



WYLDEFYRE

July 2013 No 38

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BWFAC Events **Mid Lancs Interclub & Club Champ Fell Races** **English FR Champ Interclub Races** **Club Champ Lancs, Northern or National Events** **U20/U17 Development League** **NA League** **Sportshall League**

Abbreviations & Key: Club Champ races are marked with asterisks; ICoun – Inter Counties; HM – Half Marathon; TR – Trail Run; FR – Fell Race; MT – Multi-Terrain; CE – Combined Events; NA – Northern Athletics; YAL – Young Athletes League; EIS – English Institute of Sport; ESAA – English Schools Athletic Association; BUSA – British University Sports Association; BMAF – British Masters Athletic Federation; NVAC – Northern Veterans Athletic Club; CAU – UK Counties Athletic Union; IAAF – International Association of Athletics Federations; IAU – International Association of Ultrarunners; CH – Club Handicap; IC – Inter Club; CBP – Championship Best Performance; Ch – Championship; CC – Club Championship; JR – junior races; U – under; V – vet; ncr – new club record since merger in 2006; CR – new club record including records set under Blackpool & Fylde AC and North Fylde AC; CR – course record NS – National Standard; Performance level for which Standard Badges are awarded at National Championships; ES – Entry Standard Minimum performance level normally required to be selected for a County Schools Team for National Championships; CS – County Standard; a good level of performance at a County Championship meeting; HJ – High Jump; LJ – Long Jump; DT – Discus; SP – Shot; PV – Pole Vault; H – Hurdles; h – heat; F – Final; c – chip; i – indoor; m – metres; M – Mile; K – Kilometre; ‘ – feet; dq – disqualified; ws – wind speed; **Medals** **Gold** **Silver** **Bronze**

Foreward: Championship, Track & Field and Road Running in full Speight – results on all.

Corrections/Omissions in June:

Last month's issue in the Lancashire T&F Champs Ash Colvin time in the **U15G 100m Final** is shown as 13.6. It was 12.9 and was a PB. Also the times posted by Kate Lawler in the **200m** and **300m Finals** should have also been shown as **English Schools Qualifying Times**. I thought there was only one David Cairns and I credited him with completing the **Fun Run** in 38:14. I was wrong this was David Cairns who works at Sweatshop – Apologies to both.

FORTHCOMING EVENTS DIARY

03/07/13	Club Handicap New lane
03/07/13	Chorley 4.4M TR (3/4) Astley Village & Lancaster 10K
04/07/13	Cuerden Valley Badger 10K TR (2/3)
05 & 06/07/13	English Schools Champs Birmingham
06/07/13	Catforth Canter 5K (2/3)
07/07/13	*St Annes Carnival 5K; Leigh Legacy 10K & Catforth 10K
07/07/13	NA T&F League Match 3 Blackpool (BBQ follows the action)
07/07/13	Coniston Trail HM/Marathon & South Lakes HM Allithwaite
10/07/13	Marshalling Race for Life , Blackpool Promenade
10/07/13	Endmoor 10K Kendal & Royton 5,5M Trail Oldham
10 to 14/07/13	IAAF World Junior Championships Donetsk UKR
12 to 14/07/13	British Athletics World Trials & UK Champs Alexander Stadium
13/07/13	Wasdale Horseshoe FR 21.1M/9022'
14/07/13	Windmill HM Lytham & Jeffrey Hill 10K Longridge
14 to 19/07/13	European Youth Olympic Festival Utrecht NED
16/07/13	Trafford Distance/Throws & NA U20 3000m Champ
17/07/13	Lancaster 10K & Todmorden Park 5K (1/4)
17/07/13	Wirral AC Track 10K & Sefton Park 5M Liverpool
17/07/13	Horwich Jubilee 4M Race
18/07/13	Caldervale Supper Run (3.8M)
18 to 20/07/13	European Junior Champs Rieti ITA
20/07/13	Northern Athletics Inter Counties Champs Hull
20/07/13	Elswick Express 10M & Blackpool Summer 10K
20 to 29/07/13	International Paralympic Athletic World Champs Lyon FRA
21/07/13	Mid Lancs League Sporting Edge Track Ormskirk
21/07/13	Bentham Beagles Bash 10K Lancaster
22/07/13	* Wesham RR Inter Club Salwick Club
23/07/13	Trafford Sprints/Jumps
24/07/12	Harrock Hill Race (3/4) Parbold
26/07/13	Lancashire Fire AC Relay (teams of 3)
26 & 27/07/13	British Athletics London Grand Prix
27/07/13	* Beetham Sports 5.8M/928' & Blisco Dash FR 5M/2133'
27/07/13	Lancaster 5K (3/5)
28/07/13	U20/U17 Development League Bebington
28/07/13	Kirkham Cricket Club Classic 10K & Towneley Park 6M Burnley
30/07/13	Welcome Tavern 5K Preston (4/4)
31/07/13	Harrock Hill Race Parbold
01/08/13	Badger 10K Trail Race Bamber Bridge
03/08/13	NA T&F League Match 4 Rossendale
03 & 04/08/13	English Athletics U17 & U15 Combined Events Champs Stoke
04/08/13	* Wagon & Horses 10M Lancaster
04/08/13	* Inter Club Fell Race Farelton Knott 4.5M/1499' Kendal
06/08/13	Trafford Distance/Throws
07/08/13	Chorley 4.4M (4/4) Astley & Lancaster 10K
10/08/13	Mid Lancs League Hyndburn
10/08/13	Turner Landscape FR 10.6M/2986' Seathwaite Duddon Valley
10 to 18/08/13	IAAF World Championships Moscow RUS
11/08/13	Nth Vets AC 10K Bispham & Welcome Tavern 10K

