



WYLDEFYRE

June 2012 No 25



Contributions & Comments to [davidwood61@hotmail.co.uk](mailto: davidwood61@hotmail.co.uk)

BWFAC Events **Mid Lancs Interclub & Club**
Champ Fell Races **English FR Champ Inter-**
club Races **Club Champ Lancs, Northern or**
National Events **YAL League** **NA League**
Sportshalf League

FORTHCOMING EVENTS DIARY

Abbreviations & Key: Club Champ races are marked with asterisks; **ICoun** – Inter Counties; **HM** – Half Marathon; **TR** – Trail Run; **FR** – Fell Race; **MT** – Multi-Terrain; **CE** – Combined Events; **NA** – Northern Athletics; **YAL** – Young Athletes League; **EIS** – English Institute of Sport; **ESAA** – English Schools Athletic Association; **BUSA** – British University Sports Association; **BMAF** – British Masters Athletic Federation; **NVAC** – Northern Veterans Athletic Club; **CAU** – UK Counties Athletic Union; **IAAF** – International Association of Athletics Federations; **IAU** – International Association of Ultrarunners; **CH** – Club Handicap; **IC** – Inter Club; **CBP** – Championship Best Performance; **Ch** – Championship; **CC** – Club Championship; **JR** – junior races; **U** – under; **V** – vet; **ncr** – new club record since merger in 2006; **CR** – new club record including records set under Blackpool & Fylde AC and North Fylde AC; **CR** – course record **HJ** – High Jump; **LJ** – Long Jump; **DT** – Discus; **SP** – Shot; **PV** – Pole Vault; **H** – Hurdles; **h** – heat; **F** – Final; **c** – chip; **i** – indoor; **m** – metres; **M** – Mile; **K** – Kilometre; **'** – feet; **dq** – disqualified; **w** – wind speed; **S** – swim; **R** – run.

Foreword: May was a very busy month on the athletic front. The first weekend featured the initial Northern League and Young Athletic League meetings. Although the Senior meeting was at home there was disappointing support from our athletes, but still managed third place. The competition at the YAL proved to be tough and the team did well to come away with 4th place. However two weeks later in the meeting at Sheffield we were a distant sixth. The main reason for this was a combination of Play-off Final at Wembley and school exams. In between there was a successful Lancashire Championships at the Blackpool Track.

On the road it was a disappointing 5th in the Open at the St Annes Inter Club. However our Ladies proved to be equal to atrocious weather conditions, with first place. In the Fishwick Club Trail Championship John Wright retained his title and Bev Wright (no relation) won the Lady's.

02/06/12	Mid Lancs T&F League	Blackburn & Catforth Canter 5K
02 to 04/06/12	England/Northern Senior & U20 T&F Champs	Birmingham
03/06/12		Longridge Lions 7M
03/06/12		Warrington Open T&F & Rossendale Triathlon
04 & 05/06/12		Trafford Open T&F & Grand Prix Sprints/Hurdles/Jumps
06/06/12	Club Handicap	New Road
06/06/12		Blackburn 2012 Olympic Celebration Open T&F Witton Park
06/06/12		Chorley 4.4M TRI & Tom Pink Young Athlete Event Sportscity
07/06/12		Cuerden Valley 10K TR Bamber Bridge
09 & 10/06/12		Welsh Castle Relay
10/06/12		Morecambe 10K & Burnley Boys 10K
12/06/12		Trafford Grand Prix Distance/Throws
13/06/12	*Preston Harriers Inter Club	
14 to 17/06/12		Mini Tour of Horwich (Two Lads FR 5.25M/900', 10K TR & 5K)
16/06/12	Lancashire Schools Championship	& Gt Langdale TR
16 & 17/06/12	Aviva World Trials U20 & U23 Champs	Bedford
17/06/12	B'pool Community Sports Council 5K Fun Run & U11 2012m	
17/06/12	*Freckleton HM	Civil Service Champs & YAL League Leeds
19/06/12		Lancaster Girls Grammar School Supper Run & Chernobyl 5K
20/06/12		Horwich Jubilee Series 5M, Hawkshead 10K & Warrington 10K
21/06/12	*Aggies Staircase FR	4M/1148' Darwen
22/06/12		Chorley Park Series (3/4)
22 to 24/06/12	Aviva Olympic Trials & UK Champs	Birmingham
23/06/12	Mid Lancs T&F League	Hyndburn
24/06/12	*Sotos 10K Fleetwood & Lancaster Castle Marathon	
24/06/12		Trawden 7M TR, Manchester 10K & Penny Lane Striders 10K
25/06/12	SPAR Lancashire Primary School Games	
26/06/12		Trafford Grand Prix Distance/Throws
27/06/12		Harrock Hill FR
27/06-01.07/12	European Athletic Championship	Helsinki FIN
30/06/12	NA ICoun Championship	Wigan
30/06/12	English Schools T&F Cup Final	Fairclough 5M & Lancaster 5K
30/06-01/07/12		Combined Events Sen/U23 International Hexham
30/06-01/07/12	BMAF Champs	
01/07/12	Northern League Match 3	Ellesmere Port
01/07/12	BMAF Throws Pentathlon Champs	Copthall
01/07/12		5K Fun Run Morecambe & Jeffrey Hill 10K Longridge
02/07/12		SPAR Lancashire Secondary School Games
03/07/12		Trafford Grand Prix Sprints/Hurdles/Jumps
04/07/12		Chorley 4.4M TR (3/4)
05/07/12		SPAR Lancashire Disability School Games
05/07/12		Cuerdon Valley Badger 10K TR & Ronhill Manchester 5K
06/07/12		Chorley Park 5M (4/4) & Golf Ball FR Burnley
06 & 07/07/12	Aviva English School T&F Championship	Gateshead
07/07/12		Tockholes FR Darwen & Catforth Canter 5K (2/3)
08/07/12	*Lytham St Annes Carnival 5K & Catforth 10K	
10/07/12		Trafford Grand Prix Distance/Throws inc NA U20 3000m
10 to 15/07/12	IAAF World Junior Champs	Barcelona SPA

Although there was a stronger squad for the second Northern League match at Wavertree in Liverpool, the team could only manage fourth place.

June is also busy in T&F with two Mid Lancs meetings at Blackburn and Hyndburn and the final YAL League match at Leeds. On the road there is the Preston Inter Club and two club Championship races: Freckleton Half Marathon and Sotos 10K in Fleetwood.

April's Athletes of the Month

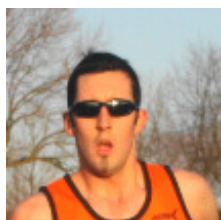
This month's female recipient is Jess



O'Neill for her Track & Field efforts at the first **Mid Lancs T&F meeting**, where

she was second in the 100m, first in the 200m and part of the first placed 4x100m Relay squad. (Since April Jess has been crowned Lancashire Champion in both the 200m and 300m and has made valuable performances at both of the Young Athletes League meetings, during May).

The male recipient is **Perry Mann** for



his runs in the **Bungay Half Marathon**,

where he was sixth in a PB of 81:27 and 65th in a wind and rain lashed **Greater Manchester Marathon** in a sub 3 hour PB of 2:58:57.

