and Discus events, with Rebecca Todd and Henry Taylor scoring valuable points as well. In the U15s Katrina Kelly and Charlie McLaine were winners in both the Shot and Discus. Katrina raced 100metres between the Pole Vault in which she was second and the Discus to compete in both events. In the U13s Ciaran Johnson, who is currently restricted in his running because of a foot problem is becoming a very accomplished field eventer, winning the Shot and third in the Long Jump. (At the Lancashire Championships the following week, he won both the Shot and Discus.) Taegan O'Hara and Natasha Johnston produced good performances in the hurdle events with two seconds and two third places and a one two in the Triple Jump. As ever the Pole Vault was a happy hunting ground, with two first places by Dom Lavelle and Matt Walker and good scoring debuts by Fiona Hockey and Jack Hails.

Blackpool 10K Fun Run: May 8th **CC**

John Wright 7th 34:12; Steve Waterhouse 11th 35:35; David Cairnes 13th 35:40; Uber Cirelli 21st 36:45; Caroline Betmead 27th 37:15; Tony Codling 48th 38:30; Brandon Willoughby 116th 41:30; Dave Skinner 121st 41:30; Mike Golden 132nd 41:45; Luke Wood 139th 42:00; Jamie Midgley 143rd 42:15; Kelly Smith 180th 43:30; Laura Marie Lawler 250th 44:45; Ian Close 268th 45:15; Chris Bligh 291st 45:30; Andrea Smith 346th 46:15; Tony Airnes 347th 46:15; Reg Smallbone 348th 46:15; Karen Dunford 349th 46:15; Terry Bradshaw 350th 46:15; Mairead Lucas 678th 50.00 Dave Brooks 683rd 50:00; Norman Greenwood 865th 52:30; Jacky Blight 959th 53:00; Lisa Minns 959th 53:30; Jon Hails

1480th 58:45; Lisa Hails 1685th 61:00. First wheelchair athlete was Dave Burns in 50:15.

The annual big Blackpool charity bash race started off in a heavy rain shower and listed above are members and family who I have found in the results. Several members raced the course, whilst others just enjoyed the run. Andrea, Tony Airnes, Reg, Karen and Terry ran the course together raising money for the Pinpoint Prostate Cancer Appeal. Caroline renewed her rivalry with Sue Samme. After a comfortable win at the Interclub three days previous, this race was a far closer affair. Caroline led for most of the course, however towards the latter stages Sue took the lead and they ended up sprinting for the finish, with Caroline edging Sue for first lady spot. Kelly Smith although shown in the official results in the boy's section, was the first 13-15 girl. The overall winner was Steve Littler of Wesham RR in 31:56, 81 seconds ahead the second man.

Club Handicap: May 11th **CH**

Steve Hayes 26:17 DR; Martin Bates 22:54; Steve Minto 24:58; Ian Close 25:10; Jim Unsworth 21:38; Bev Wright 24:38 (V50 record); Gary Johnston 23:56; Nick Hume 25:58; Andrea Smith 24:45; Mike Golden 24:49 PB; Trevor Uttley 23:04; Kevin Woods 27:02; Georgia Routledge 28:19 PB; Adam Dobson 28:19 DR; Chris Bligh 27:05; Sarah Wetherill 25:36 DR; Tony Croft 30:07; Anthony Blight 27:08; Peter Gibson 26:26; John Winters 29:13; Terry Bradshaw 25:32; Jenny Ryan 32:20; Graham Davies 24:05; Reg Smallbone 26:15; Andy Woodward 22:43 PB; Karen Dunford 27:51; George James 33:01; Stuart Williams 23:01; Alison Titterington 27:03; Bob Newman 27:04; Dan Child 31:14; Dave Brooks 25:34; Liz Routledge 29:48; John Bradley 31:47; Dave Heaton 39:15. Timekeeper: David Wood. Helpers: Hilary Goorney and Liam Craine.

Despite a cool and breezy evening there were three PBs and Bev set a new vet 50 lady's record. There debut runs by Steve Hayes, Adam and Sarah. *Debut run – DR.*

Lancashire T&F Champs: May 14th & 15th **Ch**

Winter came to Blackpool as a strong showery northerly wind swept across the Stanley Park Arena. Despite the inclement conditions there were many PBs and several Championship Best Performances (CBP) with three set by BWFAC athletes: Sophie Riley in the U17W's 100m final, James Davies in the Junior Men's Triple Jump (against the strong wind) and Ciaran Johnson in the U13B's Discus highlighted in red. The medallists are highlighted as follows: gold, Silver and bronze

Saturday:–U13G: 100m F Ella Potter 4th 14.4 PB, Hannah Maskill 6th 14.9 PB, Lauren Quarmby 8th 17.2 PB; **1500m F** Molly Scarr 4th 5:27.2 PB, Jessica Rogers 6th 5:45.6 PB; **L J F** Jessica Rogers 5th 3.70m PB.

