



# WYLDEFYRE

May 2012 No 24



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**BWFAC Events** **Mid Lancs Interclub & Club**  
**Champ Fell Races** **English FR Champ Inter-**  
**club Races** **Club Champ Lancs, Northern or**  
**National Events** **YAL League** **NA League**  
**Sportshalf League**

## FORTHCOMING EVENTS DIARY

**Abbreviations & Key:** Club Champ races are marked with asterisks; **ICoun** – Inter Counties; **HM** – Half Marathon; **TR** – Trail Run; **FR** – Fell Race; **MT** – Multi- Terrain; **CE** - Combined Events; **NA** – Northern Athletics; **YAL** - Young Athletes League; **EIS** – English Institute of Sport; **ESAA** - English Schools Athletic Association; **BUSA** - British University Sports Association; **BMAF** – British Masters Athletic Federation; **NVAC** – Northern Veterans Athletic Club; **CAU** - UK Counties Athletic Union; **IAAF** - International Association of Athletics Federations; **IAU** – International Association of Ultrarunners; **CH** - Club Handicap; **IC** – Inter Club; **CBP** – Championship Best Performance; **Ch** – Championship; **CC** – Club Championship; **JR** – junior races; **U** – under; **V** – vet; **ncr** – new club record since merger in 2006; **CR** - new club record including records set under Blackpool & Fylde AC and North Fylde AC; **CR** – course record **HJ** - High Jump; **LJ** - Long Jump; **DT** – Discus; **SP** – Shot; **PV** – Pole Vault; **H** – Hurdles; **h** – heat; **F** – Final; **c** – chip; **i** – indoor; **m** – metres; **M** – Mile; **K** – Kilometre; **'** – feet; **w/s** – wind speed. At many T&F meetings sprint and some Middle Distance events are run in heats. In these cases over-all based on times will generally be shown.

### Foreword:

**April** features the first Inter Club of the season and the first Mid-Lancs T&F League fixture, both at Stanley Park, Blackpool. There are also April's road races results, including the Club Championship races of Calder Vale 10M and Chernobyl 5K and the elation and sadly the disappointments of the London Marathon. We were also visited by Dave Guest BBC North West Tonight's chief reporter for a feature to mark one hundred days to the opening of the Olympic Games.

**May** is a very busy month on the T&F front with two Young Athletic League meetings, two Northern League meetings and the Lancashire Championships at Blackpool. The 6<sup>th</sup> sees the start of the Inter-Club Fell Running championship with the Great Hameldon Hill Fell race and the second Road Inter club at St Annes.

01/05/12	Trafford Grand Prix T&F
02/05/12	<b>Club Handicap</b> YVAA 5M Champs Esholt & Chorley 4.4M TR
04/05/12	Dalton Charter 10K
04 to 07/05/12	<b>BUCS Championship</b> London Olympic Stadium
05/05/12	<b>Northern League Match 1</b> Blackpool
06/05/12	<b>YAL League</b> Preston
06/05/12	<b>Gt Hameldon Hill FR</b> Keswick HM & Scorton 10K
06/05/12	Horwich Pool Triathlon, Scorton Bikes & Barrows 10K
06/05/12	L'pool Festival of Running Men's & Women's 10K Sefton Park
07/05/12	* <b>Preston Guild 5K</b> /Junior races & Rothwell 10K
07/05/12	Trafford Open Medal T&F & Waterloo 15K Crosby
09/05/12	Kendal 10K & Haigh Hall 4M
09/05/12	<b>School Games</b> London Olympic Stadium
10/05/12	* <b>Lytham St Annes RR Inter Club</b>
12 & 13/05/12	<b>Lancs T&amp;F Championship</b> Blackpool 6M/1109' Accrington
13/05/12	Blacksticks Blue 10K nr Preston & Ripon 10M
15/05/12	Chernobyl 5K (2/3) & Stanhill FR 5M
15/05/12	Trafford Grand Prix T&F
18/05/12	Chorley AC Park 5K (2/4)
19/05/12	BUPA "Great City Games" Manchester & British Milers Club
20/05/12	* <b>Fishwick 5TR</b> Preston (Trail Championship Race)
20/05/12	<b>YAL League</b> Sheffield & Wordan Park 10K Leyland
20/05/12	BUPA Gt Manchester Run 10K
20/05/12	St Annes Triathlon & Brathay Windermere Marathon
23/05/12	Harrock Hill FR
24/05/12	Paralympic World Cup Sportscity
25/05/12	Burnley Lions 10K Colne
26/05/12	<b>Northern League Match 2</b> Wavertree
26/05/12	<b>England /Nth Athletics CE Senior &amp; U20</b> Bedford
25/05/12	Burnley Lions 10K Colne
26/05/12	Kentmere 10K/17K TR Lancaster 5K & Hutton Craggs FR
27/05/12	Blue Light 5M Bispham & Blackpool Beach 10K
29/05/12	Trafford Grand Prix Distance/Throws
30/05/12	Levens 10K Kendal
02/06/12	<b>Mid Lancs T&amp;F League</b> Blackburn & Catforth Canter 5K
02 to 04/06/12	<b>England/Northern Senior &amp; U20 T&amp;F Champs</b> Birmingham
03/06/12	Longridge Lions 7M & Stanley Park 5M TR Blackpool
03/06/12	Warrington Open T&F
04 & 05/06/12	Trafford Open T&F & Grand Prix Sprints/Hurdles/Jumps
06/06/12	Blackburn 2012 Olympic Celebration Open T&F Witton Park
06/06/12	Chorley 4.4M TRI & Tom Pink Young Athlete Event Sportscity
07/06/12	Cuerdon Valley 10K TR Bamber Bridge
10/06/12	Morecambe 10K Burnley Boys 10K
12/06/12	Trafford Grand Prix Distance/Throws
13/06/12	* <b>Preston Harriers Inter Club</b>
14/06/12	Walsh Two Lads FR Horwich
16/06/12	<b>Lancashire Schools Championship</b> & Gt Langdale TR
16 & 17/06/12	<b>Aviva World Trials U20 &amp; U23 Champs</b> Bedford

# March's Athletes of the Month

This month's female recipient is **Kirsty Rushton**, who set a **PB of 9.2** in the



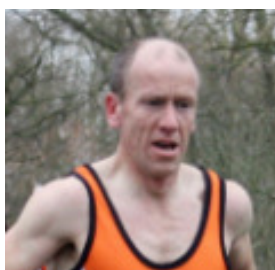
**60m sprint** at Team North Cumbria Open T&F at Carlisle which means

she is currently joint **number one** in the **U11G Power of Ten 2012 rankings**, and also won and set a **PB of 12.1** the **Winter Warmer 80m** and won the Long Jump.

