



WYLDEFYRE

March 2012 No 22



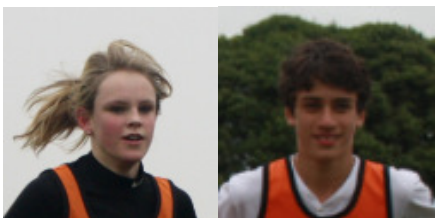
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BWFAC Events **Mid Lancs Interclub & Club**
Champ Fell Races **English FR Champ Inter-**
club Races **Club Champ Lancs, Northern or**
National Events **YAL League** **NA League**
Sportshalls League

FORTHCOMING EVENTS DIARY

Abbreviations & Key: Club Champ races are marked with asterisks; **ICoun** – Inter Counties; **HM** – Half Marathon; **TR** – Trail Run; **FR** – Fell Race; **MT** – Multi-Terrain; **CE** – Combined Events; **NA** – Northern Athletics; **YAL** – Young Athletes League; **EIS** – English Institute of Sport; **ESAA** – English Schools Athletic Association; **BUSA** – British University Sports Association; **BMAF** – British Masters Athletic Federation; **NVAC** – Northern Veterans Athletic Club; **CAU** – UK Counties Athletic Union; **IAAF** – International Association of Athletics Federations; **IAU** – International Association of Ultrarunners; **CH** – Club Handicap; **IC** – Inter Club; **CBP** – Championship Best Performance; **Ch** – Championship; **CC** – Club Championship; **JR** – junior races; **U** – under; **V** – vet; **ncr** – new club record since merger in 2006; **CR** – new club record including records set under Blackpool & Fylde AC and North Fylde AC; **CR** – course record **HJ** – High Jump; **LJ** – Long Jump; **DT** – Discus; **SP** – Shot; **PV** – Pole Vault; **H** – Hurdles; **h** – heat; **F** – Final; **c** – chip; **i** – indoor; **m** – metres; **M** – Mile; **K** – Kilometre; **'** – feet; **w/s** – wind speed.

January's Athletes of the Month



The recipients are **Kate Lawler** for her Bronze Medal in the 300m at the North of England Indoor Championship and **Nick Aziz** for his overall performance in Sportshalls (U13B Athlete of the Competition), particularly his PB winning leap of 1.55m in the High Jump.

Foreword: After a relatively mild winter February opened with an icy blast of frost, followed by snow leading to the cancellation of the Pennine Bridleway Relay and postponement of the Blackburn Winter Warmer 10K. However the Lancashire Schools XC, 5th Mid Lancs, English National and final Sportshalls League took place.