May Athlete of the Month

This month's recipients are **Kate Lawler** and **Will Holmes**.

Kate won the 200m & 300m at the **Lancashire T&F Championship** in English Schools Qualifying times and was also able to give good support at Club Events.



Will Holmes was nominated for his three Gold Medals, two Bronze Medals and his three PBs at the **Lancashire T&F Championships** and for his support of Club events.



Also nominated were **Tanya Barlow** for her road exploits, **Katy Wyper** for her Sprint double Gold Medal at the Lancashire County Championships, **Innes Kent** for his recent form with the Javelin and **Brent Starkie** for his Gold Medal winning form at the Lancashire Championship and support of Club events.

13/08/23	Trafford Sprints/Jumps
14/08/13	* Chorley AC Inter Club Astley Hall Chorley & Ulverston 10K
14/08/13	Wirral Sprints/Jumps Bebington Oval
17/08/13	Catforth Canter 5K (3/3)
17 & 18/08/13	Northern Athletics U17 & U15 T&F Champs Liverpool
18/08/13	Birchwood 10K
21/08/13	Horwich Jubilee Series 5M (4/4)
24/08/13	Southport Waterloo Open T&F Litherland
24 & 25/08/13	UK CAU Champs Bedford
25/08/13	Fleetwood HM & Waggon Horses HM Lancaster
24 & 25/08/13	UK CAU Champs (Junior/Senior athletes) Bedford
28/08/13	Harrock Hill Race 5.3M (4/4)
31/08/13	Mid Lancs Medal Meeting Wigan
31/08/13	Blackpool Hilton Illuminations 10K & Lancaster 5K (4/5)
31/8-01/09/13	England Athletics U17 & U15 Champs Bedford
01/09/13	Blackpool Hilton Half Marathon & Ulverston Charter 5K
04/09/13	* Red Rose RR Inter Club Worden Park
08/09/13	BWFAC Open Medal Meeting & Autumn 5K
14/09/13	Division 2 Promotion Match Doncaster
14 & 15/09/13	UK School Games Sheffield
21/09/13	North West Road Relays Salt Ayre Lancaster
21 & 22/09/13	English Schools Combined Events & Walks Birmingham
22/09/13	BWFAC Open Medal Meeting
23/09/13	NA 6/4 Stage Relays & Young Athletes Relays Stanley Park
28/09/13	Red Rose XC League Leigh
29/09/13	* Run Preston 10K
05/10/13	NA Cross Country Relay Champs
06/10/13	* Lytham Hall 5K Note Change of Date!
12/10/13	ERRA 6/4 Stage Road Relays Sutton Park
13/10/13	ERRA Young Athletes Road Relays Sutton Park
19/10/13	Red Rose XC League Chorley
26/10/13	Mid Lancs XC League
20/10/13	* Green Drive 5M
27/10/13	England Athletics 10 Miles-BUPA Great South Run Portsmouth
09/11/13	Red Rose XC League Bolton
17/11/13	England Athletics 10K Champs -Leeds Abbey Dash
23/11/13	Mid Lancs XC League
07/12/13	Red Rose League Rossendale
08/12/13	20th SPAR European XC Champs Belgrade
14/12/13	Mid Lancs XC League
04/01/14	Lancs XC Champs
11/01/14	Mid Lancs XC League
08/02/14	Mid Lancs XC League
15/03/14	Northern Athletics 6 & 12 Stage Road Relays