U15G: 100m h1 (w +3.8) Kayleigh Eccleston 5th 14.10; h2 (w +3.4) Eleanor Robertson 3rd 13.7 q, Jordan Dixon 4th 13.8 PB, Saskia Cox 5th 14.6; h3 (w +4.2) Katrina Kelly 4th 14.2 PB,

Sophie Bateson 5th 14.6 PB; **F** (w +3.6) Eleanor Robertson 6th 13.6 PB; **300m h1** Jordan Dixon 1st 46.5 Q, Beth Everson 3rd 46.9 Q, Alexandra Quarmby 6th 54.9; h2 Kate Lawler 1st 44.1 Q, Jess O'Neill 3rd 45.3 q, **F** 1st Kate Lawler 1st 42.2 PB, Jess O'Neill 3rd 44.4 PB, Beth Everson 4th 44.5 PB, Jordan Dixon 7th 46.2 PB. **1500m F** Molly Betmead 2nd 5:04.4, Alisha Johnson 7th 5:13.6 PB, Kelly Smith 9th 5:24.7 PB, Fiona Hockey 11th 5:36.3 PB; **75mH Disq. L J F** Jess O'Neill 6th 4.34m PB, Fiona Hockey 9th 3.77 PB, Sophie Bateson 11th 3.66m, Kayleigh Eccleston 12th 3.65m;

U17W: 100m h1 (w +3.1) Sophie Riley 1st 12.1 Q, Claudia Fiddler 3rd 13.5 Q, Natasha Johnston 4th 13.7 PB, Alicia Roylance 5th 14.10; h2 (w +3.0) Cassidy Knight 1st 12.7 PB Q, Brittany Shaw 13.3 q, Taegan O'Hara 13.6 q; **F (w +2.7)** Sophie Riley 1st 12.0 CBP (was 12.1 set in 2004), Cassidy Knight 3rd 12.8, Claudia Fiddler 6th 13.5, Brittany Shaw 7th 13.4, Taegan O'Hara 8th 13.8; **1500m F** Jodie Ferguson 3rd 4:54.8, Imogen Pierce 4th 5:11.2; **L J F** Cassidy Knight 6th 4.53m, Taegan O'Hara 8th 4.33m, Brittany Shaw 10th 4.25m, Natasha Johnston 11th 4.16m; **JT** Cassidy Knight 3rd 18.32m **JW: 100m F** Katy Wyper 1st 12.4, Lucy Mansfield 3rd 12.6, Bethany Towers 4th 13.0, Alicia Johnston 6th 13.1; **100mH F** Bethany Towers 1st 15.4 PB, Alicia Johnston 4th 17.3 PB; **L J F** Bethany Towers 4th 4.99m.

SW: 100m F Sarah Lawrenson 3rd 13.5 PB, Lisa Daley (T12) 5th 14.6; **JT F** Carrie MacRae 1st 33.39m.

U13B: 100m h2 Thomas Matthews 2nd 14.6 (w +2.8) Q: **F** (w +3.0) 4th 14.4 PB; **1500m F** Jake Lonsdale 1st 4:47.9 PB, Samuel Matthews 6th 5:11.0 PB; **SP F** Ciaran Johnson 1st 8.26m PB, Louis Walker 2nd 6.84m PB; **DT F** Ciaran Johnson 1st 22.39m PB CBP (was 18.10m set in 2010), Louis Walker 3rd 16.85m PB

U15B: 100m h1 Ashley Hails 3rd 13.8 Q, Dom Lavelle 5th 14.2; h2 Jack Hails 6th 13.6 PB; **F** Ashley Hails 8th 13.6 PB; **400m F** Jack Hails 4th 64.3 PB, Ashley Hails 5th 65.0; **80mH F** (w +4.7) James Bamber 2nd 17.4; **HJ F** Dom Lavelle 2nd 1.35m; **TJ F** Dom Lavelle 1st 9.65m PB.

U17M: 100m h1 Connor McCormick 7th 12.3 PB; **400m h1** Oliver Hopkins 51.8 Q; **F** 1st 51.0 PB; **1500m F** Daniel Quarmby 3rd 4:24.8 PB; **HJ F** Robert Lockwood 3rd 1.65m; **HT F** Peter Bridge 1st 36.96m; **SP F** Peter Bridge 1st 12.71m; **DT F** Peter Bridge 2nd 31:32m.

JM: 100m F Louis Schofield 2nd 11.3 PB; **400m F** Dominic Garratt 4th 53.1; **HJ F** 1st Adam Snape 1.80m; **TJ F** 1st James Davies 14.18m CBP (was 13.05 set in 2007).

SM: 100m F (w2.9) Matthew Hulyer 3rd 11.2 PB, Simon Wells 5th 11.3 PB, Andy Stubbs (T45) 7th PB 12.5; **400m F** Alex Bale 2nd 50.4, Ted Romney 5th 52.7; **800m F** Luke Minns 1st 3:56.4; **HJ F** Daniel Ettrick 2nd 1.75m; **SP F** David Myerscough 5th 28.5.