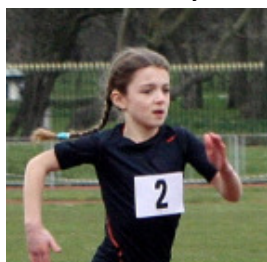
The male recipient is **Stuart Robinson** who set two excellent PBs of **30:47** at the **Trafford 10K** and **68:30 (Club Record)** at the **Fleet Half Marathon** during March.



Also nominated were **Steve Waterhouse** who also set two **PBs** of **16:35** in the **Spring 5K** and **76:30** at the



**Wilmslow Half Marathon** and **Lily-Mae Gray** who won the **U9G's 80m** in a **Club Record** of **13.5** and was second in the **600m** at the **Winter Warmer Open T&F**.



17/06/12	<b>YAL League</b> Leeds
17/06/12	* <b>Freckleton HM</b> Civil Service Champs
19/06/12	Lancaster Girls Grammar School Supper Run & Chernobyl 5K
20/06/12	Hawkshead 10K
21/06/12	<b>Aggies Staircase FR</b> 4M/1148' Darwen
22 to 24/06/12	<b>Aviva Olympic Trials &amp; UK Champs</b> Birmingham
23/06/12	<b>Mid Lancs T&amp;F League</b> Hyndburn
24/06/12	* <b>Sotos 10K</b> Fleetwood & Lancaster Castle Marathon
25/06/12	SPAR Lancashire Primary School Games
26/06/12	Trafford Grand Prix Distance/Throws
27/06/12	Harrock Hill FR
27/06-01/07/12	<b>European Athletic Championship</b> Helsinki FIN
30/06/12	<b>NA ICoun Championship</b> Wigan
30/06/12	<b>English Schools T&amp;F Cup Final</b> Fairclough 5M & Lancaster 5K
30/06-01/07/12	Combined Events Sen/U23 International Hexham
30/06-01/07/12	BMAF Champs
01/07/12	<b>Northern League Match 3</b> Ellesmere Port
01/07/12	<b>BMAF Throws Pentathlon Champs</b> Copthall
02/07/12	SPAR Lancashire Secondary School Games
05/07/12	SPAR Lancashire Disability School Games
06 & 07/07/12	<b>Aviva English School T&amp;F Championship</b> Gateshead
08/07/12	* <b>Lytham St Annes Carnival 5K</b>
10 to 15/07/12	<b>IAAF World Junior Champs</b> Barcelona SPA
12/07/12	<b>Bull Hill Hawkshaw FR</b> 5.5M/1100'
14 & 15/07/12	<b>Northern Athletics U20 U17 &amp; U15 T&amp;F Championship</b> Hull
16/07/12	* <b>Wesham RR Inter Club</b>
21/07/12	<b>Mid Lancs T&amp;F League</b> Lancaster
21/07/12	Super 8 Semi-Final T&F Blackpool
21 & 22/07/12	<b>BMAF T&amp;F Champs</b> Moorways Stadium Derby
29/07/12	<b>YAL League Semi Final</b> Wigan
02/08/12	* <b>Badger 10K TR</b> Bamber Bridge
03 to 11/08/12	<b>Olympics Athletic programme</b>
05/08/12	<b>Northern League Match 4</b> Ellesmere Port
04 & 05/08/12	<b>England/Nth CE U17 &amp; U15 Championships</b> Stoke
11/08/12	<b>Mid Lancs T&amp;F League</b> Preston
11 & 12/08/12	McCains Jump & Throws Fest
15/08/12	* <b>Chorley Inter Club</b>
16 to 25/08/12	<b>European Vets T&amp;F Champs</b> Zittau GER Bogatynia Pol Hradek CZE
18 & 19/08/12	<b>England/ Nth Athletics U17 &amp; U15 Championships</b> Bedford
25/08/12	<b>Mid Lancs Medal T&amp;F</b> B'pool & <b>Chipping Show FR</b> 7.5M/1801'
25 & 26/08/12	<b>T&amp;F CAU Inter Counties Championship</b>
31/08-09/09/12	<b>Paralympic Athletics programme</b>
01 & 02/09/12	<b>Auxiliary &amp; Main Finals</b> respectively Sportscity
05/09/12	* <b>Red Rose RR Inter Club</b>
08/09/12	<b>Northern League Division 2 Promotion Match</b> Cleckheaton
<b>09/09/12</b>	<b>T&amp;F Open &amp; Autumn 5K</b> Stanley Park Track Blackpool
22/09/12	<b>Northern Athletics 6/4 &amp; Young Athletes Road Relays</b> Leigh
<b>23/09/12</b>	<b>BWFAC T&amp;F Open</b> Stanley Park Track Blackpool
30/09/12	* <b>Run Preston 10K</b>
06/10/12	20 <sup>th</sup> TAAF World HM Champs Kavarna BUL
13/10/12	ERRA 6/4 Stage Young Athletes Relays Sutton Park B'ham
21/10/12	* <b>Green Drive 5M</b> Lytham
28/10/12	* <b>Preston Guild HM/Marathon/5K</b> (11-17yrs)
<b>16/11/12</b>	<b>2012 Presentation Night</b> Hilton Hotel