11/07/12	Haig Hall 4M & Royton TR Oldham
12/07/12	Caldervale Village Supper Run 3.8M & Lancaster Summer 5K
14 & 15/07/12	Northern Athletics U20 U17 & U15 T&F Championship Hull
15/07/12	Chernobyl 10K, Windmill HM Lytham & Hurst Green 5M TR
16/07/12	*Wesham RR Inter Club
18/07/12	*Lancaster & Morecambe 10K & Horwich Jubilee 5M (3/4)
21/07/12	Mid Lancs T&F League Lancaster & Elswick Express 10M
21/07/12	Super 8 Semi-Final T&F Blackpool
21 & 22/07/12	BMAF T&F Champs Moorways Stadium Derby
24/07/12	Trafford Grand Prix Distance/Throws
25/07/12	Harrock Hill Race
27/07/12	Lancs Fire Relay Blackpool
29/07/12	YAL League Semi Final & Wigan & Cliviger 6M Burnley
31/07/12	Trafford Grand Prix Sprints/Hurdles/Jumps
02/08/12	*Badger 10K TR Bamber Bridge
03 to 11/08/12	Olympics Athletic programme
05/08/12	Northern League Match 4 Ellesmere Port
04 & 05/08/12	England/Nth CE U17 & U15 Championships Stoke
07/08/12	Trafford GP Dist/Throws & NA SW/U20W Steeplechase Chase
11/08/12	Mid Lancs T&F League Preston
11 & 12/08/12	McCains Jump & Throws Fest
15/08/12	*Chorley Inter Club
16 to 25/08/12	European Vets T&F Chps Zittau GER Bogatynia Pol Hradek CZE
18 & 19/08/12	England/ Nth Athletics U17 & U15 Championships Bedford
25/08/12	Mid Lancs Medal T&F B'pool & Chipping Show FR 7.5M/1801'
25 & 26/08/12	T&F CAU Inter Counties Championship
31/08-09/09/12	Paralympic Athletics programme
01 & 02/09/12	Auxiliary & Main Finals respectively Sportscity
05/09/12	*Red Rose RR Inter Club
08/09/12	Northern League Division 2 Promotion Match Cleckheaton
09/09/12	T&F Open & Autumn 5K Stanley Park Track Blackpool
22/09/12	Northern Athletics 6/4 & Young Athletes Road Relays Leigh
23/09/12	BWFAC T&F Open Stanley Park Track Blackpool
30/09/12	*Run Preston 10K
06/10/12	20 th TAAF World HM Champs Kavarna BUL
07/10/12	*Lytham Hall 5K
13/10/12	ERRA 6/4 Stage & Young Athletes Relays Sutton Park B'ham
21/10/12	*Green Drive 5M Lytham
28/10/12	*Preston Guild HM/Marathon/5K (11-17yrs)
16/11/12	2012 Presentation Night Hilton Hotel

REPORTS & RESULTS

Update:

Last month John Winter's London Marathon result was omitted. John was 17794th (19th V70) in 4:26:50 (Halfway 2:02:18).

Full result for Perry Mann in the Greater Manchester Marathon: 65th in 2:58:57, chip 2:58:46 **PB**.

Club Handicap: New Lane May 2nd

CH

Graham Davies 27:08; Liam Craine 22:01; Mike Maume 26:20; Dave Williamson 22:01 **PB**; Kevin Woods 26:21;

Duncan Richardson 25:08; Peter Gibson 25:38; Anthony Blight 27:10; Reg Smallbone 25:42; Karen Dunford 27:48; Bev Wright 24:20 (**V50 Record**); Gary Johnston 24:38; John Bradley 30:55; Tony Airnes 27:57; John Winters 30:03; Dave Randall 29:04; Rab Green 29:35 **PB**; Steve Green 27:07; Vicky Robinson 29:52; Nick Hume 29:22; Steve Lang 25:26; Tony Croft 29:59; Hilary Goorney 35:49; Martin Bates 30:07. Timekeeper: Liz Airnes. Helpers: Sharon Randall, Perry Mann & David Wood.

A pleasant evening with a light breeze provided good conditions for running. There were two PBs by Dave Williamson and Rab Green and a new **V50 record** by Bev Wright.

BUCS Championships: Olympic Stadium London

May 4th - 7th

BUCS

Katy Wyper (U20W) **SW 100m h6** (w -0.5) 3rd 12.71, **SF1** (+0.9) 6th 12.91; **200m h5** (w -0.8) 3rd 26.44 Q, **SF3** 8th 26.80. **Lucy Mansfield** (U23W) **200m h3** 3rd (w -0.3) 25.71 Q, **SF3** (w -0.3) 5th 25.76. Former members: **Hannah Dickson** (U23W) **HJ SW B** 4th 1.63m q, **F** NH. **Katie Holder** (U23W) **SP SW A** 15th 8.39m nq; **JT SW A** 12th 24.07m.

Hameldon Hill Race: 1109'/6M May 6th

CCF

Jeff Wright 130th 57:29; **Peter Gibson** 151st 60:24. First of 203 was **Brendon Taylor** of Rossendale Harriers in 38:14 and first lady was **Amy Green** of Keighley & Craven AC (24th) in 44:14.

Northern League Div 2: Blackpool May 5th

NA

It was warm and sunny, but with a northerly breeze, which made it quite cool when it clouded over. In the first fixture of the league season, sadly it was a threadbare team, especially from a track prospective and consequently there were several events which were not contested. In past years the team has been strong in the **Sprints**, but with Katy and Lucy competing in the **BUCS Championships** at the **Olympic Stadium**, this section was somewhat weakened.

The **Middle Distance** was almost non-existent, with just **Lydia Critchley** and **Daniel Quarmby** performing well. **Claire Irons** stepped into the breach and scored some valuable points by competing in a total of six events. In the 5000m **Stuart Robinson** was due to compete, but his hamstrings were still tight and wisely decided to withdraw. However **Adam Weightman** ran well to take third place.

In the **Field** the team was much stronger with many good performances. To pick out two athletes; **Katrina Kelly** scored PBs in both the **Shot Putt** and **Pole Vault** and **Dave Shaw** continue his progress in the throwing events winning the **'B' Hammer** and a PB in the **Shot Putt**. Saturday marked the welcome return to competition of **Rochelle Hearsom** in the **sprints** and **Chris Davies** in the **Pole Vault**, **Long** and **Triple Jumps**.

Ladies: **Rochelle Hearsom** (SW) **100m 'A'** 5th 13.5; **200m 'A'** 1st 26.5. **Laura Gillhespy** (SW) **200m 'B'** 1st 26.5; **400m 'A'** 2nd 59.6. **Lydia Critchley** (U20) **800m 'A'** 1st 2:17.0. **Claire Irons** (SW) **800m 'B'** 5th 3:48.3; **1500m 'A'** 4th 7:51.6; **HT 'B'** 4th 19.12m; **DT 'A'** 4th 12.76m; **JT 'A'** 5th 11.28m; **SP 'B'** 5th 5.22m. **Alicia Johnston** (U20) **100mH 'A'** 2nd 18.0. **Natasha Johnston** (U20) **100mH 'B'** 1st 18.4 **PB**; 3.94m **TJ 'B'** 1st 9.16m. **Louise Harrison** (U20) **400mH 'A'** 2nd 80.5. **Chloe Needham** (U20) **HT 'A'** 1st 38.73m. **Katrina Kelly** (U17) **SP 'A'** 3rd 8.97m **PB**; **PV 'B'** 1st 2.40m **PB**. **Taegan O'Hara** (U17) **LJ 'A'** 4th 4.57m; **TJ 'A'** 3rd 9.51m. **Josette Green** (U17) **HJ 'A'** 4th 1.45m **PB**. **Loryn McCrudden** (U20) **PV 'A'** 1st 2.50m. **4x100m** 2nd 50.2 (**Hearsom, Gillhespy, McCrudden & Green**).