Sunday: Although there was little time to watch the events; one race I did see was the final of the **U15B's 800m** featuring Preston Harrier Luke Penswick, Sale's Bradley Yates and BWFAC's Jake Walley. It turned out to be absorbing, with racing of the highest order. Early on Jake forced the pace, hoping no doubt to run the finish out of the rest of the field. But in such windy conditions it was a punishing manoeuvre, especially on the back straight into the teeth of the wind. The rest of the field was soon broken and leaving just Jake, Luke and Bradley battling it out for the lead. Halfway through the final lap Luke took the lead and went onto win in a new PB of 2:07.6, with Jake maintaining his form to also record a new PB of 2:08.9 and Bradley was third in 2:10.5. (Luke went on to improve his PB to 2:05.42 at the Stretford Grand Prix the following Tuesday).

U13G: 200m h1 (w +5.5) Ella Potter 3rd 30.6 Q, Deni Impett 4th 31.1 q; h2 (w +3.2) Hannah Maskill 2nd 32.2 Q, Jessica Rogers 3rd 33.7; **F** (w +3.0) Ella Potter 3rd 30.7, Deni Impett 4th 31.2, Hannah Maskill 6th 31.6 PB; **800m** h1 Annie Bradshaw 2nd 2:38.8 Q, Lauren Quarmby 7th 3:04.9 PB; h2 Deni Impett 4th 2:40.7 q, Jessica Rogers 6th 2:59.7; **F** Annie Bradshaw 4th 2:39.7. **HJ F** Annie Bradshaw 1st 1.33m PB, Jessica Rogers 5th 1.10m.

U15G: 200m h1 (w +3.9) Kayleigh Eccleston 4th 29.8 q, Saskia Cox 5th 30.5; h2 (w +2.9) Jess O'Neill 2nd 29.0, Jordan Dixon 3rd 29.5 Q; **F** (w +3.9) Jess O'Neill 5th 29.3, Kayleigh Eccleston 6th 29.9; **800m** h1 Lucy Whalley 4th 2:40.6, Alexandra Quarmby 6th 2:59.5; h2 Kate Lawler 1st 2:34.3 Q; h3 Beth Everson 1st 2:32.7 Q, Fiona Hockey 6th 2:42.2; **F** Kate Lawler 2nd 2:25.3 PB, Beth Everson 4th 2:32.4. **3000m F** Molly Betmead 2nd 10:36.6 PB, Alisha Johnson 4th 10:56.8 PB; **300mH** Natasha Johnston 2nd 51.9 PB; **HJ F** Rachel Plant 3rd 1.45m PB, Beth Everson 4th 1.45m, Fiona Hockey 6th 1.35m; **SP F** Katrina Kelly 2nd 8.42m. **DT F** Katrina Kelly 8th 8.50m. **PV F** Katrina Kelly 2nd 2.10m.

U17W: 200m F (w +2.8) Sophie Riley 1st 25.30, Cassidy Knight 3rd 27.0, Brittany Shaw 5th 27.9, Taegan O'Hara 29.5; **800m F** Lauren Burrell 2nd 2:25.0, Lucy Minns 6th 2:31.7; **3000m F** Jodie Ferguson 1st 10:21.0 PB, Lauren Gowland 2nd 10:30.7; **300mH F** Natasha Johnston 2nd 51.9; **HJ F** Lucy Minns 4th 1.25m PB; **HT F** Chloe Needham 1st 35.99, Rebecca Todd 2nd 26.22m; **SP F** Chloe Needham 2nd 8.64m PB; **DT F** Chloe Needham 1st 30.11; **JT F** Taegan O'Hara 5th 9.16m.

JW: 200m F Lucy Mansfield 2nd 26.4, Katy Wyper 3rd 26.5, Alicia Johnston 4th 27.0, Beth Towers 5th 27.7. **800m F** 1st Lydia Critchley 2:15.8. **400mH F** Louise Harrison 3rd 80.9. **PV F** Loryn McCrudden 2.70m, Tanya Wright 2nd 2.40m.

SW: 200m F (w +3.5) Lisa Daley 6th 30.4. **PV F** Elena Minas 1st 2.70m, Stacey Manning 2nd 2.60m.

U13B: 200m h1 Thomas Matthews 2nd 31.8 Q, Kieran Chell 3rd 32.2 Q; h2 Oliver Tomlinson 2nd 30.5 Q, Ciaran

Johnson 5th 32.40 q; **F** Thomas Matthews 2nd 30.0 PB, Oliver Tomlinson 4th 30.0, Kieran Chell 6th 31.9, Ciaran Johnson 7th 32.3; **800m** h1 Samuel Matthews 2nd 2:31.0 Q; h2 Jake Lonsdale 2nd 2:35.4 Q; **F** Jake Lonsdale 1st 2:22.4 PB, Samuel Matthews 5th 2:31.5; **L J F** Oliver Tomlinson 1st 4.16m, Thomas Matthews 5th 3.95m, Ciaran Johnson 6th 3.94m; **JT F** Louis Walker 2nd 28.51m PB.