# REPORTS & RESULTS

**1<sup>st</sup> Inter Club:** Stanley Park, B'pool, April 4<sup>th</sup> **IC**

**Individual BWFAC Results:** (*Positions shown excludes guest runners*) **Stuart Robinson** 1<sup>st</sup> 19:43; **Luke Minns** 4<sup>th</sup> 19:59; **Steve Waterhouse** 10<sup>th</sup> (3<sup>rd</sup> V) 21:40; **Sean Kenny** (5<sup>th</sup> JM) 16<sup>th</sup> 22:34; **Jim Unsworth** 20<sup>th</sup> 22:50; **David Williamson** 29<sup>th</sup> 23:27; **Adam Weightman** (7<sup>th</sup> JM) 30<sup>th</sup> 23:28; **Caroline Betmead** 34<sup>th</sup> (1<sup>st</sup> F & 11<sup>th</sup> V) 23:34; **Liam Craine** 35<sup>th</sup> 23:39; **Peter Broome** 61<sup>st</sup> (19<sup>th</sup> V & 7<sup>th</sup> V50) 24:26; **Stuart Williams** 54<sup>th</sup> (25<sup>th</sup> V) 24:42; **Martin Lever** 71<sup>st</sup> (37<sup>th</sup> V) 25:26; **Lauren Gowland** 76<sup>th</sup> (7<sup>th</sup> F 1<sup>st</sup> JW) 25:04; **Bev Wright** 85<sup>th</sup> (11<sup>th</sup> F, 47<sup>th</sup> V & 17<sup>th</sup> V50) 26:10; **Steve Lang** 91<sup>st</sup> (51<sup>st</sup> V) 26:20; **Duncan Richardson** 94<sup>th</sup> (54<sup>th</sup> V) 26:25; **Peter Singleton** 98<sup>th</sup> (56<sup>th</sup> V & 19<sup>th</sup> V50) 26:30; **Carolyn Robbins** 102<sup>nd</sup> (15<sup>th</sup> F, 60<sup>th</sup> V & 21<sup>st</sup> V50) 26:41; **Sarah Wetherill** 104<sup>th</sup> (17<sup>th</sup> F & 61<sup>st</sup> V) 26:55; **Gemma Unsworth** 106<sup>th</sup> (19<sup>th</sup> F) 24:15; **Christian Sills** 107<sup>th</sup> 27:18; **Dave Skinner** 109<sup>th</sup> (64<sup>th</sup> V & 24<sup>th</sup> V50) 27:30; **Peter Gibson** 115<sup>th</sup> (69<sup>th</sup> V & 27<sup>th</sup> V50) 27:41; **Reg Smallbone** 119<sup>th</sup> (72<sup>nd</sup> V, 28<sup>th</sup> V50 & 3<sup>rd</sup> V60) 27:47; **Mike Maume** 120<sup>th</sup> (73<sup>rd</sup> V) 27:49; **Derek Crane** 124<sup>th</sup> (77<sup>th</sup> V) 27:58; **Laura Lawler** 134<sup>th</sup> (25<sup>th</sup> F & 85<sup>th</sup> V) 28:21; **Tanya Ashworth** 136<sup>th</sup> (26<sup>th</sup> F & 87<sup>th</sup> V) 28:25; **Andrea Smith** 137<sup>th</sup> (27<sup>th</sup> F & 88<sup>th</sup> V) 28:27; **Anthony Blight** 142<sup>nd</sup> 28:46; **Alison Titterington** 147<sup>th</sup> (33<sup>rd</sup> F, 95<sup>th</sup> V & 37<sup>th</sup> V50) 29:00; **Alan Wilkinson** 148<sup>th</sup> (96<sup>th</sup> V, 38<sup>th</sup> V50 & 7<sup>th</sup> V60) 29:04; **Dave Dyson** 155<sup>th</sup> (101<sup>st</sup> V & 40<sup>th</sup> V50) 29:46; **Karen Dunford** 157<sup>th</sup> (36<sup>th</sup> F & 103<sup>rd</sup> V) 29:52; **Dave Randall** 161<sup>st</sup> (106<sup>th</sup> V & 42<sup>nd</sup> V50) 30:16; **Tony Croft** 169<sup>th</sup> (113<sup>th</sup> V, 46<sup>th</sup> V50 & 9<sup>th</sup> V60) 30:58; **Vicky Robinson** 173<sup>rd</sup> (43<sup>rd</sup> V) 31:29; **John Bradley** 179<sup>th</sup> (120<sup>th</sup> V, 51<sup>st</sup> & 11<sup>th</sup> V60) 32:06; **Jenny Ryan** 181<sup>st</sup> (48<sup>th</sup> F, 122<sup>nd</sup> V & 52<sup>nd</sup> V50) 32:06; **Bernard Singleton** 183<sup>rd</sup> (124<sup>th</sup> V, 54<sup>th</sup> V50 & 12<sup>th</sup> V60) 32:33; **Norman Greenwood** 198<sup>th</sup> (138<sup>th</sup> V, 61<sup>st</sup> V50 & 15<sup>th</sup> V60) 34:03; **Hilary Goorney** 215<sup>th</sup> (65<sup>th</sup> F, 152<sup>nd</sup> V, 71<sup>st</sup> V50 & 20<sup>th</sup> V60) 39:32.

## Team Results:

**Open:** Preston Harriers 1<sup>st</sup> 105 pts; **BWFAC** 2<sup>nd</sup> 223 pts; **Wesham RR** 3<sup>rd</sup> 345 pts; **LSARRC** 4<sup>th</sup> 500 pts; **Chorley Athletic & Tri** 5<sup>th</sup> 529 pts; **Red Rose RR** 6<sup>th</sup> 580 pts.

**Ladies:** **Wesham RR** 1<sup>st</sup> 44 pts; **BWFAC** 2<sup>nd</sup> 51 pts; **Preston Harriers** 3<sup>rd</sup> 67 pts; **LSARRC** 4<sup>th</sup> 128 pts; **Red Rose RR** 5<sup>th</sup> 148 pts; **Chorley Athletic & Tri** 6<sup>th</sup> 159<sup>th</sup> pts.

**Vets:** **Preston Harriers** 30 pts; **Wesham RR** 2<sup>nd</sup> 31 pts; **Red Rose** 3<sup>rd</sup> 126 pts; **BWFAC** 4<sup>th</sup> 136 pts; **LSARRC** 5<sup>th</sup> 73 pts; **Chorley Athletic & Tri** 6<sup>th</sup> 337 pts.

**Vet 50s:** **Preston Harriers** 1<sup>st</sup> 30 pts; **Wesham RR** 2<sup>nd</sup> 31 pts; **Red Rose RR** 3<sup>rd</sup> 58 pts; **BWFAC** 4<sup>th</sup> 64 pts; **LSARRC** 5<sup>th</sup> 73 pts; **Chorley Athletic & Tri** 6<sup>th</sup> 175 pts.

**Vet 60s:** **Wesham RR** 1<sup>st</sup> 15 pts; **BWFAC** 2<sup>nd</sup> 19 pts; **LSARRC** 3<sup>rd</sup> 27 pts; **Chorley Athletic & Tri** 4<sup>th</sup> 39 pts; **Preston Harriers** 5<sup>th</sup> 48 pts; **Red Rose RR** 6<sup>th</sup> .

Possibly because of the imminent Easter weekend, it was a slightly disappointing turnout by **BWFAC** runners. However other clubs seem to have suffered in the same way. However the open squad still managed to be runners-up, if somewhat distant, to a strong Preston contingent. The lady's team was somewhat depleted and finished second to Wesham ladies, who have recently been in very good form. Apart from the Vet 60s, who finished second, the vet results for this home fixture were a disappointing, with both the Vet teams finishing in fourth position. However in the individual results, **Caroline Betmead**, **Stuart Robinson** and **Luke Minns**, demonstrated that they are at the peak of their form.

**Chorley AC** and **Chorley Harriers** are in the process of amalgamation and it is expected that they will be a much stronger club in this competition, as the season progresses.