Men: **Simon Wells** (SM) **100m 'A'** 5th 11.6; **200m 'A'** 5th 23.7. **Dominic Broughton** (U20) **100m 'B'** 5th 11.6 5th 11.6; **LJ 'A'** 4th 5.90m **PB**. **Alex Bale** (SM) **400m 'A'** 1st 50.4. **1500m 'A'** **Daniel Quarmby** (U20) 3rd 4:24.4. **Adam Weightman** (U20) **5000m 'A'** 3rd 17:33.5. **Syd Bashforth** (V50) **HT 'A'** 5th 32.17m; **SP 'B'** 4th 9.10m. **Dave Shaw** (SM) **HT 'B'** 1st 29.22m; **DT 'B'** 3rd 28.91m; **SP 'A'** 3rd 10.38m **PB**. **Dave Myerscough** (V65) **DT 'A'** 4th 28.58. **Dave Turner** (SM) **JT 'A'** 3rd 46.63m. **Chris Davies** (SM) **LJ 'B'** 4th 5.26m; **TJ 'B'** 2nd 10.32m **PB**; **PV 'B'** 2nd 2.80m. **Adam Snape** (U20) **TJ 'A'** 1st 12.95m; **HJ 'A'** 2nd 1.85m. **Matt Walker** (U20) **HJ 'B'** 2nd 1.60m **PB**; **PV 'A'** 3rd 3.20m. **4x100m** 2nd 45.5 (**Snape, Bale, Broughton & Wells**).

Match Result:

Club	League Points	Match
St Helens Sutton AC	6	377.0
West Cheshire AC	5	360.0
BWFAC	4	281.0
Liverpool Harriers & AC	3	270.0
Liverpool Pembroke Sefton Harriers & AC 2		259.0
Wirral AC	1	222.0

YAL League: Preston May 6th

YAL

It was a bright and sunny day with occasional cloud and in the sun it was quite warm. The **YAL** had been reorganized and **BWFAC** was now in a group with **Preston Harriers, City of Sheffield AC, Leeds City AC, Chesterfield & D AC and Lancaster & Morecambe AC**. It looked a tough group with three strong city teams – and so it proved. In the end we just managed to finish in fourth place, which was probably as good as could be hoped for. There were races and field events which we did not contest and this makes the performances of the athletes who were there, all the more impressive.

Both our under 13 teams had several debutants, who had qualified from our under 11 ranks and they performed exceptionally. In the **800m** debutant **George Robinson** had an excellent win and **Jake Brown** won the **'B'** race in faster time as he was chased to the line by **Kaya Walker** of Sheffield. In the **High Jump**, **Jerome Jolly** won with a PB of 1.35m. In the older categories there several noteworthy performances, in particular from **Fiona Hockey** who registered another **grade one** performance to win the **under 15 Pole Vault** with 2.80m and **Kate Lawler** who registered **grade 2** performance a won the **300m** a PB of 42.1. Also worthy of mention is **Luis Blyth** who won the **Triple Jump** with a PB of 12.01m and also competed in the **Long Jump**, **400m** and ran the third leg of the **4x400m Relay**.

U13B: **100m 'A'** Will Holmes 3rd 14.8. **200m 'A'** Jake Brown 5th 32.0 **PB**; **'B'** Callum Hogarth 33.4. **800m 'A'** George Robinson 2:41.6; **'B'** Jake Brown 1st 2:37.8 **PB**. **1500m 'A'** Christian Linton 3rd 5:12.4 **PB**; **'B'** Jerome Jolly 5:20.9 **PB**. **75mH 'A'** Will Holmes 5th 17.1. **LJA'** Will Holmes 4th 3.61m; **'B'** Jake Brown 3rd 3.38m. **HJA'** Jerome Jolly 1st 1.35m **PB**; **'B'** Christian Linton 4th 1.10m. **SPA'** Christian Linton 6th 4.92m; **'B'** Jerome Jolly 6th 4.58m **PB**. **4x100m** dq Sydney Sullivan, Linton, Hogarth & Holmes.

U13G: 75m `A` Jessica Aziz 5th 12.1 **PB**; `B` Lydia Gray 5th 12.1. Hannah Maskill 15.8. **150m** `A` Hannah Maskill 6th 23.9; `B` Jessica Aziz 24.9 **PB**. **800m** `A` 3rd Hannah Eadie 2:44.9 **PB**. **70mH** `A` Hannah Maskill 3rd 16.3; `B` India Rogers 4th 15.9 **HJ** `A` India Rogers 6th 1.05m. **LJ** `A` India Rogers 3.04m **PB**; `B` Hannah Maskill 5th 2.84m. **SP** `A` Lydia Gray 3rd 5.75m; `B` Katy Laycock 4.05m. **4x100m** 5th 64.5 Maskill, Gray, Katy Laycock & Aziz.

U15B: 100m `A` Rory Anderson 4th 12.6; `B` Nick Aziz 2nd 12.8. **200m** `A` Ollie Tomlinson 6th 29.5; `B` Thomas Matthews 3rd 30.1. **300m** `A` Rory Anderson 2nd 39.4 **PB**; `B` Nick Aziz 1st 42.2 **PB**. **800m** `A` Thomas Matthews 4th 2:33.8; `B` Kieran Chell 4th 2:57.8. **80mH** `A` Ollie Tomlinson 5th 15.9. **HJ** `A` Nick Aziz 2nd 1.55m **PB**; `B` Dom Lavelle 2nd 4.82m. **PV** `A` Dom Lavelle 1st 2.60m. **LJ** `A` Ollie Tomlinson 2nd 4.64m; `B` Dom Lavelle 3rd 4.13m. **SP** Harry Mercer 5th 8.20m; `B` Ciaran Johnson 3rd 7.56m. **DT** `A` 6th Louis Walker 16.69m **PB**. **JT** `A` Louis Walker 4th 25.86m; `B` Ciaran Johnson 2nd 19.56m. **HT** `A` Louis Walker 5th 18.13m **PB**; `B` Ciaran Johnson 6th 5.21m **PB**. **4x100m** 3rd 58.9 Mercer, Lavelle, Thomas Matthews & Tomlinson.

U15G: 100m `A` Jess O'Neill 4th 13.2 **PB**; `B` Amber Swinnerton 13.2 **PB**. **200m** `A` 3rd Jess O'Neill 27.1 **PB**; `B` Jordan Dixon 2nd 27.9. **300m** `A` 1st Fiona Hockey 44.2; `B` Annie Bradshaw 3rd 45.8. **800m** `A` Beth Everson 3rd 2:29.5; `B` Annie Bradshaw 1st 2:29.6. **1500m** `A` Deni Impett 3rd 5:14.6 **PB**; `B` Jessica Rogers 5:23.7 **PB**. **75mH** `A` Beth Everson 5th 14.8 **PB**; `B` Ash Colvin 2nd 13.7 **PB**. **HJ** `A` Hannah Newell 2nd 1.40m; `B` Beth Everson 2nd 1.40m. **PV** `A` Fiona Hockey 1st 2.80m; `B` Hanna Newell 2.20m. **LJ** `A` Jessica Rogers 6th 3.98m; `B` Annie Bradshaw 6th 3.84m. **SP** `A` Jessica Rogers 6th 5.13m. **DT** `A` Louise Walker 6th 18.70m; `B` Harry Mercer 2nd 17.76m. **JT** `A` Jordan Dixon 2nd 24.04m **PB**. **4x100m** 2nd 52.8 O'Neill, Swinnerton, Dixon & Another.