U15B: 200m h1 (w +3.6) Dom Lavelle 5th 29.9 PB; h2 (w +3.1) Ashley Hails 3rd 29.0 Q, Jack Hails 29.1 q; **F** (w +3.9) Ashley Hails 5th 29.20, Jack Hails 6th 29.7. **800m** h2 Jake Walley 1st 2:15.7 Q; **F** 2nd 2:08.9 PB; **L J F** Jack Hails 3rd 4.66m PB, Dom Lavelle 4th 4.46, Ashley Hails 5th 4.21m, James Bamber 7th 4.09m. **PV F** Dom Lavelle 1st 2.20m PB, Jack Hails 2nd 2.00m PB.

U17M: 200m h1 (w +4.7) Connor McCormick 5th 25.80 PB; h2 (w +2.7) Oliver Hopkins 24.0 Q; **F** (w +2.2) Oliver Hopkins 2nd 23.5. **3000m F** Daniel Quarmby 3rd 9:23.0 PB; **L J F** Luis Blyth 2nd 5.86m PB. **PV F** 2nd 3.80m

JM: 200m F (w +3.8) Louis Schofield 1st 23.2; **3000m F** Adam Weightman 3rd 9:25.1 PB; **400mH F** Dominic Garrett 1st 62.1.

SM: 200m F Alex Bale 2nd 22.7, Simon Wells 4th 23.3, Andy Stubbs 6th 26.3. **3000m SC F** Luke Berry 2nd 10:47.2. **PV F** Matthew Wright 1st 4.00m.

Greater Manchester Run: May 15th

Stuart Robinson 58th in 32:10 (15:50) Winner was Haile Gebrselassie in 28:10 (14:18), with Chris Thompson 2nd in 28:21 (14:18). Antony Ford 25th in 29:58 (14:45). 30395 competed. Helen Clitheroe surprising even herself, leading from gun to tape, won the lady's race in 31:45 ahead of a high class international field, which included France's Christelle Daunay in 2nd and Kenyan Grace Momanyi in 3rd. *5K times in brackets.*

BMAF Road Relay Champs: May 21st **Ch**

W35: 6th Team in 1:19:02 - Caroline Betmead 4th 17:52; Bev Wright 5th 19:35; Andrea Smith 6th 20:23; Tanya Ashworth 6th 21:12. First team Telford AC in 1:10:47. 18 teams. (Caroline Betmead overall 6th fastest lady.)

M45: 24th Team in 1:58:41 – John Wright 16:03; Graham Davies 19:04; Gary Johnston 19:41; Terry Bradshaw 21:08; Nick Hume 21:08; Chris Bligh 22:10. First team was Leicester Corinthian AC in 1:39:54. 30 teams.

M55: 19th Team in 1:26:36 – Mike Golden 20:08; Ian Close 20:27; Tony Airnes 22:03; Bob Massey 23:58. First team Salford Harriers & AC in 1:09:04. 22 teams.

M65: 8th Team in 1:11:21 – Robert Newman 21:33; Norman Greenwood 25:26; John Bradley 21:22. First team Clayton-le-Moors Harriers in 1:01:52. 11 teams.

Young Athlete's League: Preston May 22nd **YAL**

U13G: 75m Ella Potter 4th 11.1, Hannah Maskill 6th PB; **150m** Ella Potter 5th 22.5, Hannah Maskill 6th 23.3 PB;

800m Molly Scarr 1st 2:44.6 **PB**, Daisy Potter 5th 3:01.0;
1200m Annie Bradshaw 2nd 4:28.8, Jessica Rogers 4th 4:42.5; **70mH** Molly Gowland 3rd 15.3 **PB**; **HJ** Annie Bradshaw 1st 1:31m, Jessica Rogers 5th 1.20m; **L J** Jessica Rogers 5th 3.24m; **SP** Annie Bradshaw 5th 4.52m, Molly Scarr 6th 3.62m **PB**; **4x100m** (Hannah Maskill, Ella Potter, Annie Bradshaw) 3rd 61.5.

U15G: 100m Kate Lawler 2nd 13.2, Jordan Dixon 4th 14.2;
200m Kate Lawler 1st 26.1 **PB**, Jordan Dixon 4th 28.5; **800m** Molly Betmead 1st 2:33.0, Beth Everson 3rd 2:38.4; **1500m** Alisha Johnson 2nd 5:23.9, Kelly Smith 3rd 5:36.7; **75mH** Kayleigh Eccleston 4th 16.8; **HJ** Beth Everson 2nd 1:45m, Rachel Plant 3rd 1.45m; **PV** Katrina Kelly 1st 2.10m, Fiona Hockey 2nd 2.00m; Amber Swinnerton 4th 3.93m; **SP** Beth Everson 1st 8.23m, Katrina Kelly 6th 6.09m; **JT** Jordan Dixon 2nd 20.57m **PB**, Jess O'Neill 5th 13.09m; **4x100m** (Jess O'Neill, Jordan Dixon, Kayleigh Eccleston, Kate Lawler) 2nd 55.4

U17W: 100m Sophie Riley 1st 12.5, Kassidy Knight 4th 13.1;
200m Sophie Riley 1st 25.3, Kassidy Knight 3rd 27.3; **300m** Siobhan Cartmell 5th 53.0; **800m** Lauren Burrell 1st 2:25.0; **3000m** Lauren Burrell 1st 11:37.2 **PB**; 18.8; **80mH** Natasha Johnston 13.5, Taegan O'Hara 5th 13.9; **300mH** Natasha Johnston 3rd 52.0, Taegan O'Hara 5th 53.9; **HJ** Lauren Burrell 4th = 1.30m **PB**; Claudia Fiddler 3rd 4.11m; **TJ** Taegan O'Hara 2nd 9.45m **PB**; **SP** Chloe Needham 2nd 8.28m, Rebecca Todd 3rd 8.25m; **JT** Siobhan Cartmell 1st 22.33m **PB**; **4x100m** (Claudia Fiddler, Sophie Riley, Taegan O'Hara, Kassidy Knight) 3rd 56.8.