Afterwards many of the runners and helpers retired to the **Blackpool Cricket Club** for socializing and refreshments, which had been provided by club members and which were complimented as one of the best provided. The previous season's Interclub awards were presented by **BWFACs President** and current **Mayor of Fylde**, **Howard Henshaw**, assisted by **Nick Hume**.

## Calder Vale 10M: April 5<sup>th</sup> **CC**

**Perry Mann** 13<sup>th</sup> 1:03:24; **John Bradley** 149<sup>th</sup> (2<sup>nd</sup> MV70) 1:27:58; **Jenny Ryan** 160<sup>th</sup> (37<sup>th</sup> F & 1<sup>st</sup> FV55) 1:32:21. First of 200 was **Charlie Pass** of Wesham RR in 57:53 and first lady, **Sarah Louise Cumber** of Halifax Harriers in 1:04:21.

Although somewhat cloudy, conditions in the pretty village of Calder Vale were good for the race. This was the first race of the Club Road Race Championship. It was disappointing that only three club members competed.

## Mid-Lancs T&F Meeting: B'pool April 14<sup>th</sup> **ML**

The morning dawned bright and sunny, without a cloud in the sky. However by the start of the competition it had clouded over and it had become quite cold. This together with a gusting breeze and a couple of heavy showers made for difficult conditions. Below are the full **BWFAC** members' results. As can be seen by the number of PBs there were many encouraging performances.

**Most sprints are run in heats and overall positions shown are based on times.**

**U13B: 100m** 2<sup>nd</sup> Will Holmes 14.80m; 6<sup>th</sup> Jake Brown 15.6; 7<sup>th</sup> Sydney Sullivan 15.6. **200m** 3<sup>rd</sup> Callum Hogarth 32.7; 9<sup>th</sup> Sydney Sullivan 34.6. **800m** 3<sup>rd</sup> Jake Brown 2:42.0. **1500m** 2<sup>nd</sup> George Robinson 5:20.5 **PB**; 3<sup>rd</sup> Jerome Jolly 5:24.2 **PB**. **LJ** 6<sup>th</sup> Sydney Sullivan 3.42m; 14<sup>th</sup> Callum Hogarth 2.71m. **HJ** 1<sup>st</sup> Jerome Jolly 1.28m **PB**; 4<sup>th</sup> Will Holmes 1.10m **PB**; Jake Brown 0.00m. **JT** 3<sup>rd</sup> Will Holmes 21.34m **PB**; 4<sup>th</sup> Jerome Jolly 18.84m. **4x100m** 2<sup>nd</sup> 62.0.

**U13G: 100m** 4<sup>th</sup> Jessica Aziz 15.0 **PB**; 10<sup>th</sup> Hannah Maskill 15.8 **PB**; 14<sup>th</sup> Lydia Gray 12.9. **200m** 3<sup>rd</sup> Jessica Aziz 31.3 **PB**; 8<sup>th</sup> Katie Laycock 33.8. **800m** 4<sup>th</sup> Hannah Eadie 2:28.4 **PB**; **LJ** 9<sup>th</sup> Hannah Maskill 3.14m; 15<sup>th</sup> India Rogers 2.79m; 17<sup>th</sup> Katy Laycock 2.64m; 19<sup>th</sup> Jessica Aziz



2.21m **PB**. **HJ** 3<sup>rd</sup> India Rogers 1.00m. **SP** 4<sup>th</sup> Katy Laycock 3.54m.

**U15B: 100m** 3<sup>rd</sup> Nick Aziz 13.1 **PB**; 5<sup>th</sup> Dom Lavelle 13.7; 7<sup>th</sup> Oliver Tomlinson 14.5; 10<sup>th</sup> Kieran Chell 16.3. **200m** 3<sup>rd</sup> Nick Aziz 27.0 **PB**; 4<sup>th</sup> Dom Lavelle 27.8 **PB**; 6<sup>th</sup> Oliver Tomlinson 30.2; 8<sup>th</sup> Luke Priestley 31.8 **PB**; 11<sup>th</sup> Kieran Chell 32.9. **400m** 1<sup>st</sup> Rory Anderson 58.4 **PB**. **800m** 4<sup>th</sup> Luke Priestley 2:40.2 **PB**. **LJ** 2<sup>nd</sup> Dom Lavelle 4.82m **PB**; 3<sup>rd</sup> Oliver Tomlinson 4.34m. **SP** 6<sup>th</sup> Louis Walker 6.98m 7<sup>th</sup> Harry Mercer 6.71m. **DT** 6<sup>th</sup> Louis Walker 16.69m **PB**; 7<sup>th</sup> Harry Mercer 16.69m **PB**. **JT** 1<sup>st</sup> Louis Walker 29.81m **PB**. **4x100m** 1<sup>st</sup> 58.9.

**U15G: 100m** 2<sup>nd</sup> Jess O'Neill 13.5; 4<sup>th</sup>= Amber Swinerton 13.9; 6<sup>th</sup> Jordan Dixon 13.9; 13<sup>th</sup> Georgia Macauley 15.0; 14<sup>th</sup> Ellie Gibson 15.1; 15<sup>th</sup> Tilly Lawson 15.1 **PB**; 19<sup>th</sup> Lauren Brook 15.7. **200m** 1<sup>st</sup> Jess O'Neill 27.6; 3<sup>rd</sup>= Jordan Dixon 28.3; 7<sup>th</sup> Amber Swinerton 28.9; 12<sup>th</sup> Ellie Gibson 30.6; 13<sup>th</sup> Tilly Lawson 30.6 **PB**; 15<sup>th</sup> Georgia Macauley 31.4; 18<sup>th</sup> Rebecca Terras 33.5 **PB**. **300m** 1<sup>st</sup> Fiona Hockey 44.2 **PB**; 3<sup>rd</sup> Annie Bradshaw 45.8 **PB**. **800m** 1<sup>st</sup> Annie Bradshaw 2:29.4 **PB**; 5<sup>th</sup> Jessica Rogers 2:45.6 **PB**; 7<sup>th</sup> Lauren Brook 2:58.2; 8<sup>th</sup> Rebecca Terras 3:04.5 **PB**. **LJ** 9<sup>th</sup> Hanna Newell 3.57m; 11<sup>th</sup> Jessica Rogers 3.32. **HJ** 2<sup>nd</sup> Annie Bradshaw 1.40m **PB**; 3<sup>rd</sup> Kelsey Smith 1.35m **PB**; 4<sup>th</sup> Hanna Newell 1.35m; 5<sup>th</sup> Fiona Hockey 1.35m; 11<sup>th</sup> Ash Colvin 1.15m. **SP** 6<sup>th</sup> Jessica Rogers 5.25m **PB**. **JT** 3<sup>rd</sup> Jordan Dixon 17.70m; 7<sup>th</sup> Ash Colvin 4.86m **PB**. **4x100m** 1<sup>st</sup> 57.4.

