



WYLDEFYRE

November 2012 No 30

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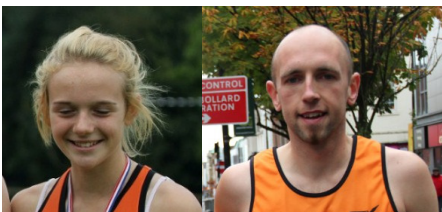
BWFAC Events **Mid Lancs Interclub & Club**
Champ Fell Races **English FR Champ** **Interclub**
Races Club Champ **Lancs, Northern or**
National Events **YAL League** **NA League**
Sportshall League

FORTHCOMING EVENTS DIARY

Abbreviations & Key: Club Champ races are marked with asterisks; **ICoun** – Inter Counties; **HM** – Half Marathon; **TR** – Trail Run; **FR** – Fell Race; **MT** – Multi-Terrain; **CE** – Combined Events; **NA** – Northern Athletics; **YAL** – Young Athletes League; **EIS** – English Institute of Sport; **ESAA** – English Schools Athletic Association; **BUSA** – British University Sports Association; **BMAF** – British Masters Athletic Federation; **NVAC** – Northern Veterans Athletic Club; **CAU** – UK Counties Athletic Union; **IAAF** – International Association of Athletics Federations; **IAU** – International Association of Ultrarunners; **CH** – Club Handicap; **IC** – Inter Club; **CBP** – Championship Best Performance; **Ch** – Championship; **CC** – Club Championship; **JR** – junior races; **U** – under; **V** – vet; **ncr** – new club record since merger in 2006; **CR** – new club record including records set under Blackpool & Fylde AC and North Fylde AC; **CR** – course record **HJ** – High Jump; **LJ** – Long Jump; **DT** – Discus; **SP** – Shot; **PV** – Pole Vault; **H** – Hurdles; **h** – heat; **F** – Final; **c** – chip; **i** – indoor; **m** – metres; **M** – Mile; **K** – Kilometre; **'** – feet; **dq** – disqualified; **ws** – wind speed

September's Athletes of the Month

The female recipient is **Hannah Newell** for her PBs in the Pole Vault at the Liverpool Jumps & Throws meet and in winning the High Jump at the **BWFAC** Open. The male recipient is **Liam Craine** for his performances on the Road and both for their support of Club events. Also nominated was **Laura Lawler**.



Foreward: The main focus was on the Road with the final three Club Championship races, making for a gripping conclusion. There was also the first Mid Lancs League XC race of the season. This month is the start of Sportshall and the European Trials XC.

- 03/11/12 **ECCA XC Relays** Mansfield
- 04/11/12 **Club Handicap** New Road
- 04/11/12 Lancaster HM, Derwentwater 10M & Cheshire HM
- 10/11/12 Red Rose XC Hyndburn
- 11/11/12 **Lancashire Sportshall League**, Blackpool & Windmill 10K
- 11/11/12 Dash Indoor Quadrathlon & U17 Open T&F Meeting
- 16/11/12 2012 Presentation Night** Hilton Hotel (see below)
- 17/11/12 NA Indoor Open EIS Sheffield & SE Lancs XC League
- 61st Brampton to Carlisle 10M Road Race** inc NA 10M Champ
- 18/11/12 Preston 10M & Leeds Abbey Dash 10K
- Mid Lancs XC**/European XC Trial Liverpool
- 24/11/12 Wesham 10K & Ravenstonedale Red 10K Kirkby Stephen
- 25/11/12 David Staff Memorial FR 5.1M/1200' & Best 5K Preston
- 01/12/12 Leeds Young Athletes Indoor Open, John Charles Centre
- 02/12/12 Guys 10M, Ulverston 10K & Bolton by Bowland FR 7.7M/801'
- Mid Lancs XC** Crooklands Kendal & NA Indoor Open Sheffield
- 09/12/12 Longridge 7M & Stockport 10M
- European XC Champs** Budapest HUN
- 15/12/12 Red Rose XC League Bolton & Great Langdale 10K (race 1)
- Club Xmas Predictor Races** Stanley Park
- 16/12/12 Great Langdale 10K (race 2) & Hurst Green 5M (TR)
- 23/12/12 Rudolf's Red Nose 5M (MT)
- 26/12/12 Boxing Day 10K Leyland & Shell Chester Round Walls 4.5M
- 27/12/12 Festive 5K Lancaster & Wansfell FR (2.1M/1329') Ambleside
- 30/12/12 **Ribble Valley 10K** inc Northern Athletics Champ Clitheroe
- 05/01/13 **Lancs XC Championship** Blackburn
- 05 & 06/01/13 **England Athletics** inc NA Sen & U20 Combined Events
- 12 & 13/01/13 **NA Indoor Champs** EIS Sheffield
- 12/01/13 **Mid Lancs XC** Hyndburn
- 13/01/13 **Lancashire Sportshall League**, Blackpool
- 26/01/13 **Northern Athletics XC Champs** Knowsley Liverpool
- 02/02/13 **British Universities XC Champs** Bodington Play Fields Leeds
- 09/02/13 **Mid Lancs XC** Lancaster University
- 17/02/13 **Lancashire Sportshall League**, Blackpool Sports Centre
- 23/02/13 **ECCA XC Champs** Sunderland
- 02/03/13 **Mid Lancs XC** Beacon Park Skelmersdale
- 09/03/13 **Inter Counties XC Championships** & Vault Manchester
- 23/03/13 **Northern 12 & 6 Stage Road Relays** Blackpool
- 24/04/13 **National Athletics 12 & 6 Stage Road Relays** Birmingham
- 25 & 26/05/13 **Lancs T&F Championship**