- 03/03/12 **Mid Lancs XC League** Worden Park Leyland & Stanley Pk 10K
- 03/03/12 **England/Nth Athletics U17 & U15 Indoor Champs** Sheffield
- 04/03/12 **Handicap**, Manchester Indoor Open T&F & Haweswater HM
- 04/03/12 Haweswater HM, Trimpell 20M Lancaster & Southport 10K
- 04/03/12 NVAC XC Victoria Park Warrington
- 09 to 11/03/12 **World Indoor T&F Championship** Istanbul TUR
- 10/03/12 **CAU Inter Counties XC Championships** Cofton Park
- 10/03/12 **English/Nth Athletics U17 & U15 CE Championships**
- 11/03/12** **Winter Warm-Up T&F/Spring 5K**
- 11/03/12 Blackpool Marathon, HM & Roddlesworth Roller MT 6M
- 11/03/12 Trafford 10K & Spen 20M Cleckheaton
- 17/03/12 **English School XC Championships** Ilton nr Taunton
- 17 & 18/03/12 **BMAF Indoor Champs** Lee Valley
- 18/03/12 **Ultrafit St Annes 10M/NVAC Champs**
- 25/03/12 **BMAF XC Champs** Bath University & Goal-Den Women's 10K
- 25/03/12 **Thirsk 10M (YVAA Champ)** & Muddy Bottoms MT 9M/17M
- 25/03/12 Wilmslow HM & Bradford 10K
- 27/03/12 King's Highway 5K TR (1/12)
- 27/03/12 BMAF Pentathlon, 10K track run/walks Horspath Oxford
- 28/03/12 **North West Regional Secondary** Leigh Sports Stadium
- 31/03/12 **Northern Athletics 12/6 Stage Relays** Champs Sefton Pk L'pool
- 31/03/12 Coniston 14M & Bellevue House 10K Ormskirk
- 01/04/12 Lancaster Three Bridges 10K
- 01/04/12 NVAC Bent/Bongs 10K TR Tyldsley
- 01/04/12 Warrington Open & Ivan Stringer Cleckheaton T&F
- 03 to 08/04/12 **Masters World Indoor T&F Champs** Jyvaskyla FIN
- 04/04/12 ***BWFAC IC** (inc 2011 Presentation Road & Fell) Stanley Park
- 06/04/12 ***Caldervale Country/Fun Run 10M & Salford 10K**
- 07/04/12 **Pendle FR 4.5M/1500' & Junior Races Lancs Champs**
- 07/04/12 Rivington Pike FR (junior races)
- 11/04/12 NVAC T&F League Cleckheaton
- 14/04/12 **Mid Lancs T&F League** Blackpool
- 14/04/12 **ERRA National 12/6 Stage Road Relays** Sutton Park
- 14/04/12 Liverpool Throws/Jumps Open Meeting
- 15/04/12 Catforth Village 7M & Hyndburn 10K TR
- 17/04/12 ***Chernobyl 5K** (1/3)
- 20/04/12 Chorley AC Park Series (1/4) (Junior Races)
- 21 & 22/04/12 St George's Day 10K/3K races Gt Langdale
- 22/04/12 Ribby Hall Triathlon & Stonyhurst Sprint Triathlon
- 22/04/12 Garstang Gallop 10K & Bolton 10K/Fun Run
- 22/04/12 Liverpool Harriers Open T&F Wavertree Liverpool
- 22/04/12 Sheffield Festival of Athletics & Mayors 10K Don Valley
- 23/04/12** **BWFAC AGM** **Blackpool Cricket Club**
- 29/04/12 Blackpool 5K Stanley Park
- 29/04/12 Greater Manchester Marathon, Fleetwood 10M & Pendle Tri
- 02/05/12 YVAA 5M Champs Esholt
- 04 to 07/05/12 **BUCS Championship** London Olympic Stadium
- 05/05/12 **Northern League Match 1** Blackpool

REPORTS & RESULTS

2011 Xmas Appeal:

This year's appeal was organized by Karen Dunford and £88.50 was raised. This was donated to the Blue Skies Hospital Fund.

Lancs Schools Champs XC:

Worden Park, Leyland Feb 4th **LSC**
Congratulations to all our members who competed in very unpleasant cold and wet conditions, for their respective school areas (shown in brackets).

Year 7 Girls: Emily Hall 6th 9:06 (Fylde); Chloe Hall 17th 9:44 (Fylde); Ella Hesketh 61st 11:30 (Wyre). *First of 68 was Blythe Fourie in 8:18 (Hyndburn).*

Junior Girls: Deni Impett 11th 13:03(Wyre); Annie Bradshaw 13th 13:12 (Wyre); Becky Ingham 16th 13:48 (Fylde) Fiona Hockey 25th 14:18 (Blackpool); Jessica Rogers 31st 14:35 (Blackpool). *First of 72 was Elizabeth Greenwood in 12:08 (Hyndburn).*

Junior Boys: Adam Hartley 20th 17:46 (Wyre); Declan Darnborough 56th 19:41 (Blackpool). *First of 65 was Chris Durney in 16:25 (Preston).*

Inter Girls: Molly Betmead 1st (of 51 Fylde Schools) 16:20; Jodie Ferguson 5th 16:52(Fylde Schools); Alisha Johnson 6th 16:54 (Wyre); Amelia Beaman 7th 17:02 (Wyre); Imogen Pierce 16th 18:40 (Fylde); Lucy Minns 20th 19:32 (Fylde).