U13B: 100m Oliver Tomlinson 2nd 14.6, Harry Mercer 4th 15.0;
200m Nick Aziz 2nd 29.8, Thomas Matthews 4th 30.1; **800m** Jake Lonsdale 1st 2:26.5, Thomas Matthews 5th 2:47.4; **1500m** Sam Matthews 1st 5:10.5, Ciaran Johnson 5th 5:32.0; **75mH** Harry Mercer 1st 15.2, Kieran Chell 6th **PB**; **HJ** Harry Mercer 1st 1:20m **PB**, Oliver Tomlinson 2nd = 1:15m; **L J** Oliver Tomlinson 2nd 4.15m, Thomas Matthews 4th 4.01m; **SP** Ciaran Johnson 2nd 7.39m, Louis Walker 3rd 6.81m; **4x100m** (Thomas Matthews, Nick Aziz, Harry Mercer, Oliver Tomlinson) 1st 57.6.

U15B: 100m Robbie Morris 5th 13.2 **PB**, Jack Hails 6th 13.8;
200m Ashley Hails 5th 28.6, James Bamber 6th 30.7 **PB**;
400m Jake Walley 2nd 59.2; **800m** Declan Banborough 4th 2:56.3; Alec Blackman 5th 6:08.1; **80mH** James Bamber 3rd 15.8 **HJ** Dom Lavelle 4th 1.35m, Jack Hail 5th 1:30m; **PV** Dom Lavelle 3rd 2.10m, Jack Hails 5th 2.00m; **L J** Ashley Hails 4th 4.20m; **JT** Robbie Morris 3rd 19.21m, Ashley Hails 4th 8.58m **PB**; **4x100m** (Ashleigh Hails, Dom Lavelle, Robbie Morris, Jack Hails) 3rd 54.9; **4x400m** (Jake Walley, Declan Banborough, Dom Lavelle, Alex Blackman) 2nd 4:29.4.

U17M: 100m Luke Bateson 3rd 12.3, Connor McCormick 4th 12.7; **200m** Luke Bateson 3rd Luke Bateson 3rd 25.3 **PB**;

400m Henry Taylor 2nd 55.2 **PB**, Luis Blyth 55.4 **PB**; **HJ** Robert Lockhart 3rd = 1.60m, Finn Walker 5th 1.55m; **L J** Luis Blyth 2nd 5.67m, Luke Bateson 3rd 5.63m; **PV** Matt Walker 1st 3.80m, Finn Walker 4th 3.00m; **JT** Henry Taylor 4th 17.09m; **4x100m** (Henry Taylor, Connor McCormick, Finn Walker, Luke Bateson) 2nd 48.1.

**Hammer & Discus competitions cancelled.*

Team Result: Sale Harriers Manchester 639 points; **BWFAC 447 points**; West Cheshire 391 points.

After two weekends of poor weather, I had hoped for a return to traditional spring weather. My hopes were dashed as I made my way to the Preston Sports Centre, in a hailstorm, my heart sank. Wind and rain swept across the Preston track and because of the *instability of the Hammer and Discus Cage in wind, these events were cancelled. It was always going to be a tough fixture against the very strong Sale Harriers, but made even tougher, because we were in school exam season and several members of the squad understandably had made themselves unavailable in order to revise. Although this affects all clubs, Sale with their greater strength in depth was probably less affected. Inevitably there were events in which we had no representation or only one athlete, especially in the U17 squad.

However it was not all gloom and doom, as we still managed to take second place. And by the afternoon, although still windy, the clouds cleared and there was bright sunshine. The sprint squad were again strong and there were there were some good performances in the pole vault with a 1 2 in the U15G competition from Katrina Kelly and newcomer Fiona Hockey in difficult windy conditions. Lauren Burrell for the U17W emulated Jodie Ferguson two weeks ago, winning both the 800m and 3000m comfortably. She also took 4th place in the high jump – I bet she slept well that night!

Finally although Sale probably won every category, apart from the U13B's, which as Team manager Sean Hickey pointed out: **"the U13 boys beat the mighty Sale. Quite an achievement....well done to all concerned."** There were five victories: Jake Lonsdale in the 800m, Sam Matthews in the 1500m, Harry Mercer in the high jump & hurdles and by the relay squad, as well as seconds by Oliver Tomlinson (3), Nick Aziz, and Ciaran Johnson. The rest of the U13B's squad were Thomas Matthews, Louis Walker and Kieran Chell.