2012 Presentation Night

This year's Club Presentation Night will be held at the Hilton Hotel, Blackpool on Friday November 16th at 730 pm. Tickets will cost £13 for adults or £9 for under 18's and there will be a discount for families of four or more. To reserve tickets contact Nick Hume at nick.hume@tiscali.co.uk

REPORTS & RESULTS

Club Handicap: New Lane September 12th CH

Andy Smith 22:04; Graham Davies 26:18; Andrea Smith 26:58; Nick Hume 27:07; Dave Randall 27:37; Martin Bates 28:57; Karen Dunford 29:52; Tony Airnes 29:52; Tony Croft 32:52; Colin Dyczka 34:44. Timekeeper: Liz Airnes. Helpers: Sharon Randall & David Wood.

Mid-Lancs XC: Towneley Park Burnley Oct 6th ML

U11G Emily McNeill 2nd 8:00; Isabelle Woodman 3rd 8:05; Natalie Luczak 23rd 9:39; Caitlyn Preddy 9:45.

U11B James Smith 6th 7:49; Benjamin Preddy 7th 7:50; Jamie Jackson 18th 8:05; Tim Woodman 25th 8:18.

U13G Hannah Eadie 19th 12:31.

U13B George Robinson 7th 12:35.

U15B Deni Impett 4th 12:51; Annie Bradshaw 9th 13:27.

U15B Thomas Matthews 23rd 16:50; Samuel Matthews 27th 17:15; Declan Darnborough 33rd 17:49; Harry Mercer 41st 19:30. **Team** 5th 124 pts.

U17W Molly Betmead 1st 15:57; Kelly Smith 14th 19:08.

SW Lauren Gowland 8th (1st JW) 25:42; Stasia Bligh 28th (11th L35) 28:49; Andrea Smith 33rd (3rd L45) 29:06; Laura Lawler 44th (17th L35) 29:56; Alison Titterington 52nd (3rd L55) 30:23; Tanya Barlow 60th (22nd L35) 31:36; Karen Dunford 61st (12nd L35) 31:42; Hilary Goorney 103rd (11th L55) 40:11.

Teams: **SW 'A'** 5th 69 pts (3rd Division 1); **SW 'B'** 14th 156 pts (6th Division 3); **L35** 2nd 53 pts; **L45** 2nd 30 pts.

SM Luke Minns 4th 33:57; John Wright 27th (6th V40) 37:20; Daniel Quarmby 40th (4th JM) 38:46; Malc Eadie 44th (12th V40) 38:55; Trevor Uttley 47th (13th V40) 39:09; Andrew Smith 48th 39:11; Chris Lloyd 95th 42:30; Peter Broome 116th (28th V50) 43:49; Peter Singleton 133rd (36th V50) 45:17; Dave Randall 186th (55th V50) 50:57; Dave Dyson 189th (58th V50) 51:16; Bob Massey 191st (13th V60) 51:30; Bernard Singleton 210th (17th V60) 57:42; Norman Greenwood 215th (19th V60) 61:43.