Inter Boys: William Eccleston 13th 29:26; Daniel Quarmby 6th 20:28; Sean Kenny 23rd 21:13; Michael Rietdyk 32nd 21:53. *First of 54 was Jermaine Coleman in 18:49 (Preston Schools).*

Senior Girls: Lauren Gowland 4th 18:52 (Blackpool). *First of 15 was Sarah Hodgson in 17:33 (Lancaster).*

Senior Boys: Daniel Quarmby 7th 19:19 (Blackpool); Harry Poole 14th 19:58 (Wyre); Adam Weightman 22nd 21:26 (Wyre). *First of 27 was Ryan Moore in 18:27 (South Ribble).*

06/05/12	YAL League Blackpool
06/05/12	Gt Hameldon Hill FR
07/05/12	*Preston Guild 5K/Junior races & Rothwell 10K
09/05/12	School Games London Olympic Stadium
10/05/12	* Lytham St Annes RR Inter Club
12 & 13/05/12	Lancs T&F Championship Blackpool6M/1109' Accrington
20/05/12	*Fishwick 5TR Preston (Trail Championship Race)
20/05/12	YAL League & Brathay Windermere Marathon
26/05/12	Northern League Match 2 Wavertree
26/05/12	England /Nth Athletics CE Senior & U20 Bedford
02/06/12	Mid Lancs T&F League Preston
02-04/06/12	England/Northern Senior & U20 T&F Champs Birmingham
13/06/12	* Preston Harriers Inter Club
16/06/12	Lancashire Schools Championship
16 & 17/06/12	Aviva World Trials U20 & U23 Champs Bedford
17/06/12	YAL League Warrington & * Freckleton HM Civil Service
21/06/12	Aggies Staircase FR 4M/1148' Darwen
22 to 24/06/12	Aviva Olympic Trials & UK Champs Birmingham
23/06/12	Mid Lancs T&F League Hyndburn
24/06/12	* Sotos 10K Fleetwood
27/06-01.07/12	European Athletic Championship Helsinki FIN
30/06/12	NA ICoun Champs Wigan & English Schools T&F Cup Final
01/07/12	Northern League Match 3 Ellesmere Port
01/07/12	BMAF Throws Pentathlon Champs Copthall
06 & 07/07/12	Aviva English School T&F Championship Gateshead
08/07/12	* Lytham St Annes Carnival 5K
10 to 15/07/12	IAAF World Junior Champs Barcelona SPA
12/07/12	Bull Hill Hawkshaw FR 5.5M/1100'
14 & 15/07/12	Northern Athletics U20 U17 & U15 T&F Championship Hull
16/07/12	* Wesham RR Inter Club
21/07/12	Mid Lancs T&F League Lancaster
21 & 22/07/12	BMAF T&F Champs Moorways Stadium Derby
29/07/12	YAL League Semi Final Spenborough
02/08/12	* Badger 10K TR Bamber Bridge
03 to 11/08/12	Olympics Athletic programme
05/08/12	Northern League Match 4 Wavertree
04 & 05/08/12	England/Nth CE U17 & U15 Championships
11/08/12	Mid Lancs T&F League Blackburn
15/08/12	* Chorley Inter Club
16 to 25/08/12	European Vets T&F Chps Zittau GER Bogatynia Pol Hradek CZE
18 & 19/08/12	England/ Nth Athletics U17 & U15 Championships Bedford
25/08/12	Mid Lancs Medal T&F B'pool & Chipping Show FR 7.5M/1801'
25 & 26/08/12	T&F CAU Inter Counties Championship
31/08-09/09/12	Paralympic Athletics programme
01 & 02/09/12	Auxiliary & Main Finals respectively
05/09/12	* Red Rose RR Inter Club
08/09/12	Northern League Division 2 Promotion Match Cleckheaton
09/09/12	T&F Open & Autumn 5K Stanley Park Track Blackpool
22/09/12	Northern Athletics 6/4 & Young Athletes Road Relays Leigh
23/09/12	BWFAC T&F Open Stanley Park Track Blackpool
30/09/12	* Run Preston 10K
21/10/12	* Green Drive 5M Lytham
28/10/12	* Preston Guild HM/Marathon/5K (11-17yrs)
16/11/12	2012 Presentation Night Hilton Hotel