U17M: 100m `A` Henry Taylor 2nd 11.8 **PB**; `B` Connor McCormick 3rd 12.0 **PB**. **200m** `A` Henry Taylor 3rd 24.0; `B` Connor McCormick 2nd 24.8 **PB**. **400m** `A` Michael Rietdyk 55.6 **PB**; Luis Blyth 2nd 54.8 **PB**. **800m** `A` 6th Shaun Kenny 2:21.2; `B` 2nd Michael Rietdyk 2nd 2:10.9 **PB**. **HJ** `A` Robbie Morris 4th 1.55m; `B` Ash Hails 4th 1.45m **PB**. **PV** `A` Jack Hails 3rd 2.50m. **LJ** `A` Luis Blyth 4th 5.41m. **TJ** `A` 1st Luis Blyth 1st 12.30m; `B` Jack Hails 2nd 10.09m **PB**. **SP** `A` Aaron Thomas 4th 7.69m; `B` Charlie McLaine 2nd 7.56m **PB**. **DT** `A` Aaron Thomas 3rd 23.40m **PB**; `B` Robbie Morris 2nd 21.91m **PB**. **HT** `A` 2nd Charlie McLaine 2nd 23.26m **PB**. **JT** `A` Robbie Morris 2nd 34.76m **PB**; `B` Charlie McLaine 2nd 24.14m **PB**. **4x100m** 4th 48.8 Taylor, McCormick, Ash & Jack Hails. **4x400m** 4th 3:57.2 McLaine, Rietdyk, Blyth & Morris.

U17W: 100m `A` Taegan O'Hara 4th 14.0; `B` Alicia Roylance 2nd 13.7. **200m** `A` Kate Lawler 2nd 26.9; `B` Sophie Laycock 3rd 31.4. **300m** `A` Kate Lawler 1st 42.1 **PB**; `B` Sophie Laycock 5th 50.1 **PB**. **800m** `A` Molly Betmead 5th 2:20.1 **PB**. **80mH** `A` Taegan O'Hara 4th 15.0; `B` Kate Lawler 3rd 16.9 **PB**. Lucy Minns 46.7. **PV** `A` Katrina Kelly 2nd 2.20m; `B` Alicia Roylance 1st 2.20m. **LJ** `A` Katrina Kelly 4th 4.34m. **TJ** `A` Taegan O'Hara 2nd 9.69m. **SP** `A` Katrina Kelly 3rd 8.52m. **DT** `A` 5th Alexandra Quarmby 13.15m.

HT `A` Rebecca Todd 1st 29.89m. **JT** `A` Alex Quarmby 3rd 13.62m **PB**; `B` Lucy Minns 3rd 10.93m **PB**. **4x100m** 2nd 53.5 O'Hara, Roylance, Kelly & Lawler.

Teams:

Team	Track	Field	Relays	Officials	Total
Pres	379	373.5	64	60	876.5
Sheff	381	381	60	60	762
Leeds	294	294	43	60	727
BWFAC	262	276	34	60	632
C'field	267	267.5	35	60	629.5
L & M	293	293	33	60	582

Preston Guild 5K: May 7th

John Oliver 34th 19:52 c 19:50; David Dyson 275th 25:44 c 25:30; Hilary Goorney 568th 31:57 c 31:10. First of 740 was Thomas Carson of Bolton United Harriers in 15:36 and first lady was Gema Adams of Preston Harriers (22nd) in 19:15.

2nd Inter Club (5M): St Annes, May 10th

Individual BWFAC Results: (Positions excludes guests; Perry Mann 11th 29:48; Jim Unsworth 15th 30:23;

Liam Craine 16th 30:39; John Oliver 25th (10th V) 31:25; Peter Broome 29th (12th V & 5th V50) 24:26; David Cairns 37th (19th V) 32:05; Bev Wright 49th (4th F, 28th V & 11th V50) 32:55; Bianca Pedersen 52nd (5th F & 1st JW) 33:30; Gemma Unsworth 58th (7th F) 33:49; Trevor Uttley 65th (39th V) Duncan Richardson 66th (39th V) 34:27; Steve Lang 81st (51st V) 35:17; Christian Sills 82nd 35:20; Dave Skinner 85th (53rd V & 19th V50) 35:29; Carolyn Robbins 93rd (13th F, 55th V & 20th V50) 35:36; Laura Lawler 91st (14th F & 57th V) 35:53; Peter Gibson 94th (60th V & 22nd V50) 36:03; Derek Crane 95th (61st V) 36:09; Mike Maume 97th (63rd V) 36:17; Stasia Bligh 102nd (17th F & 68th V) 36:31; Tanya Ashworth 103rd (18th F & 69th V) 36:33; Lucy Minns 104th (19th F & 2nd JW); Alison Titterington 116th (27th F, 80th V & 32nd V50) 37:58; Jamie Robinson 120th (29th F) 38:22; Karen Dunford 121st (30th F & 84th V); Bob Newman 122nd (85th V, 35th V50 & 6th V60) 38:33; Alan Wilkinson 129th (91st V, 38th V50 & 7th V60) 38:56; Dave Randall 130th (93rd V & 39th V50) John Bradley 133rd (95th V, 41st & 8th V60) 39:36; David Twizell 136th (98th V & 43rd V50) 40:00; Tony Croft 138th (100th V, 44th V50 & 10th V60) 40:09; Chris Bligh 149th (110th V & 49th V50) 41:13; Rab Green 162nd (120th V) 42:21; Jenny Ryan 164th (48th F, 122nd V & 52nd V50) 42:49; Norman Greenwood 170th (126th V, 54th V50 & 14th V60) 45:47; Hilary Goorney 184th (58th F, 138th V, 62nd V50 & 19th V60) 51:11.

Team Results:

Open: Preston Harriers 1st 217 pts; LSARRC 2nd 267 pts; Wesham RR 3rd 274 pts; Red Rose RR 4th 327 pts; BWFAC 5th 457 pts; Chorley Athletic & Tri 6th 633 pts.

Ladies: BWFAC 1st 43 pts; Preston Harriers 2nd 53 pts; Wesham RR 3rd 57 pts; LSARRC 4th 114 pts; Red Rose RR 5th 130 pts; Chorley Athletic & Tri 6th.

Vets: Red Rose 1st 72 pts; Wesham RR 2nd 81 pts; Preston Harriers 101 pts; BWFAC 4th 146 pts; LSARRC 5th 169 pts; Chorley Athletic & Tri 6th 219 pts.

Vet 50s: Wesham RR 1st 25 pts; Red Rose RR 2nd 39 pts; LSARRC 3rd 51 pts; BWFAC 4th 55 pts; Preston Harriers 5th 30 pts; Chorley Athletic & Tri 6th 169 pts.

Vet 60s: LSARRC 1st 16 pts; Wesham RR 2nd 20 pts; BWFAC 3rd 21 pts; Chorley Athletic & Tri 4th 39 pts; Preston Harriers 5th 44 pts; Red Rose RR 6th.