Teams: **SM'A'** 3rd 208 pts (1st Division 2); **SM'B'** 18th 780 pts (4th Div 4); **V40** 3rd 82 pts (1st Division 2); **V50** 8th 91 pts; **V60** 3rd 49 pts.

Lytham Hall 5K: October 7th CC

Steve Waterhouse 1st (1st MV40) 16:45; John Wright 3rd (1st MV45) 17:03; Harry Poole 6th 17:45; Trevor Uttley 12th (3rd MV45) 18:41; Stasia Bligh 33rd (2nd F) 21:21; Phil Burke 35th (3rd MV50) 21:36; Nick Hume 36th (2nd MV55) 21:36; Alan Wilkinson (3rd MV60) 23:27. First lady was Zoe Gmerek of Sale Harriers (28th) 20:50.

The weekend's good weather continued, although underfoot it was part of the course was under water, despite the efforts of the Fire & Rescue Service.

Green Drive 5M: Lytham October 21st CC

Luke Minns 2nd 25:41 **PB**; James Mulvany 5th 27:09; Steve Waterhouse 8th (2nd MV40) 27:34 **PB**; James Unsworth 13th 28:47; Andy Smith 17th 29:43 **PB**; Trevor Uttley 20th (1st MV45) 30:10 **PB**; Adam Weightman 29th 32:07; Peter Broome 39th (2nd MV55) 32:07; Kevin Woods 62nd (3rd MV45) 34:36 **PB**; Stasia Bligh 63rd (10th F & 2nd FV35) 34:36; **PB**; Andrea Smith 69th (12th F & 3rd FV45) 35:01; Derek Crane 85th 35:52 **PB**; Peter Gibson 101st 37:17; Alison Titterington 103rd 37:29; Alan Wilkinson 107th 37:56 **PB**; Jeff Wright 118th 38:51; David Twizell 141st 41:09; John Winters 144th (1st MV75) 41:21; Bob Massey 163rd 42:26; Norman Greenwood 183rd (2nd MV70) 45:05; John Bradley 189th 45:29; Hilary Goorney 207th (3rd FV65) 48:59 **PB**. First of 259 was Antony Ford of Sale Harriers Manchester in 24:17 and first lady was Helen Booth of Lancaster & Morecambe AC (31st) in 31:10 **PB**. *PBs per Power of Ten.*

The weather was perfect with warm and still conditions and former **BWFAC** member Antony Ford set a very fast time. Luke Minns was also very pleased with his time, which was 38 seconds quicker than last year.

Preston Half Marathon: October 28th CC

John Wright 30th 1:25:02, c 1:24:59; Trevor Uttley 86th 1:31:50, c 1:31:44; Dave Randall 456th 1:49:30, c 1:48:26; John Winters 2:00:05, c 2:00:04; Dave Heaton 1302nd 2:08:41, c 2:05:49; Hilary Goorney 1534th 2:16:03, c 2:14:02. First of 2130 was Garry Pennington of Preston Harriers in 1:13:57 and first lady was Sarah Ridehalgh of Accrington Road Runners in 1:23:24.

Preston Marathon:

Dave Dyson 481st 3:58:44, c 3:57:51; Jeff Wright 634th 4:14:00, c 4:12:37. First of was Ben Fish of Blackburn Harriers in 2:21:33 and first lady was Emma Curtis-Smith of Bearbook (26th) in 3:00:20.

What a difference a week can make as it was a very wet, cold and breezy day, especially during the Marathon, where some runners were on the verge of hypothermia.

Other Results:

Autumn Breaker 10K: Stanley Park October 14th

Harry Poole 5th 36:58; Peter Tomkinson 52nd 44:52; Tanya Barlow 75th (12th F) 48:15. First of was Ian Grime of Newham & Essex Beagles in 33:21 and first lady was Sue Brown of Baildon Runners (7th) in 37:12.

Red Rose XC League: Blackburn October 20th

U11B Benjamin Preddy 6th 6:18. **U11G** Isabelle Woodman 3rd 6:36. **U13G** Hannah Eadie 12th 13:31. **SM** Malc Eadie 24th (4th MV40) 40:28; Daniel Quarmby 26th 40:39.

Amsterdam Marathon: October 21st

John Oliver 595th 3:06:38 c 3:06:21 **PB**. First of 10142 was Wilson Chebet of Kenya in 2:05:41.