Hutton Roof FR 7M/1300': May 28th **IC**

Gary Johnson 55th 1:02:50; Peter Singleton 93rd 1:06:16; Stuart Williams 101st in 1:07:15; Jeffrey Wright 165th 1:16:20; Alan Smart 181st 1:19:34; George James 197th 1:23:36; Peter Gibson 203rd 1:25:55; Bernard Singleton 206th 1:29:41. Gary, Peter & Stuart were the 12th team.

First of 210 was Morgan Donnelly of Borrowdale Fell Runners in 47:42 and first lady was Kate Bailey of Staffs Moorlands AC in overall 23rd in 58:19. First team was Helm Hill Runners.

Mid-Lancs T&F League: Lancaster May 28th **ML**

Another cold and windy day for athletics. How true the saying: "Ne'er cast a clout till May be out". After such a busy month of track meetings, unsurprisingly there were not quite as many athletes as at the first meeting at the end of April, but still not a bad turnout.

I was required to help on the track judging and so I witnessed some good track races. Two that stood out to me for different reasons were the U17W 800m and the U13G 1500m. The 800m was a very exciting race. Fran Davies of Liverpool Harriers led during first lap followed by Jodi Ferguson and her good friend Kirsty Fraser from Lytham St Annes RR. As they approached the line Jodi was leading, but Kirsty was finishing fast and Jodi just held on by 1/10th of a second. Afterwards Jodi didn't know if she had held onto the lead. The U13 1500m was a different type of race. For the first 2¾ laps Charlotte Waddington of Rossendale Harriers led with Molly Scarr in close attendance. On the bell Molly took the lead and won by ten seconds, having run a very intelligent race in windy conditions.

SM: Simon Wells **100m** 3rd 11.4, **200m** 1st 23.5; Tom Romney **100m** 5th 11.6 **PB**, **400m** 52.9; Dominic Broughton 6th 11.7, **L J** 3rd 5.40m; Dominic Arnold **100m** 15th 12.7; Andy Stubbs **L J** 7th 4.30m **PB**; Syd Bashforth 3rd **HT** 2nd 29.78m, **SP** 9.01m, **DT** 4th 22.55m; David Myerscough **DT** 2nd 30.78m.

U17M: Oliver Hopkins **100m** 1st 11.8, **200m** 1st 23.9; Daniel Quarmbly 6th 2:14.0.

U15B: Jordan Birch **100m** 3rd 13.2, **200m** 4th 27.8; Jack Hails 4th = 13.7, **L J** 3rd 4.51m, **HJ** 7th 1.30m; Ashley Hails 6th 13.8, **L J** 4.37m, **HJ** 6th 1.30m; Dom Lavelle 7th 14.0 **PB**, **L J** 4th 4.50m, **HJ** 8th 1.25m; Jamie Bamber **100m** 8th 14.3; Callum Fedling **800m** 4th 2:21.0; William Eccleston **800m** 9th 2:30.0; Declan Dambourgh 5th 5:56.9; **4x100m Relay** 1st 57.9.

U13B: Samuel Matthews **100m** 3rd 14.2 **PB**, **200m** 3rd 29.9, **L J** 3rd 3.85m; Oliver Tomlinson 4th 14.3, **L J** 1st 3.97m; Harry Mercer 7th 14.8; **L J** 7th 1.15m, **SP** 2nd 6.67m; Thomas Matthews 8th 14.8, **200m** 6th 30.7, **L J** 5th 3.67m **PB**; Luke Priestley 10th 32.30, **800m** 8th 2:51.4; Kieran Johnson **L J** 6th 3.67m, **HJ** 3rd = 1.15m, **SP** 1st 7.30m **4x100m Relay** 1st 57.4.

SW: Alicia Johnston **100m** 2nd 13.30, **200m** 2nd 27.20, **TJ** 1st 9.77m; Zoe Dixon 5th **200m** 36.0 **PB**;

U17W: Natasha Butler **L J** 2nd 4.34m, **HJ** 1st 1.45m, **SP** 1st 7.73m; Sarah Lawrenson **L J** 3rd 4.30m. Natasha Johnston **100m** 6th 14.1, **200m** 5th 29.8 **PB**, **TJ** 2nd 8.26m; Jenny Dyson **200m** 4th 29.4, **300m** 3rd 48.7 **PB**; Georgina Robinson **200m** 7th 32.9, **800m** 8th 2:59.9; Jodie Ferguson **800m** 1st 2:27.5, **1500m** 1st 5:23.4; Chloe Needham 1st **HT** 36.05m; Rebecca Todd **HT** 2nd 25.35m.

U15G: Ellie Gibson **100m** 10th 15.1 **PB**, **200m** 8th 33.0; Jess O'Neill **200m** 1st 28.6, **300m** (U17W race) 2nd 47.8; Katrina Kelly 3rd 29.5 **PB**; **L J** 4th 4.13m, **SP** 1st 8.66m **PB**; Alisha Johnson **800m** 6th 2:43.7, Alisha Johnson **HJ** 8th 1.10m; Alexandra Quarmbly **800m** 9th 3:08.5; Lucy Whalley **1500m** 1st 5:42.4 **PB**; Becky Ingham **1500m** 2nd 6:02.0 **PB**.