A wet and windy night proved to be a disappointing night for BWFAC with the Open squad only managing fifth, the lowest I can ever remember and the Vets and Vet 50 squads were fourth, with the Vet 60s finishing third. Stuart Robinson started, but had been suffering a tight hamstring and had to withdraw shortly after the start, although even if he had finished, it would not have affected the overall result as we were 130 points behind fourth placed Red Rose. However the bright spot on this dreary night was the Lady's team who finished in first spot – and of course the splendid buffet provided by LSARRC.

British Masters Road Relays: MRR

Sutton Park, Birmingham May 12th

Women's Over 35:

Team 5th of 17 Full teams 1:23:07; 1st Leg Carolyn Robbins 20:40; Bev Wright 19:40; Sarah Wetherill 20:36; Karen Dunford 22:11.

Men Over 45:

Team 22nd of 23 Full teams 2:06:56; Stuart Williams 19:12; Gary Johnston 20:11; Terry Westhead 22:35; Jeff Wright 22:05; Duncan Richardson 21:30; Terry Bradshaw 21:23.

Men Over 65:

Team 9th of 12 Full teams 1:09:50; Bob Newman 22:44; John Bradley 23:36.

Lancashire T&F Champs: May 12th & 13th LC

Championship Best Performances (CBP) are highlighted in red and the medallists as follows: gold, silver and bronze

Saturday:

U13G: 100m h2 Hannah Maskill 4th 14.8 PB nq. **70mH F** Hannah Maskill 6th 15.7. **1500m F** Ella Moulding 4th 5:27.5 PB.

U15G: 100m h1 Lauren Brooks 6th 15.0 PB nq; **h2** Amber Swinnerton 2nd 13.2 Q; Ellie Gibson 6th 14.7 PB nq; **h3** Jordan Dixon 1st 13.4 Q; Ella Potter 6th 14.8 nq; **F** Amber Swinnerton 2nd 13.1 PB; Jordan Dixon 5th 13.3 PB; **300m h1** Jess O'Neill 1st 43.4 Q; Beth Everson 2nd 45.4 Q; Jessica Rogers 5th 49.8 nq; **h2** Fiona Hockey 1st 44.3 Q; Annie Bradshaw 2nd 45.4 PB Q; Rebecca Terras 8th 52.8 PB nq. **F** Jess O'Neill 1st 42.6; Beth Everson 2nd 44.3 PB; Fiona Hockey 3rd 44.6; Annie Bradshaw 5th 45.9. **1500m F** Deni Impett 7th 5:07.4 PB; Jessica Rogers 11th 5:25.7; Rebecca Terras 16th 6:14.4 PB. **75mH h1** Ashya Colvin 3rd 13.3 Q; **F** Ashya Colvin 8th 17.1. **LJ F** Amber Swinnerton 4th 4.39m; Jessica Rogers 15th 4.04m. **JT F** Jordan Dixon 2nd 23.92m.

U17W: 100m h2 Josette Green 3rd 13.3 PB Q; Taegan O'Hara 4th 13.6; Katrina Kelly 6th 14.3 nq; **F** Josette Green

7th 13.7; Taegan O'Hara 8th 13.8. **300m F** Kate Lawler 2nd 42.9. **1500m F** Molly Betmead 2nd 4:49.6. **80mH** Taegan O'Hara 2nd 13.0 **LJ F** Josette Green 3rd 4.57m, PB Taegan O'Hara 4th 4.52m; Katrina Kelly 7th 4.19m. **JT** Alexandra Quarmby 5th 12.66m.

JW: 100m F Cassidy Knight 3rd 12.9; Brittany Shaw 5th 13.3; Alicia Johnston 6th 13.3. **100mH** Natasha Johnson 2nd 17.8 PB; Alicia Johnston 3rd 18.5.

SW: 100m F Lucy Mansfield 2nd 12.4. **400m F** Lisa Daley 4th 65.7.

U13B: 100m F William Holmes 5th 14.4 PB; **1500m F** Jerome Jolly 3rd 5:07.6 PB; George Robinson 4th 5:08.3 PB; **HJ F** Jerome Jolly 2nd 1.35m PB; **SP F** Jerome Jolly 3rd 5.47m PB; William Holmes 6th 5:06.

U15B: 100m h1 Dom Lavelle 3rd 13.5 Q; **h2** Harry Mercer 3rd 13.5 PB Q; **h3** Nick Aziz 1st 12.8 PB Q; **F** Nick Aziz 2nd 12.5; Dom Lavelle 6th 13.2; Harry Mercer 7th 13.6. **300m F** Rory Anderson 2nd 39.6; Oliver Tomlinson 7th 48.3 PB. **80mH F** Oliver Tomlinson 2nd 16.1 PB; **HJ F** Nick Aziz 1st 1.55m PB; Dom Lavelle 2nd 1.55m PB; **SP F** Harry Mercer 7th 8.00m PB; Louis Walker 10th 6.96m. **DT F** Louis Walker 8th 17.82m. **TJ F** Dom Lavelle 1st 9.65m.

U17M: 100m h1 Henry Taylor 3rd 11.6 PB Q; Ryan Scott 5th 12.0 nq; **h2** Jack Hails 6th 13.1 PB nq; **h3** Connor McCormick 3rd 11.8 PB nq; Robbie Morris 5th 12.4 PB nq; Ash Hails 7th 13.4 nq; **F** Henry Taylor 5th 11.6 PB. **400m h1** Jack Hails 6th 62.4 PB nq; **h2** Michael Rietdyk 2nd 54.9 Q; Luis Blyth 4th 55.7 Q; **F** Michael Rietdyk 4th 54.1 PB; Luis Blyth 8th 58.9. **HJ F** Robbie Morris 4th 1.55m. **TJ F** Luis Blyth 1st 12.14m; Jack Hails 6th 10.50m; Ash Hails 9th 9.24m. **DT F** Aaron Thomas 2nd 26.28m PB; Robbie Morris 5th 22.09m PB.

JM: 100m F Marcus Quarmby 3rd 52.1; **HJ F** 1st Adam Snape 1.85m; **HT F** Peter Bridge 3rd 33.57m.

SM: 100m F Simon Wells 5th 11.7. **400m F** Ted Romney 3rd 50.4; Alex Bale 2nd 50.8; **1500m F** Luke Minns 1st 3:56.9; **SP F** David Shaw 6th 9.27m; David Myerscough 7th 8.85m. **DT F** David Myerscough 6th 26.79m; David Shaw 7th 26.31m.

Sunday:

U13G: 200m h1 Hannah Maskill 5th 32.3; **h2** Jessica Aziz 2nd 30.0; Katie Laycock 6th 33.1 PB; **F** Jessica Aziz 4th 30.4 PB. **800m h2** Hannah Eadie 4th 2:41.9 PB; **F** Hannah Eadie 4th 2:47.1. **HJ F** Katie Laycock 3rd = 1.00m. **SP F** Katie Laycock 2nd 4.18m PB; India Rogers 4th 3.77m PB. **4x100m** 1st 64.1.

U15G: 200m h1 Jess O'Neill 1st 27.6; Lauren Brooks 6th 31.2 PB; **h2** Jordan Dixon 1st 28.0 Q; Amber Swinnerton 2nd 28.5 PB Q; **h3** Fiona Hockey 3rd 28.6 PB; Ellie Gibson 6th 31.2 nq; **F** Jess O'Neill 1st 27.2; Jordan Dixon 4th 27.9; Amber Swinnerton 6th 28.9; Fiona Hockey 8th 31.4. **800m h1**

Beth Everson 1st 2:32.7 Q; Rebecca Terras 6th 2:53.2 **PB**; **h2** Annie Bradshaw 2nd 2:33.5; Lauren Brook 8th 2:48.4 **PB**; **F** Beth Everson 4th 2:30.5; Annie Bradshaw 7th 2:34.0. **HJ F** Fiona Hockey 2nd 1.45m **PB**; Hannah Newell 6th 1:40m; Jessica Rogers 7th 1.40m **PB**; Beth Everson 8th = 1.35m; Annie Bradshaw 8th = 1:35m. **HT F** Jessica Rogers 8th 14.14m **PB**. **PVF** Fiona Hockey 1st 3.00m **PB** **CBP**. **4x100m** 1st 54.2.