**U17M: 100m** 5<sup>th</sup> Connor McCormick 12.4; 6<sup>th</sup> Ryan Scott 12.6; 7<sup>th</sup> Robbie Morris 12.8; 10<sup>th</sup> Jordan Birch 13.1 **PB**; 11<sup>th</sup> Ashley Hails 13.6; 12<sup>th</sup> Michael Reid 13.9; 13<sup>th</sup> Jack Hails 14.0. **200m** 5<sup>th</sup> Luis Blyth 25.1 **PB**; 6<sup>th</sup>= Robbie Morris 25.7 **PB**; 9<sup>th</sup> Jordan Birch 26.8 **PB**; 10<sup>th</sup> Jack Hails 27.1; 11<sup>th</sup> Ashley Hails 27.9; 12<sup>th</sup> Michael Reid 28.0. **400m** 1<sup>st</sup> Michael Rietdyk 55.7 **PB**. **800m** 2<sup>nd</sup> Shaun Kenny 2:08.6 **PB**. **LJ** 1<sup>st</sup> Luis Blyth 5.78m; 2<sup>nd</sup> Jack Hails 4.37m; 3<sup>rd</sup> Ashley Hails 4.23m. **JT** 1<sup>st</sup> Robbie Morris 29.74. **4x100m** 2<sup>nd</sup> 51.3.

**U17W: 100m**. 3<sup>rd</sup>= Alicia Roylance 14.0; 3<sup>rd</sup>= Josette Green 14.0 **PB**; 5<sup>th</sup>= Taegan O'Hara 14.0; 9<sup>th</sup> Katrina Kelly 14.5. **300m** 2<sup>nd</sup> Lucy Minns 46.7. **LJ** 4<sup>th</sup> Katrina Kelly 4.45m **PB**. **HJ** 2<sup>nd</sup> Josette Green 0.00m. **TJ** 1<sup>st</sup> Josette Green 9.67m **PB**; 2<sup>nd</sup> Taegan O'Hara 9.42m. **SP** 1<sup>st</sup> Katrina Kelly 8.97m **PB**; 6<sup>th</sup> Taegan O'Hara 6.62m. **DT** 4<sup>th</sup> Alexandra Quarmby 15.64m **PB**. **JT** 6<sup>th</sup> Siobhan Child 13.67m. **HT** 3<sup>rd</sup> Siobhan Child 17.58m.

**SM: 100m** 1<sup>st</sup> Alex Bale 11.7; 3<sup>rd</sup> Simon Wells 12.1. **200m** 1<sup>st</sup> Alex Bale 23.3; 3<sup>rd</sup> Simon Wells 24.3. **400m** 5<sup>th</sup> Daniel Quarmby 57.3 **PB**. **800m** 7<sup>th</sup> Daniel Quarmby 2:07.3. **SP** 2<sup>nd</sup> David Shaw 9.76m **PB**; Syd Bashforth 4<sup>th</sup> 8.91m; 5<sup>th</sup> David Myerscough 8.84m. **DT** 2<sup>nd</sup> David Shaw 28.45m **PB**; 3<sup>rd</sup> David Myerscough 26.94m; 4<sup>th</sup> Syd Bashforth 26.80m. **HT** 1<sup>st</sup> Syd Bashforth 31.57m; 7<sup>th</sup> David Shaw 26.15m **PB**; 7<sup>th</sup> Chris Senior 17.54m. **Relay 4x400m** 3<sup>rd</sup> 4:18.9.

**SW: 100m** 1<sup>st</sup> Katy Wyper 12.7; 3<sup>rd</sup> Cassidy Knight 13.2; 4<sup>th</sup> Alicia Johnston 13.4; 5<sup>th</sup> Natasha Johnston 14.0. **200m** 1<sup>st</sup> Katy Wyper 26.2; 2<sup>nd</sup> Laura Gillhespy 27.1; 3<sup>rd</sup> Alicia Johnston 27.2; 6<sup>th</sup> Cassidy Knight 28.1. **1500m** 4<sup>th</sup> Bianca Pedersen 5:20.3. **TJ** 2<sup>nd</sup> Natasha Johnston 8.83m. **SP** 5<sup>th</sup> Natasha Johnston 6.70m. **HT** 1<sup>st</sup> Chloe Needham 40.83m **PB**; 2<sup>nd</sup> Claire Irons 23.23m.

## Teams:

**Male: U13** 2<sup>nd</sup> 47.5 pts; **U15** 1<sup>st</sup> 55 pts; **U17** 2<sup>nd</sup> 45.5 pts; **Sen** 2<sup>nd</sup> 60 pts; **Total** 1<sup>st</sup> 208 points.

**Female: U13** 5<sup>th</sup> 20.5 pts; **U15** 1<sup>st</sup> 64.5 pts; **U17** 1<sup>st</sup> 64.5 pts; **Sen** 3<sup>rd</sup> 47 pts; **Total** 1<sup>st</sup> 179.5 points.

## Chernobyl 5K: Preston April 17<sup>th</sup>

**CC**

**Derek Crane** 40<sup>th</sup> 21:54; **Jenny Ryan** 74<sup>th</sup> (12<sup>th</sup> F & 1<sup>st</sup> FV55) 26:01. First of 99 was **Beau Smith** of Lancaster & Morecambe AC in 16:24 and first lady was **Helena Leathley** of Clayton-le-Moors Harriers (26<sup>th</sup>) in 19:37.

## Medal Try Athletics Day: April 18<sup>th</sup>

It was 'A 100 days to go to the Opening Ceremony of the Olympic Games' and as the rain poured down, several club coaches and athletes gathered to give some youngsters a taster session. **Sam Rogers**, the prime mover in organizing the session, looked out from Club House at the bleak conditions outside, the lack of children and what looked to be an impending disaster – and then the Gazette photographer arrived! But the children did come and despite the poor weather conditions, which if anything got worse, all the budding athletes still seemed to enjoy the session; keenly trying sprinting, long jump, throwing and some elements of pole vaulting. When the session was brought to an end at 7:30pm, several still wanted "to have one more go"! What had looked to be a potential damp squib, turned into an excellent success. **Well done Sam!**

## Lancs AA & Lancs Schools AA Combined

### Events Champs: Hyndburn April 22<sup>nd</sup> & 23<sup>rd</sup>

**U13B Pentathlon: Christian Linton** 75m 16.7 **PB** 251 pts; **HJ** 1.13m **PB** 148 pts; **SP** 5.90m **PB** 243 pts; **LJ** 3.21m 91 pts; **800m** 2:41.1 **PB** 202 pts; **Total pts** 787 **PB**, **2nd. William Holmes** 75m 16.3 277 pts **PB**; **HJ** 1.07m 116 pts; **SP** 5.49m **PB** 219 pts; **LJ** 4.00m **PB** 206 pts; **800m** 2:54.6 92 pts; **Total pts** 784 **PB** 3rd.