U13G: Daisy Potter **100m** 8th 16.7; Ash Colvin 4th 2:52.7, **HJ** 1st 1.25m; Lauren Quarmbly **800m** 3:14.2; Molly Scarr **1500m** 1st 5:31.5, **HJ** 4th 1.15m **PB**; Jessica Rogers 2nd 1.20m **PB**, **SP** 7th 4.59m **PB**.

Fishwick 5M Trail Race: Preston May 29th **CC**

John Wright 1st (1st MV45) 29:19; Chris Lloyd 6th 32:30; Trevor Uttley 10th 3rd MV45) 33:56; Gemma Unsworth 13th (1st F) 34:24; Peter Broome 14th (1st MV 55) 34:45; Andrea Smith 21st (3rd F & 2nd FV40) 36:49; Duncan Richardson 23rd; Carolyn Robbins 25th (4th F & 1st FV50) 37:47; Brandon Willoughby 26th (3rd MV 50) 38:03; Tanya Ashworth 33rd (6th F & 2nd FV35) 40:15; Alison Titterington 34th 40:23 (7th F & 2nd FV50); Karen Dunford 37th (8th F & 1st FV45) 41:12; Tony Croft 49th (3rd MV60) 45:48.

The scenic route went through Fishwick Recreation Ground, an area reclaimed land. Part of the route was down a wooded natural escarpment known as Common Bank, which featured some testing steps.

Other Results:

UC San Diego Triton Invitational: April 23rd

Carl Myerscough **DT** 3rd 64.37m. The winning throw was 64.97 by Erik Cadee of the Netherlands.

Steve Scott Invitational: May 1st DT 2nd 63.98m

Carl's PB is 65.10 set in 2004.

57th Three Peaks Race 23.3m/5280': April 30th

Stuart Williams 466th 4:43:41. First of 677 was Thomas Owens of Shettleston Harriers in 2:53:34 and first lady was Anna Frost was overall 40th in 3:30:00.

Hameldon Hill Race 6M/1100': Accrington May 1st

David Dyson 133rd 1:00:00. First of 180 was Danny Hope of Pudsey & Bramley AC in 38:26 and first lady Sally Newman of Calder Valley FR in 44:24.

Keswick Half Marathon: May 1st

David Brooks 235th in 1:48:36. First of 694 was Steve Littler of Wesham RR in 1:13:18 and first lady was Gill Mead of Chester Tri in overall 37th in 1:30:44.

Rothwell 10K: Leeds May 2nd

Luke Berry 22nd (1st U20) 35:36, c 35:33 **PB**; Chris Lloyd 46th 37:32, c 37:27; Gemma Unsworth 98th (9th F) 41:18, c 41:12; Stasia Bligh 120th 42:31, c 42:25; Tanya Ashworth 178th (23rd F & 2nd FV35) 45:07 c 45:01. First of 527 was Andrew Norman of Altrincham in 30:44 and first lady was Helen Glover of Keighley & Craven AC was 40th in 36:49.

Trafford Grand Prix: May 2nd

U11B: Jerome Jolly **75m** 12.30; **150m** 23.17; **600m** 1:54:88; **L J** 1st 3.70m. Sydney Sullivan **75m** 11.47; **150m** 23.64.

U11G: Jasmine Jolly **75m** 12.30; **150m** 23.17; **600m** 1:54.88; **L J** 6th 3.30m. Darcey Lonsdale (U9G) **600m** 2:11.94; **L J** 16th 2.78m. Hannah Eadie **600m** 2:03.08. **U13B:** Jake Lonsdale **800m** 2nd 2:23.04. Ciaran Johnson **200m** 31.94; **L J**

4th 3.93m; SP 1st 7.84m; DT 1st 21.06m. **U15G:** Tash Gardner **100m** 13.18. Katrina Kelly **100m** 14.34; SP 1st 8.45m; DT 1st 21.46m.

Wray Caton Moor Fell FR 6.75M/1100': May 2nd
Kevin Woods 76th 1:01:23. First of 111 was Andy Buttery of Rossendale Harriers in 44:55 and first Liz Whitfield in overall 17th in 50:48.

Ripley Supper Run: Lancaster May 5th
Jeffrey Wright 50th 29:50. First 196 of was Eddie Simpson of Dallam RR in 21:25 and first lady was Annika Jarman of Lancaster & Morecambe in overall 12th and 24:43.

Belmont Winter Hill FR 4.5M/1000': May 7th
Dave Brooks 81st 49:11; Dave Dyson 109th 56:51. First of 119 was Darren Kay in 31:46 and first lady in Briony Curtis of Hunter Bog Trotters in overall 34th in 41:58.

British Biathlon Champs: Sutton Coldfield May 8th
Adam Weightman (aged 17) Youth A Boys aged 17/18: 10th Swim 2:18.63 (13) 1140 pts, Run 4:33.17 (4) 1162 pts, Total 2302 pts.