U17W: 200m h1 Eleanor Robertson 4th 30.3; **h2** Kate Lawler 1st 27.2; Sophie Laycock 5th 31.8; **F** Kate Lawler 2nd 26.9. **800m F** Molly Betmead 3rd 2:21.4. **3000m F** Jodie Ferguson 4th 10:56.6. **TJ F** Josette Green 2nd 10.16m **PB**; Taegan O'Hara 3rd 9.84m **PB**. **SP F** Katrina Kelly 2nd 9.20m **PB**. **DT F** Alexandra Quarmby 9th 16.71m **PB**. **HT F** Rebecca Todd 1st 32.55m; Katrina Kelly 4th 21.80m **PB**. **4x100m** 1st 53.9.

JW: 200m F Alicia Johnston 3rd 27.8; Cassidy Knight 4th 28.3. **800m F** Lydia Critchley 2nd 2:27.8. **3000m F** Lauren Gowland 2nd 10:54.8. **DT F** Chloe Needham 1st 28.52m.

PVF Loryn McCrudden 1st 2.70m.

SW: 200m F Lucy Mansfield 1st 26.2; Laura Gillhespy 2nd 26.8. **PVF** Elena Mingas 1st 2.70m, Stacey Manning 2nd 2.60m. **4x100m** 1st 53.4.

U13B: 200m h1 William Holmes 2nd 30.1 **PB** Q; **h2** Sydney Sullivan 3rd 32.5; **F** William Holmes 4th 30.5; Sydney Sullivan 8th 33.4. **800m h1** Jake Brown 1st 2:42.9 Q; **h2** Jerome Jolly 2:42.7 Q; **F** Jerome Jolly 3rd 2:40.6 **PB**; Jake Brown 5th 2:43.6, **LJ F** Jerome Jolly 3rd 4.09m **PB**; William Holmes 7th 3.82m; Jake Brown 11th 3.61m **PB**. **JT F** William Holmes 3rd 25.62m **PB**; Jerome Jolly 7th 19.14m. **4x100m** 1st 61.1.

U15B: 200m F Rory Anderson 2nd 26.0; Dom Lavelle 4th 28.9. **LJ F** Dom Lavelle 3rd 4.77m; Harry Mercer 6th 4.24m **PB**. **JT F** Louis Walker 3rd 29.16. **PVF** Dom Lavelle 1st 2.95m. **4x100m** 1st 51.6.

U17M: 200m h1 Robbie Morris 6th 25.4 **PB** nq; Ash Hails 7th 28.8 nq; **h2** Henry Taylor 2nd 24.7 Q; Connor McCormick 4th 25.3; Jack Hails 6th 28.7; **F** Henry Taylor 5th 24.5. **LJ F** Luis Blyth 3rd 5.83m; Ash Hails 9th 4.74m **PB**; Jack Hails 10th 4.73m. **JT F** Robbie Morris 2nd 34.58m. **PVF** Jack Hails 2nd 2.50m.

JM: 200m F Oliver Hopkins 2nd 24.1; **PVF** Matt Walker 1st 3.00m.

SM: 200m F Alex Bale 3rd 23.2, Simon Wells 6th 24.4. **800m F** Luke Minns 1st 1:56.9.

Fishwick 5M Trail Race: Preston May 20th CC

John Wright 4th (2nd MV45) 30:00; Bev Wright 11th (1st F & 1st FV50); Tony Croft 18th (1st V60) 42:58. First of 31 was Rob Affleck of Preston Harriers in 28:41. This was the Club Trail Championship race, so John Wright and Bev Wright are Champions. A disappointing turnout for what is an excellent well organized race over a scenic course.

It was somewhat a disappointing turnout for this excellent race. Last year 13 **BWFAC** members competed and there was a total of 65 runners for the first running of this race.

YAL League: St Mary's College Sprinkhill Sheffield May 20th ML



It was a long journey to this new venue in the countryside near Sheffield, for the second **YAL** fixture. The squad was much depleted because of a mixture of the previous day's Play-off Final between Blackpool FC & West Ham United FC and the need for some members to revise for school exams. With so many personnel missing, it was not a surprise that **BWFAC** were relegated to sixth place.

However the athletes who competed performed with enthusiasm and there were several improved performances. In the **U15G Pole Vault**, Hannah Newell had a big outdoor improvement to 2.60m and is now ranked 18th in the **U15G Power of Ten** rankings. In the other PBs set, Jessica Aziz stands out, having made great strides in the **75m** and **150m** with a two big PBs.

Teams:

U13B: 100m 'A' Christian Linton 3rd 15.0 **PB**. **200m 'A'** Jake Brown 5th 32.1. **800m 'A'** Jake Brown 3rd 2:40.2. **1500m 'A'** Jerome Jolly 4th 5:09.2 **'B'** Christian Linton 2nd 5:10.3. **75mH 'A'** Jake Brown 4th 15.6. **LJ 'A'** Jerome Jolly 6th 4.00m. **HJA 'A'** Jerome Jolly 2nd 1.30m. **SP 'A'** Christian Linton 6th 4.99m.

U13G: 75m 'A' Jessica Aziz 4th 10.7 **PB**. **150m 'A'** Jessica Aziz 5th 22.5 **PB**; **'B'** Hannah Eadie 6th 24.1. **800m 'A'** 3rd Hannah Eadie 2:48.5; **'B'** Katie Laycock 3rd 3:01.6. **LJ 'A'** Katie Laycock 2.74m. **SP 'A'** Jessica Aziz 3.75m; **'B'** Hannah Eadie 6th 3.48m.

U15B: 100m 'A' Nick Aziz 6th 12.6; **'B'** Harry Mercer 5th 13.8. **200m 'A'** Ollie Tomlinson 6th 28.8 **PB**; **'B'** James Bamber 5th 28.7 **PB**; **'B'** Ollie Tomlinson 2nd 15.8. **300m 'A'** Nick Aziz 3rd 41.7 **PB**; **'B'** Samuel Matthews 4th 45.1. **800m 'A'** Samuel Matthews 4th 2:24.4. **1500m 'A'** Thomas Matthews 6th 5:12.8; **'B'** Keiron Chell 5th 6:10.7. **80mH 'A'** James Bamber 5th 14.8 **PB**. **HJA 'A'** Nick Aziz 2nd 1.60m **PB**; **'B'** Dom Lavelle 1st 1:55m **PB**. **PVA 'A'** Dom Lavelle 3rd 2.80m. **LJA 'A'** Dom Lavelle 2nd 5.00m **PB** **'B'** Ollie Tomlinson 4th 4.32m. **SP** Harry Mercer 5th 7.99m; **'B'** James Bamber 6th 6.23m **PB**. **DTA 'A'** Louis Walker 5th 16.68m; **'B'** Samuel Matthews 4th 15.34m **PB**. **JTA 'A'** Louis

Walker 4th 25.03m; **B'** Harry Mercer 1st 20.84m **PB**. **HT'A'** Louis Walker 5th 18.36m. **4x100m** 4th 53.0 Mercer, Lav-elle, Aziz, & Tomlinson. **4x300m** 4th 3:08.5 Chell, Samuel Matthews, Thomas Matthews & Walker.