Pennine Bridleway Relay: Feb 5th

Because of dangerous patches of ice on the course, the organising club Rossendale Harriers reluctantly had to cancel the event on safety grounds.

Mid Lancs XC: Thornccliffe Barrow Feb 11th **ML**

U11G: Jasmine Jolly 5th 8:12; Grace Webster 12th 9:31. *First of 20 was Sarah Atkinson of Helm Hill Runners (7:55).*

U11B: George Robinson 1st (of 13) 8:04; Jerome Jolly 2nd 8:11; Jake Brown 5th 8:35; Jamie Jackson 7th 8:43.

U13G: Deni Impett 2nd 10:38; Emily Hall 6th 11:12. *First of 12 was Grace Handley of Blackburn Harriers (10:17).*

U15G: Kate Lawler 6th 15:25. *First of 9 was Mary Hodgson of Lancaster & Morecambe AC in 12:22.*

SW: Carolyn Robbins 13th 23:17; Bianca Pedersen 14th (3rd U20W) 23:23; Stasia Bligh 26th 25:48; Carolyn Robbins 28th 26:00; Laura Lawler 22nd 25:10; Hilary Goorney 45th 33:20. *First of 113 was Susan Samme of LSARRC (pictured) in 19:45.*



Team finished 4th overall and 2nd in Division 1 and remain 3rd position in Division 1 just one point ahead of Preston Harriers. Vet 35 team finished 4th with 54 points and remain 3rd in the league. There was not a complete Vet 45 team and need to finish a team at Leyland to post a score in the league,

with a possibility of even winning this league. There was not a complete Vet 55 team.

SM: John Wright 26th 32:38; Adam Weightman 46th 35:26 (8th U20); Perry Mann 51st 35:48; Gary Johnston 83rd 38:36; Stuart Williams 95th 38:36; Peter Singleton 108th 41:11; Duncan Richardson 120th 44:22; Alan Smart 123rd 44:49; Bob Massey 130th 47:35; David Twizell 133rd 49:44; Bernard Singleton 137th 52:42; John Winters 139th 53:30. *First of 143 was James Tartt (pictured) of Southport Waterloo in 29:51.*

Senior Men's 'A' team finished 9th and 7th in league one and remain in 5th place in the league, just above the relegation zone. The 'B' team finished 28th and remains in 7th place in league 3 and will be relegated to the 4th Division. Vet 40 team



finished 8th and 7th in league 1 and have moved down to 6th place in league one and are now in danger of being relegated. However with a half decent result in the final fixture the team can still avoid the drop. Vet 50 team finished 10th and have moved down to joint 6th place. Vet 60 team finished 2nd and have moved up to 5th place.

It was a cold bleak day at Barrow for the fifth fixture of the Mid Lancs League. In previous visits there have been some excellent views over Barrow town and the Scafell massif. The number of athletes from all clubs competing, especially amongst the junior ranks, was very disappointing, compared with the previous fixtures. I thought the main reason might have been because the fixture coincided with the Half term holiday, but after speaking to members who did not attend; it seems the distance to Barrow was the main consideration for people not going.