**Girls Quadrathlon: Jasmine Jolly** Year 5: 60m 9.6 **PB** 42 pts; **TJ** 9.85m 26 pts; **LJ** 3.63m 51 pts; 600m 1:58.3 62 pts; **Total Pts** 181; **1st. Maisie Rogers** Year 4: 60m 11.2 **PB** 19 pts; **TJ** 7.45m 19 pts; **LJ** 2.55m **PB** 28 pts; 600m 2:16.2 **PB** 46 pts; **Total pts** 112; **8th (2nd Y4). Minnie Rogers** Year 4: 60m 12.2 **PB** 15 pts; **TJ** 8.07m 21 pts; **LJ** 2.32m 22 pts; 600m 2:32.0 **PB** 31 pts; **Total Pts** 89; **9th (3rd Y4).**

**U13G Pentathlon: Katy Laycock** 75mH 16.4 **PB** 228 pts; **SP** 4.02m **PB** 147 pts; **HJ** 1.17m **PB** 284 pts; **LJ** 3.18m **PB** 139 pts; **800m** 3:10.2 **PB**; **Total Pts** 1074 **PB** 2nd. **India Rogers** 75mH 16.9 **PB** 201 pts; **SP** 3.45m **PB** 112 pts; **HJ** 1.11m **PB** 231 pts; **LJ** 3.00m **PB** 107 pts; **800m** 3:31.4 **PB** **Total Pts** 780 pts **PB** 3rd.

**Junior Girls Pentathlon: Bethany Everson** 75mH 15.5 **PB** 521 pts; **SP** 6.59m 309 pts; **HJ** 1.44m 555 pts; **LJ**

4.37m **PB** 396 pts; **800m** 2:29.9 694 pts; **Total Pts 2316 PB 2nd**. Annie Bradshaw **75mH** 16.9 **PB** 269 pts; **SP** 5.40m **PB** 233 pts; **HJ** 1.35m 460 pts; **LJ** 4.05m **PB** 319 pts; **800m** 2:21.9 669 pts; **Total Pts 1850 PB 4th**. Jessica Rogers **75mH** 16.8 **PB** 275 pts; **SP** 5.17m 219 pts; **HJ** 1.32m **PB** 429 pts; **LJ** 4.13m **PB** 338 pts; **800m** 2:43.2 **PB** 539 pts; **Total Pts 1800 PB 8th**.

**Intermediate Boys Octathlon:** Robbie Morris **LJ** 5.00m **PB** 382 pts; **DT** 20.36m **PB** 279 pts; **JT** 20.30m 165 pts; **400m** 58.9 **PB** 446 pts; **100mH** 20.4 **PB** 215 pts; **HJ** 1.59m **PB** 457 pts; **SP** 7.97m **PB** 365 pts; **1500m** 5:28.0 **PB** 409 pts; **Total Pts 2718 PB 4th**.

### **Aviva U13/U15 Sportshall UK Final:**

LG Arena Birmingham April 21<sup>st</sup>

Lancashire finished 6<sup>th</sup> of 12 teams. Five BWFAC members were part of the 12 man team.

Nick Aziz **2LR** best 22.2, 6<sup>th</sup> 50 pts; **HJ** 1.51m, 5<sup>th</sup> 52 pts. Samuel Matthews **4 LR** 50.2, 13<sup>th</sup> = 35 pts; **VJ** best 54, 10<sup>th</sup> 42 pts. Harry Mercer **S** best 8.60m, 17<sup>th</sup> 30 pts. Thomas Matthews **6LR** 1:22.4, 14<sup>th</sup> 34 pts. **STJ** best 6.39m, 18<sup>th</sup> 26 pts. Louis Walker **S** best 7.96m, 20<sup>th</sup> 24 pts. **Key:** LR Lap Run; VJ Vertical Jump; S Shot; STJ Standing Triple Jump.

### **London Marathon: April 22<sup>nd</sup>**

Stuart Robinson 59<sup>th</sup> 1:11:40 2:30:40, (*Stuart slowed in the last few miles due to a tight hamstring.*); Stuart Williams 2554<sup>th</sup> 1:32:08 3:14:26; Caroline Betmead 4469<sup>th</sup> (617<sup>th</sup> F) 1:27:45 3:29:26, (*Caroline would have hoped to have posted a time under 3 hours, so she was disappointed with her run. She said she started to lose form after nine miles and she did not understand the reason why this happened. However Caroline was determined to finish and deserves to be congratulated on her resolve.*); Dave Williamson 1595<sup>th</sup> 1:30:12 3:05:12; Duncan Richardson 6789<sup>th</sup> 1:51:02 3:42:50; Tanya Ashworth 12607<sup>th</sup> (2790<sup>th</sup> F) 1:45:51 4:06:42; John Bradley 16486<sup>th</sup> (18<sup>th</sup> MV70) 2:05:31 4:22:01; Peter Gibson 2:01:21 4:36:51; Hilary Goorney 28750<sup>th</sup> (8866<sup>th</sup> F) 2:29:17 5:16:24. First of over 37,000 runners was Wilson Kipsang in 2:04:44 and first lady was Mary Keitany in 2:18:37, both from of Kenya. The first wheelchair athlete was David Weir in 1:32:26 and the first lady was the Fylde coast's Shelly Woods in 1:49:10 (3:54 ahead of the next lady). *Times at half-way point are shown in italics.*

### **Annual General Meeting: April 23<sup>rd</sup>**

After the Apologies and acceptance of the previous year's minutes Nick Hume gave the Secretary's report in which he referred to a somewhat disappointing last T&F and Cross Country seasons. He also mentioned individual achievements and the Women's team successes and urged that the club to take advantage of the benefits that the Olympic year offered. Treasurer, Andrea Smith presented the accounts and reported a healthy financial situation. The current Club Officers had agreed to continue and were re-

lected unopposed. Margaret Crompton proposed that Age Limit in the Club Constitution for Junior Members should be reduced to seven. Under Any other Business several items were aired, including the issue regarding the Welfare of Junior members.

## **Other Results:**

**Team North Cumbria Open T&F: Carlisle Mar 25<sup>th</sup>**  
**U11B** James Smith **60m** 2<sup>nd</sup> 9.6 **PB** & **CR**; **600m** 1<sup>st</sup> 2:00.1 **PB**; **LJ** 1<sup>st</sup> 3.52m **PB**.