U15G: 100m'A' Amber Swinnerton 13.2; **B'** Jess O'Neill 2nd 13.3. **200m'A'** 4th Jess O'Neill 28.1; **B'** Jordan Dixon 2nd 27.4 **PB**. **300m'A'** 1st Fiona Hockey 44.2; **B'** Annie Bradshaw 3rd 45.8. **800m'A'** Beth Everson 3rd 2:29.5; **B'** Annie Bradshaw 1st 2:29.6. **1500m'A'** Deni Impett 3rd 5:14.6; **B'** Jessica Rogers 5:23.7. **75mH'A'** Beth Everson 5th 14.8; **B'** Ash Colvin 2nd 13.7. **HJ'A'** Beth Everson 3rd 1.40m. **B'** Hannah Newell 1st 1.35m; **PV'A'** Hannah Newell 2.60m **PB** **B'**; Fiona Hockey 1st 2.30m; **LJ'A'** Beth- any Everson 3rd 4.48m **PB**; **B'** Amber Swinnerton 3rd 4.43m. **SP'A'** Amber Swinnerton 6th 6.38m; **B'** Fiona Hockey 6th 5.63m. **JT'A'** Jordan Dixon 2nd 24.04m. **4x100m** 2nd 52.8 O'Neill, Swinnerton, Dixon & Everson.

U17M: 100m'A' Charlie McLaine 12.5 **PB**. **PVA'** Jack Hails 4th 2.40m. **HJ'A'** Robbie Morris 6th 1.55m; **B'** Ashley Hails 6th 1.35m. **LJ'A'** Ashley Hails 5th 4.42m; **B'** Charlie McLaine 5th 2.05m. **TJA'** Jack Hails 5th 9.75m **B'** Ashley Hails 2nd 9.70m. **DT'A'** Robbie Morris 4th 21.60m. **HT'A'** 2nd Charlie McLaine 2nd 20.62m. **JT'A'** Robbie Morris 4th 34.69m. **4x400m** 6th 4:06.5 Ash Hails, McLaine, Jack Hails & Morris.

U17W: 100m'A' Taegan O'Hara 3rd 13.7. **200m'A'** Kate Lawler 2nd 26.9; **B'** Sophie Laycock 3rd 31.4. **300m'A'** Kate Lawler 2nd 42.5; **B'** Lucy Minns 2nd 46.8. **800m'A'** Molly Betmead 2nd 4:54.8. **80mH'A'** Taegan O'Hara 3rd 13.1; **B'** Kate Lawler 4th 17.5. **LJA'** Lucy Minns 5th 3.94m **PB**; **B'** Mollie Betmead 6th 2.77m **PB**. **TJA'** Taegan O'Hara 3rd 9.01m. **SP'A'** Alex Quarmbury 6th 4.27m. **DT'A'** 6th Alex Quarmbury 15.40m. **HT'A'** Alex Quarmbury 3rd 14.40. **JT'A'** Lucy Minns 4th 12.90m; **B'** Molly Betmead 3rd 12.72m. **4x100m** 4th 52.9 O'Hara, Lawler, Minns, Quarmbury.

Team	Track	Field	Relays	Officials	Total
Pres	435	435	54	60	893
Sheff	414	414	67	60	888.5
Leeds	306	335	53	60	754
C'field	289	303	53	60	697
L & M	291	293	35	60	610.5
BWFAC	165	198	23	60	446

Northern League Div 2: Liverpool May 26th **NA**

It was a hot day with a gusty wind, which seemed to come from different directions, depending on where one was in the stadium. It was a stronger squad, but sadly in the general home area of the rest of teams in the League, they were stronger as well. Also there were still gaps in out squad, with no hurdlers and often no 'B' competitors many point were lost.

Josette Green made great steps forward with PBs in both the Long and Triple Jumps. In the High Jump **Adam Snape** had a fascinating contest with Michael Bailiff of West Cheshire, with Adam equalling his PB of 1.90m and going very close to clearing 1.95m. (Michael cleared 1.95m on his final attempt and went onto set a new PB of 1.97m). **Matt**

Walker who was probably a little disappointed with his Pole Vault had success with a PB in the High Jump.

The heat made it difficult for the distance runners. **Carolyn Robbins** found it particularly tough in the 3000m. In the 5000m, **Perry Mann** in his League debut had a good run setting a PB and **Stuart Robinson**, showed that he is well on the road to recovery with a solid third place.

In this match we were able to contest all the relays. There were good performances with the Ladies winning the 4x400m relay and came second in the 4x100m. The men were third both relays.

Ladies: Lucy Mansfield (U23) **100m 'A'** 2nd 12.5; **200m 'A'** 1st 25.3. **Katy Wyper** (U20) **100m 'B'** 1st 13.0; **200m 'B'** 1st 26.4. **JT 'B'** 18.16m. **Megan Healey** (U20) **400m 'B'** 1st 62.2 **PB**. **Lauren Gowland** (U20) **800m 'A'** 2nd 2:27.3; **1500m 'A'** 3rd 5:01.5. **Carolyn Robbins** (V50) **3000m 'A'** 4th 12:11.7. **Josette Green** (U17) **HJ 'A'** 6th 1.30m; **LJ 'A'** 2nd 4.90m **PB**; **TJ 'A'** 2nd 11.11m **PB ncr**. **Lor-ryn McCrudden** (U20) **PV 'A'** 1st 2.70m. **Tanya Wright** (U20) **PV 'B'** 1st 2.10m; **SP 'B'** 3rd 4.84m **PB**. **Claire Irons** (SW) **SP 'A'** 4th 4.87; **DT 'B'** 4th 11.55m; **HT 'B'** 4th 20.73m; **JT 'A'** 5th 11.47m. **Chloe Needham** (U20) **DT 'A'** 2nd 24.54; **HT 'A'** 2nd 37.36m. **4x400m** 2nd 51.1 (**Green, Mansfield, Healy & Wyper**). **4x400m** 1st 4:14.9 (**Gow-land, Laura Gillhespy, Healey & Wyper**).

Men: Alex Bale (SM) **100m 'A'** 2nd 11.4; **200m 'A'** 2nd 22.6. **Simon Wells** (SM) **100m 'B'** 4th 12.3; **200m 'B'** 4th 24.4. **Ted Romney** (SM) **400m 'A'** 2nd 50.9. **Marcus Quarmbury** (U20) **400m 'B'** 4th 52.1. **Luke Minns** (SM) **800m 'A'** 1st 1:54.0; **1500m 'A'** 1st 4:02.3. **Adam Weightman** (U20) **1500m 'B'** 2nd 4:17.3. **Stuart Rob-inson** (SM) **5000m 'A'** 3rd 16:04.8. **Perry Mann** (SM) **5000m 'B'** 17:46.3 **PB**. **Adam Snape** (U20) **HJ 'A'** 2nd 1.90m **PB ncr**; **TJ 'A'** 1st 13.14m. **Matt Walker** (U20) **HJ 'B'** 1.70m **PB**; **PV 'B'** 2nd 2:80m. **Chris Davies** (SM) **PV 'A'** 5th 3.00m. **Dominic Broughton** (U20) **LJ 'A'** 4th 6.33m **PB**; **TJ 'B'** 2nd 11.61m. **Syd Bashforth** (V50) **SP 'A'** 4th 9.23m; **HT 'A'** 4th 32.63m. **David Shaw** (SM) **SP 'B'** 4th 8.71m; **DT 'A'** 5th 27.10m; **HT 'B'** 2nd 31.72m **PB**; **JT 'B'** 5th 18.91m. **Dave Myerscough** (V65) **DT 'B'** 5th 24.08m; **JT 'A'** 6th 22.99m. **4x100m** 3rd 45.3 (**Snape, Bale, Brough- ton & Simon Wells**). **4x400m** 3rd 3:41.6 (**Quarmbury, Weightman, Minns & Romney**).