The main success was in the U11B by George Robinson who won by 7 seconds from Jerome Jolly. George has now secured the individual U11B's Championship. Earlier Jerome's sister Jasmine was 5th in the U11G's race. In the U13G's race four members set off, but with two dropping out, there was no complete team. However Deni Impett again had another excellent race to finish second behind Grace Handley of Blackburn Harriers. Deni has had a magnificent season so far and has secured the Silver medal in the U11G's Championship. (Molly Betmead who wasn't running at Barrow had already secured the U15G's Championship with four straight wins and Lauren Gowland is likely to win the U17G's Championship).

A somewhat depleted lady's squad led by Carolyn Robbins led the team home in 4th place and John Wright led the Men's team home. Men's Team captain Gary Johnston did a superb job in getting two teams of six athletes out when many clubs from the south of the Mid Lancs area struggled to get one team out. Gary wrote:

"Having just seen the provisional results and the league standings it is a case of 'dèjà vu'. It is up to you guys if you want to stay in Division 1. I think the following 'A' team is needed at Leyland if people are up for staying in the top flight – Luke Minns, Stuart Robinson, John Wright, Adam Weightman, Steve Waterhouse, and Perry Mann. I recognise that you have all turned out for the team throughout the season and I thank you for that. Hope to see you there. Gary."

Aviva European Indoor Trials & UK Championships: Sheffield Feb 11th to 12th **EIT**

Long Jump: James R Davies 6th 7.25m **PB**. (Series of Jumps 6.87m, 7.25m, X, 7.03m, 7.09m, 6.97m).

Sportshall League: Sports Centre Blackpool **SL** February 19th

At the date of publication of this month's Wyldfyre, the results were not published. Hopefully they will be published next month.

English National XC: Parliament Hill London

25th February

ENXC

U15G Molly Betmead 5th 14:15. *First of 342 was Bobby Clay of Invicta East Kent AC in 13:28.* **SW Caroline Betmead** 70th 31:48. *First of 650 was Gemma Steel of Charnwood AC in 27:06.* **SM *Phil Leybourne** 147th 40:41; **John Wright** 323rd 43:18; **Perry Mann** 748th 48:24; **Dave Everson** 1125th 53:05. *First of 1689 was Keith Gerrard of Newham & Essex Beagles AC. *Second claim.*

Molly Betmead's fifth place in National competition was very impressive. She was the second placed girl from the north of England; just seven seconds behind Fell Running champion Bronwen Owen of Scarborough AC.

England Indoor U20/U17/U15 Champs:

Birmingham February 26th

EIC

Fiona Hockey (U15G) **PV** 4th 2.90m **PBi CR**. A fantastic result, as Fiona improved her PB by an impressive 25cm on the one set only one week ago and is now **number four U15G Pole Vaulter in the Power of Ten UK 2012 rankings.**

BUCS Championships: Sheffield Feb 25th & 26th

Katy Wyper **60m h1** 2nd 8.08 **S1** DQ; **200m h5** 3rd 26.44, **SF1** 3rd 26.13. **Lucy Mansfield** **200m h4** 1st 26.53, **SF2** 2nd 26.10.

Other Results:

North'n Police XC League: St Asaph N Wales Feb 1st

Laura Lawler 2nd 45:10.

Alsager 5 Mile Road Race: February 5th

Luke Minns 31st 26:20. First of 560 was **Luke Cragg** of Mansfield in 24:41 with last year's winner ex-**BWFAC** member **Antony Ford** (Sale Harriers) 2nd in 24:54. First lady was **Elle Baker** of Stockport Harriers (36th) in 27:14.

McCain Indoor City Challenge: Sheffield Feb 4th

James R Davies representing Manchester Warriors came 5th in the Long Jump with 7.10m.

Liversedge Half Marathon: Roberttown Feb 12th

David Brooks 222nd 1:47:28. First of 467 was **Andrew Whittingham** of Altrincham & District AC in 75:23 and first lady was **Kim Threadgall** of Edinburgh AC (25th) in 76:12.