**U11G** Kirsty Rushton **60m h2** 1<sup>st</sup> 9.3 **F** 1<sup>st</sup> 9.2 **PB** & **CR**; **150m h2** 1<sup>st</sup> 23.9; **F** 2<sup>nd</sup> 23.0 **PB**; **LJ** 3<sup>rd</sup> 3.15m.

**U15G** Jordan Dixon **100m** 2<sup>nd</sup> 13.7; **200m** 2<sup>nd</sup> 27.9; **JT** 2<sup>nd</sup> 22.52m.

### **Muddy Bottoms 17M: Bamber Bridge March 25<sup>th</sup>**

Jeff Wright 29<sup>th</sup> 132<sup>nd</sup> 3:46:50. First of 46 was Stuart McLeod and first lady was Andora Perkins (15<sup>th</sup>) in 2:04:35 (both of Lancaster University RC).

### **Coniston 14: March 31<sup>st</sup>**

Peter Gibson 397<sup>th</sup> 1:49:57 c 1:48:41; Jeff Wright 578<sup>th</sup> 1:56:08 c 1:54:52; John Bradley 740<sup>th</sup> (1<sup>st</sup> MV70) 2:01:20 c 2:01:00. First of 1476 was John Herbert of Nene Valley Harriers in 1:16:03 and first lady was Eleanor Fowler of Nuneaton Harriers (35<sup>th</sup>) in 1:28:26.

### **Lancaster Three Bridges 10K: April 1<sup>st</sup>**

Dave Randall 122<sup>nd</sup> 50:16. First of 240 was John French of Eden Runners in 34:15 and first lady was Lisa Finlay (FV40) of Dumfries RC (8<sup>th</sup>) in 38:03.

### **Warrington T&F Open: April 1<sup>st</sup>**

**U9B:** Luke Black **75m** 1<sup>st</sup> 13.2; **150m** 1<sup>st</sup> 27.6; **LJ** 2<sup>nd</sup> 2.10m. Lee Black **75m** 3<sup>rd</sup> 14.6; **150m** 3<sup>rd</sup> 31.8; **LJ** 1<sup>st</sup> 2.91m.

**U9G:** Lily-Mae Gray **75m** 2<sup>nd</sup> 12.5; **150m** 2<sup>nd</sup> 26.2.

**U11B:** Sam Wise **75m** 3<sup>rd</sup> 11.9; **150m** 3<sup>rd</sup> 24.4. James Smith **75m** 6<sup>th</sup> 12.2 **PB**; **600m** 3<sup>rd</sup> 2:05.0; **LJ** 3<sup>rd</sup> 3.29m.

**U11G:** Kirsty Rushton **75m** 2<sup>nd</sup> 11.5 **PB**; **150m** 2<sup>nd</sup> 23.1; **LJ** 3<sup>rd</sup> 3.26m. Jasmine Jolly **150m** 9<sup>th</sup> 24.2; **600m** 2<sup>nd</sup> 2:02.3.

**U13B:** William Holmes **100m** 8<sup>th</sup> 14.4 **PB**; **LJ** 2<sup>nd</sup> 3.75m **PB**; **JT** 4<sup>th</sup> 19.20m **PB**. Jerome Jolly **1500m** 7<sup>th</sup> 5:38.9; **JT** 2<sup>nd</sup> 23.38m.

**U15B:** Dom Lavelle **100m** 7<sup>th</sup> 13.4 **PB**; **LJ** 5<sup>th</sup> 4.67m. Ciaran Johnson **LJ** 8<sup>th</sup> 4.17m **PB**; **SP** 2<sup>nd</sup> 7.62m; **JT** 4<sup>th</sup> 21.00m. **U15G:** Amber Swinnerton **100m** 1<sup>st</sup> = 13.7.

**U17M:** Ash Hails 8<sup>th</sup> **100m** 13.2 **PB**; **200m** 6<sup>th</sup> 28.0; **LJ** 5<sup>th</sup> 4.66m. Jack Hails **100m** 9<sup>th</sup> 13.4; **200m** 5<sup>th</sup> 27.7; **LJ** 4<sup>th</sup> 4.76.

**U17W:** Taegan O'Hara **80mH** 6<sup>th</sup> 13.9.

**SM:** Andy Stubbs (T45/F45) **100m** 17<sup>th</sup> 13.6.

**SW:** Rochelle Hearsom 8<sup>th</sup> **100m** 13.7. Lisa Daley (T13) **400m** 6<sup>th</sup> 66.9 **PB**.

### **Salford 10K: April 6<sup>th</sup>**

Bev Wright 158<sup>th</sup> (11<sup>th</sup> F & 1<sup>st</sup> FV50) 39:49. First 532 of was

Jack Martin of Stockport Harriers in 29:50 and first lady was Lizzie Adams of Hallamshire Harriers in 32:50 (a **PB** by over a minute).

#### **Pendle Fell Race (U18): Barley April 6<sup>th</sup>**

**Jamie Midgley 15<sup>th</sup> 43:58.** First 25 of was **Brad Traviss** of Calder Valley FR in 34:04 and first girl was **Sally Ratcliffe** of Stockport Harriers in 41:52. (*The under 18 runners competed in the same race as the Senior athletes.*)

#### **Wakefield Open T&F: April 8<sup>th</sup>**

**U11B** James Smith **80m** 18<sup>th</sup> 13.28; **600m** 4<sup>th</sup> 2:02.15; **LJ** 15<sup>th</sup> 2.77m.

#### **Manchester Open T&F: Sportscity April 9<sup>th</sup>**

**U11G** Jasmine Jolly **150m h6** 3<sup>rd</sup> 24.54; **600m h3** 3<sup>rd</sup> 1:59.45; **LJ** 1<sup>st</sup> 3.78m **PB**.

**U13M** Jerome Jolly **1500m h1** 9<sup>th</sup> 5:56.90; **LJ** 2<sup>nd</sup> 3.62m; **JT** 1<sup>st</sup> 22.14m.

**U15G** Beth Everson **800m h4** 6<sup>th</sup> 2:35.55; **HJ** 1<sup>st</sup> 1.40m.

#### **Catforth Village 7 Mile: April 15<sup>th</sup>**

**Steve Waterhouse 2<sup>nd</sup> (1<sup>st</sup> MV40) 39:21; Tanya Ashworth 73<sup>rd</sup> (16<sup>th</sup> F) 57:07; Robert Green 86<sup>th</sup> 59:35.** First of 120 was **Adrian Whitham** (unattached) in 37:56 and first lady was **Claire Bunce** of Red Rose RR (15<sup>th</sup>) in 45:40.