Match Result:

Club	League Points	Match
West Cheshire AC	6	360.0
Liverpool Harriers & AC	5	270.0
St Helens Sutton AC	4	377.0
BWFAC	3	281.0
Liverpool Pembroke Sefton Harriers & AC	2	259.0
Wirral AC	1	222.0

Other Results:

Mt SAC Relays: Walnut CA USA April 21st

SM Carl Myerscough *SP* 6th 19.24m.

UCSD Triton Invitational: La Jolla CA USA April 28th

SM Carl Myerscough *DT* 7th 62.65m.

Trafford AC Grand Prix T&F: May 1st

Simon Wells SM *100m h4* 6th 11.93; *200m h3* 6th 24.06.

Andrew Stubbs SM (T45) *200m h6* 4th 27.85. Alex Bale SM *400m h1* 5th 50.15. Ted Romney SM *400m h2* 1st 50.78. Laura Gillhespy SW *400m h5 5th* 1:00.50. Daniel Quarmby U20M *800m h6* 4th 2:06.44 **PB**. Lydia Critchley U20W *800m h8* 4th 2:14.10.

Pendle Cloughs 14M/4101': Downham May 5th

Peter Singleton 36th 2:56:22. First of 80 was Tom Brunt of Holmfirth Harriers in 2:04:20 and first lady was Carol Life of Clayton-le-Moors Harriers (51st) in 3:21:08.

Scorton Bikes & Barrows 10K: May 6th

Uber Cirelli 8th (3rd MV40) 39:26. First of 109 was Robert Danson of in 36:34 and first lady was Emma Lund (19th) in 41:40 both of Wesham Road Runners.

Trafford Young Athletes Medal Meeting: May 7th

Races run in heats, overall positions shown.

U11B 600m James Smith 4th 1:59.57 PB.

U11G 600m Jessica Jackson 12th 2:09.98; Darcey Lonsdale 14th 2:12.47.

28th Waterloo 15K: Southport May 7th

John Bradley 165th 1:18:18. First of 312 was Richard Burney in 52:22 and first lady was Kirsty Langley of Liverpool Pembroke & Sefton AC (22nd) in 59:52.

Visa London Disability Athletic Challenge: Olympic Stadium London May 8th

Andrew Stubbs Claire Irons *100m T46* 4th 13.35; *200m T46* 4th 26.75. (Shelly Woods *400m T54* 1st 59.13; *800m T54* 1st 1:58.08).

Sainsbury School Games: Olympic Stadium London May 9th

Jodie Ferguson *3000m* 8th 11:18.64.

Fairfield Horseshoe FR: May 12th

Peter Singleton 119th 1:51:14. First of 291 was Rhys Finlay-Robinson of Dark Peak in 1:19:18 and first lady was Karen Robertson of Northumberland FR (76th) in 1:43:36.

Blackpool 10K Fun Run: May 13th

Steve Waterhouse 2nd 34:32; Andrew Woodward 4th 34:59; Uber Cirelli 23rd 37:39; Liam Craine 26th 37:52; Peter Broome 27th 38:02; John Oliver 28th 38:09; David Skinner 114th 42:15; Laura Lawler 204th 44:30; Luke Wood 217th 44:45; Ian Close 278th 45:45; Alan Wilkinson 355th 47:00; Chris Bligh 461st 48:30; David Twizell 501st 49:15; Norman Greenwood 854th 53:00; Colin Dyczka 1327th 57:45.

Above is the list of members who I've extrapolated from the results in the Gazette. I may have missed someone as the results did not show clubs. Apologies if this has happened. Particularly impressive was **Steve Waterhouse**,

who came second behind **Thomas McDonald** (34:25) of Bellahouston Harriers. **Andrew Woodward** was 4th in 34:59.

British Biathlon Champs: Sutton Coldfield May 13th

Boys: Youth A Adam Weightman 3rd 2393 pts (S 2:14.37 R 4:26.57). **Youth B** William Eccleston 4th 2397 pts (S 2:12.82 R 4:33.58. **Youth C** Samuel Matthews 13th 2371 pts (S 1:04.69 R 5:05.74). **Girls Youth B** Lucy Whalley 12th 2064 pts (S 2:31.91 R 5:16.10).

Trafford Grand Prix: May 15th

Simon Wells *100m h3* 12.01; *200m h2* 4th 24:18. Alex Bale *400m h1* 4th 50.84. Oliver Hopkins *400m h2* 1st 52.19.

BMC Nike Grand Prix: Sportcity May 19th

Luke Minns *1500m D* 7th 3:51.16.

Greater Manchester 10K: May 20th

Claire Irons 19173rd 1:03:51 (5K - 30:06). First was Haile Gebrselassie in 27:39 and first lady was Werknesh Kidane in 31:19 both from Ethiopia.

St Annes Triathlon: May 20th S 400, B 12M, R 5K

Andrew Woodward, Perry Mann & Vicky Robinson all competed, but there were problems with the results. Hopefully if they are corrected full results will be in Wylde-fyre next month.

Junior 11-12 years (S 200m, B 6K, R 1.8K)

George Robinson 6th 26:15 (S 9th 4:40, B 9th 13:45, R 6th 7:50); William Holmes 23rd 31:11 (S 37th 6:28, B 29th 15:53, R 20th 8:50).

Hutton Roof Crag FR: May 26th

Peter Singleton 53rd 1:08:25; Stuart Williams 61st 1:10:14; Gary Johnston 62nd 1:10:20; Jeff Wright 137th 1:22:22; Peter Gibson 157th 1:27:15; Bernard Singleton 189th 1:38:10. First of 203 was Craig Roberts of Kendal Amateur AC in 49:23 and first lady was Melanie Hyder of Helm Hill Runners (12th) in 57:31.

Blue Light 5M: Bispham May 27th

Steve Waterhouse 2nd (1st MV40) 28:19; John Oliver 8th (2nd V40) 32:00; Peter Broome 9th (1st MV55) 32:11; Uber Cirelli 10th (3rd MV40) 32:31; Caroline Betmead 11th (1st F & 1st FV40) 32:46; Lucy Whalley 36th (1st U16F) 39:21; John Bradley 43rd (1st MV70) 40:02; David Twizell 66th 45:16; Rab Green 68th 45:20. First 101 of was Jason Parker of Preston Harriers in 28:02.

Blackpool Beach 10K: May 27th

Alan Wilkinson 29th (1st MV60) 45:51; Luke Biggs 44th 47:49; Norman Greenwood 85th (1st MV70) 54:26. First of 148 was Paul Singleton of Ambleside AC in 35:10 and first lady was Diane McVey of Wilmslow RC (8th) in 38:51.



The 4x400m Relay Squad after winning at Liverpool