Manchester Open T&F: Sportscity

Simon Wells (SM) **60m h5** 3rd 7.65; **h10** 6th 7.68. **Tash Gardner** (U17W) **60m h18** 4th 8.44; **200m h17** 3rd 27.15. **Katrina Kelly** (U17W) **60m h19** 4th 8.93 **PBi**; **PV** 23rd (2nd U17W) 2.20m; **SP4K** 4th (5th U17W) 8.80m **PBi**. **Jordan Dixon** (U15G) **60m h22** 3rd 8.82m; **200m h22** 3rd 28.47. **Ella Porter** (U15G) **60m h24** 3rd 9.16; **200m h27** 2nd 30.69. **Megan Healey** (U20W) **200m h12** 2nd 27.84. **Kate Lawler** (U17W) **200m h17** 3rd 26.91. **Oliver Hopkins** (U20) **200m h5** 1st 23.47. **Taegan O'Hara** (U17W) **60mH h5** 6th 9.91. **Fiona Hockey** **PV** (U15G) 13th (2nd U15G) 2.65m **PBi CR**.

Village Bakery Wrexham Half Marathon: Feb 19th

Stuart Robinson 2nd 1:09:26 **PB ncr**. First of 470 was **Andrew Davis** of Maldwyn Harriers in 1:08:45 PB and first lady, **Sarah Lomas** of Stockport Harriers 26th in 1:19:02 PB.

During the race a sign on the course was "maliciously moved" to point the wrong way and 13 runners did go the wrong way thus running only 11.3 miles. (*One question I would have asked of the organizers: Why did they not employ more marshals for such an important race?*) However Stuart, who was following the lead car, was not affected.

Winter Warmer Blackburn 10K: February 19th

David Cairns 29th 39:11; **Jodie Ferguson** 80th (5th F) 44:03.

First of 299 was **Karl Billington** of Blackburn Harriers in 33:35 and first lady was **Amy Green** of Keighley & Craven AC (35th) in 39:52.

Central Lancs 5K: Bolton February 19th

Bev Wright 90th (1st F & 5th FV50) 20:40. First of 245 was **Michael Sawrey** of Stockport Harriers in 15:42 and first lady was **Louisa Thompson** of Leigh Harriers & AC in 18:05.

National Police XC Champs: Guilford Feb 22nd

Laura Lawler 46th 37:55. First of 120 was **Natalie Farrow** in 29:30.

The Great North West Half Marathon: B'pool Feb 26th

Harry Poole 22nd 1:21:02 c 1:20:50 **PB**; **John Oliver** 1:22:07 c 1:22:04 **PB**; **Uber Cirelli** 47th 1:23:06 c 1:23:01 **PB**; **Bev Wright** 149th (10th F & 1st F50) 1:32:07 c 1:32:03; **Brandon Willoughby** 202nd 1:35:48 c 1:35:20; **Duncan Richardson** 217th 1:36:05 c 1:36:20; **Sarah Wetherill** 300th 1:40:11 c 1:39:08; **David Twizell** 569th 1:52:52 c 1:52:16.

First of 1080 was **Luke Cragg** of Mansfield Harriers & AC in 1:08:54 and first lady was **Helen Waugh** (45th) in 1:22:59.

It was a calm overcast day and good conditions for fast times. First home of our club runners was Harry who is only seventeen. In his first ever half marathon, he posted an excellent time.

North West Athletics:

Holly Bleasdale had successful February. She was voted **European Athlete of the Month for January** and won the Pole Vault at the **UK Indoor Championship** with 4.70m. Among other North West athletes selected to represent the UK at the **World Indoor Championship** are **Carl Myerscough** (Shot Putt) **BWFAC**, **Jenny Meadows** *below left* (800m) **Wigan Harriers**, **Vicky Griffiths** (800m) **Liverpool Harriers** and **Helen Clitheroe** *below right* (1500m) **Preston Harriers** and **Kate Dennison** (Pole Vault) Sale.