Samuel Matthews (aged 12) (Blackpool Aquatics ASC) Youth C Boys aged 13/14: 22nd Swim 1:09.28 (26) 1104 pts, Run 5:20.28 (19) 1060 pts Total 2164 pts. (Blackpool Aquatics ASC 9th with 5295 pts).

George Robinson (Fleetwood Swimming Club) Youth E Boys aged 10: 1st Swim 0:34.94 (5) 1192 pts, Run 1:34.48 (1) 1192 pts Total 2384 pts. *(Ages at 31st December)*

Blacksticks Blue 10K: Preston May 8th
Hilary Goorney 178th (55th F & 3rd FV65) 1:06:57. First of 188 was Paul Muller of Horwich RMI in 37:04. First lady was Annika Jarman of Lancaster & Morecambe AC in overall 9th in 40:54 with Joanna Goorney of Wesham RR in overall 10th (1st FV40) in 41:01.

Kendal 10K: May 11th
Tanya Ashworth 55th (6th F) 46:05. First of 104 was Steve Littler of Wesham RR in 32:52 and first lady Charlotte Douglas of Border Harriers in overall 22nd in 40:26.

Fairfield FR 9M/3000': Rydal May 14th
Dave Brooks 265th 2:18:25; George James 269th 2:20:08; Stuart Williams retired. First of 296 who completed the race was Morgan Donnelly of Borrowdale in 1:20:19 and first lady was Claire Russell in 102th in 1:49:04. (Charlie Pass of Wesham RR was 7th in 1:27:35).

The Alternative Boxing Day 10K: May 15th
Bev Wright 35th (4th F & 1st FV50) 42:18; Andrea Smith 41st (5th F & 2nd FV40) 44:09; Terry Bradshaw 51st 44:09. First of 167 was Marc Hartley of Staffordshire Moorlands in 32:47 and first lady was Sarah Ridehalgh of Accrington RR.

BMC Gold Standard Races: Stretford May 17th
800m(B): Luke Minns 1st 1:52.25.
Trafford Grand Prix: 400m: Ted Romney 51:84

Walton Park 5: Liverpool May 17th
Tanya Ashworth 89th (7th F & 1st FV35) 35:57. First of 209 was Ben Russell of University of Liverpool AC & XC in 25:44 and first lady was Maria Barrett of Liverpool Harriers in overall 19th in 29:04.

Knowsley Disability Athletics Grand Prix: May 21st
Andy Stubbs 100m 5th 12.62; 200m 2nd 28.29 (w -7.3).

Edinburgh Marathon: May 22nd
Jeff Wright 3979th 4:01:24; Peter Gibson 4723rd 4:11:00; David Twizell 6476th 4:26:37. Winner was Phil Nicholls of Tipton in 2:19:21 and first lady was Sarah Harris in 24th in 2:43:01. There were 9660 finishers.

Edinburgh Half Marathon:
Stuart Robinson 3rd 70:21. Winner was Andrew Douglas of Inverclyde AC in 66:49. First lady was Becky Penty of Highgate Harriers in 15th in 1:15:31. A total of 4548 finished.

Blue Light 5 Mile Fun Run: May 22nd
Andrew Woodward 4th 30:57; Ian Close 18th 36:31 (3rd MV55); Lucy Whalley 21st 37:05 (3rd F & 1st FU15); Laura Lawler 23rd 37:13 (5th F & 3rd FV40); Karen Dunford 35th 38:31 (6th F & 1st FV45); Georgia Routledge 44th 40:20 (9th F); Liz Routledge 60th 43:29 (15th F); Howard Henshaw 93rd 55:20. First of 106 was Jason Barlow in 30:17 and first lady Emma Lund in overall 14th in 35:23, both of Wesham RR.

St Annes Triathlon: May 22nd
T1 George Robinson 6th of 33 in 21:46

Harrock Hill Race (1/4). Bispham: May 25th
Peter Singleton 67th 41:10; Alan Smart 127th 47:57; Bernard Singleton 153rd 54:21. First of 170 was John Morrissey of Wigan Phoenix in 32:02 and first lady was Debra Campbell in overall 32nd in 38:09.

BMC Nike Grand Prix: Sports city May 28th
Luke Minns 1500m C 1st 4:47.94 (PB 3:47.32)

Lancaster 5K: May 28th
Lauren Gowland 22nd (1st F) 18:45; Stasia Bligh 29th (2nd F) 19:33; Tanya Ashworth 46th (5th F & 1st FV35); Tony Airnes 47th. First of 101 was James Reed of Altringham RR in 15:29.

Blackpool Beach 10K: May 28th
Uber Cirelli 6th 38:08; Norman Greenwood 56th (1st MV70). First of 81 was William Smith of Helm Hill Runners in 35:08.

UK Inter Counties Athletics Championships:
Bedford May 29th & 30th
200m h1 Lucy Mansfield 7th 26.6; **400m** h2 Alex Bale 6th 51.32; **100m** h3 Katy Wyper 7th 12.73.

Baby Beat 5K: Preston May 30th
Howard Henshaw 33rd (1st MV70) 32:45. First of 45 was Jason Parker of Preston Harriers in 16:30 and first lady was Alice Woods of Red Rose RR in 18th in 25:17.