#### **Wigan Open T&F: April 15<sup>th</sup>**

**U9G Lily-Mae Gray 75m** 2<sup>nd</sup> 12.0; **600m** 1<sup>st</sup> 2:21.1.

**U11B** James Smith **75m** 10<sup>th</sup> = 12.1 **PB**; **600m** 3<sup>rd</sup> 2:02.6; **LJ** 6<sup>th</sup> 3.25m.

**U11G** Jasmine Jolly **75m** 6<sup>th</sup> = 12.1; **600m** 2<sup>nd</sup> 2:04.9; **LJ** 1<sup>st</sup> 3.61m. Kirsty Rushton **75m** 2<sup>nd</sup> 11.5 **PB**; **600m** 4<sup>th</sup> 2:10.1 **PB**; **LJ** 4<sup>th</sup> 3.27m.

**U13B** William Holmes **800m** 8<sup>th</sup> 2:52.3 **PB**; **75mH** 2<sup>nd</sup> 16.3 **PB**; **LJ** 4<sup>th</sup> 4.41m.

**U15B** Dom Lavelle **100m** 5<sup>th</sup> 13.8; **PV** 1<sup>st</sup> 2.80m **PB**.

**U15G** Hannah Newell **HJ** 3<sup>rd</sup> 1.40m; **PV** 4<sup>th</sup> 2.10m.

**U17M** Jack Hails **200m** 5<sup>th</sup> 27.3; **LJ** 3<sup>rd</sup> 4.53m; **PV** 1<sup>st</sup> 2.50m. Ash Hails **100m** 6<sup>th</sup> 13.7; **200m** 6<sup>th</sup> 27.5 **PB**; **LJ** 2<sup>nd</sup> 4.41m.

**U17W** Katrina Kelly **LJ** 2<sup>nd</sup> 4.40m; **SP** 1<sup>st</sup> 8.80m; **PV** 1<sup>st</sup> 2.20m. **SW** Lucy Mansfield **100m** 1<sup>st</sup> 12.5.

#### **Bungay Half Marathon: Suffolk April 15<sup>th</sup>**

**Perry Mann 6<sup>th</sup> 81:27 c 81:34 PB.** First of 486 was **Matt Spencer** (unattached) in 77:12 and first lady was **Lesley Whiley** of Reading RR (25<sup>th</sup>) in 90:01.

#### **Chorley Park Series – Race 1: April 20<sup>th</sup>**

**Jamie Midgley 24<sup>th</sup> 20:18.** First of 61 was **Luke Betts** in 16:42 and first lady was **Emma Perrin** (28<sup>th</sup>) in 20:45 both from Chorley.

#### **Hall Village Triathlon: Kirkham April 22<sup>nd</sup>**

**Andrew Woodward 10<sup>th</sup> in 55:05** (Swim 400m 7:19, Bike 10.5K 30:21, Run 5K 17:25); **Nic Rowley 30<sup>th</sup> (1<sup>st</sup> F) 57:54** (Swim 400m 6:33, Bike 10.5K, Run 5K 21:54). First 256 of was **Chris Joyce** of Huub TFN RT in 49:47.

#### **Ernie Gallagher Memorial Young Athletes Medal & Tom O'Mahoney Memorial Senior Open T&F**

##### **Meetings: Wavertree Liverpool April 22<sup>nd</sup>**

**Year 4 & 5 Girls:** Kirsty Rushton **75m** 3<sup>rd</sup> 11.7; **150m** 2<sup>nd</sup> 23.0 **PB**; **LJ** 1<sup>st</sup> 3.41m. **JW** Katy Wyper 2<sup>nd</sup> 12.6.

**U13B** Jake Brown **800m** 2:47.42; **LJ** 3<sup>rd</sup> 3.26m.

##### **Bolton 10K: April 22<sup>nd</sup>**

**Robert Green 329<sup>th</sup> 56:28.** First of 600 was **Anthony Valentine** of Bolton United Harriers & AC in 34:34 and first lady was **Melissa Neal** of March AC (13<sup>th</sup>) in 39:40.

##### **Garstang 10K: April 22<sup>nd</sup>**

**Dave Randall 75<sup>th</sup> 52:34.** First of 123 was **Stephen Chew** of Wharfedale Harriers in 35:38 and first lady was **Melanie Hyder** of Helm Hill Runner (9<sup>th</sup>) in 39:17.

##### **Trafford AC Medal Meeting: April 22<sup>nd</sup>**

**U11B** James Smith **75m** 3<sup>rd</sup> 12.88; **600m** 3<sup>rd</sup> 2:00.89; **LJ** 1<sup>st</sup> 3.43m. **Sam Wise 75m** 2<sup>nd</sup> 12.29; **150m** 2<sup>nd</sup> 25.24; **LJ** 2<sup>nd</sup> 3.39m **PB**.

##### **Greater Manchester Marathon: April 29<sup>th</sup> Ribble**

**Perry Mann 65<sup>th</sup> 2:58:57 1:27:29; Jeff Wright 2471<sup>st</sup> 4:16:37 2:01:35.** First of about 4½ thousand was **Dave Norman** of Altrincham/Sale Harriers in 2:24:50 and first lady was **Shelley Childs** of Aberystwyth (85<sup>th</sup>) in 3:00:10.

##### **Fleetwood 10 Mile Road Race: April 29<sup>th</sup>**

**Uber Cirelli 10<sup>th</sup> (3<sup>rd</sup> MV40) 1:04:16; Dave Randall 51<sup>st</sup> (4<sup>th</sup> MV50) 1:22:03.** First of 101 was **Stewart MacDonald** of Bingley Harriers & AC in 57:51 and first lady was **Claire Bunce** of Red Rose Runner (16<sup>th</sup>) in 1:08:42.

### **Athletic Profile – Sebastian Coe (Part 1)**

As the **London Olympics** approach, I thought it would be apt to write a profile of the **Chairman of the London Organising Committee for the Olympic Games**. Together with **Steve Ovett** and **Steve Cram** they dominated the world of 1980s Middle Distance athletics – a golden age for Britain.

**Sebastian Newbold Coe** was born in Chiswick, London on September 29<sup>th</sup> 1956. His parents were **Percy 'Peter' Coe** and Tina Angela Lal. Seb Coe was brought up in Sheffield and attended Tapton and Abbeydale Grange schools and studied economics and social history at Loughborough University. For the whole of his athletic career he was coached by his father Peter, who had been a competitive club cyclist, before teaching himself all there was to know about track coaching. His son was slim and relatively undersized, but Peter's perception of Seb's athletic potential and his training regime, although viewed with suspicion by other coaches, was successful.

Sebastian's career will be remembered, mainly for his world records and Olympic medals, but also for his rivalry with **Steve Ovett**. He first ran against Steve in 1972 in a schools cross country, which neither won.

*(To be continued)*