Wanted Athletes for July 7th at Stanley Park Arena. Apply to Kevin Davies daviesk@fastmail.co.uk



Northern League Fixture

Sunday 7th July

Stanley Park – 5pm to 8pm

Club BBQ social event
for ALL club members
AND family after the
Northern League Match

£2 Adults / £1 Under 16s

Competitors at the match,
Coaches, Officials &
Volunteers all eat free

REPORTS & RESULTS

Bedford International Games: May 27th

SW 400 D Lisa Daley (T13) 3rd 66.30.

England Athletics Senior/U20 Combined Events Champ, U18 Events & Open

Throws: Bedford June 1st & 2nd

SW Lisa Daley (T13) 400m 1st 65.3. SM Wheelchair
Isaac Towers (T34) 800m 1st 2:00.08; 5000m 2nd

13:08.28 **PB**; 200m 2nd 31.65 **PB**; 200m 3rd 32.00; 400m
1st 1:00.06 **PB**; 1500m 2nd 3:41.88 **PB**.

Youth Development League (U17/U20)

Round 1: Longford Stadium Trafford June 2nd **YDL**

U20M 100m A Ryan Scott 3rd 12.0; **100m B** Henry Taylor 3rd 11.8. **200m A** Henry Taylor 3rd 23.8; **200m B** Ryan Scott 3rd 24.2. **400m A** Alex Kiziltas 3rd 55.5; **400m B** Connor McCormick 2nd 56.2. **800m A** Adam Weightman 2nd 2:11.7 **PB**. **1500m A** Adam Weightman 2nd 4:25.8; **1500 B** Alex Kiziltas 1st 5:22.5. **LJ A** Alex Kiziltas 5th 5.24. **HJ A** Finn Walker 5th 1.60m. **HJ B** Matt Walker 2nd 1.60m. **PV A** Matt Walker 2nd 4.20m **PB**. **4 x 100** DQ.

U17M 100m Rory Anderson 3rd 12.3; **400m** Rory Anderson 5th 57.5 **PB**; **800m** William Eccleston 2nd 2:06.4 **PB**. **1500m** Jake Walley 1st 4:05.7 **PB**. **100mH** Jamie Bamber 2nd 15.9 **PB**. **DT** Robbie Morris 3rd 20.24m. **JT** Robbie Morris 2nd 31.22. **SP** Robbie Morris 5th 8.31m. **LJ** Dom Lavelle 2nd 5.49m. **TJ** Jamie Bamber 2nd 11.04 **PB**. **HJ** Dom Lavelle 2nd 1.65m; **PV** Dom Lavelle 1st 3.60m. **4 x 100m** (Jamie Bamber, Dom Lavelle, Rory Anderson, Jake Walley) 4th 51.0. **4 x 400m** (Robbie Morris, Dom Lavelle, Jamie Bamber, Rory Anderson) 2nd 3:50.6.

U20W 200m A Alicia Johnston 6th 29.6; **200m B** Amber Swinnerton (U17W) 3rd 27.3 **PB**. **800m A** Katrina Kelly (U17W) 3rd 2:33.4 **PB**. **1500m A** Amelia Beaman 1st 5:03.6. **100mH A** Taegan O'Hara DQ. **HT A** Chloe Needham 1st 36.36.67m. **JT A** Taylor Smith 3rd 19.55m **PB**; **JT B** Alicia Johnston 1st 18.78m. **LJ A** Josette Green 1st 4.86m; **LJ B** Taylor Smith (U17W) 1st 4.47m **PB**. **TJ A** Taegan O'Hara 2nd 10.30m **PB**. **HJ A** Josette Green 3rd 1.50m **PB**. **HJ B** Fiona Hockey (U17W) 2nd 1.50m **PB**. **PV A** Fiona Hockey 2nd 3.00m. **4x100m Relay** (Josette Green, Taylor Smith, Taegan O'Hara, Fiona Hockey) 5th 55.00.

U17W 100m Jess O'Neill 2nd 13.2; **200m** Jordan Dixon 3rd 27.1; **300m** Kate Lawler 2nd 41.3; **800m** Molly Betmead 2nd 2:23.1. **300mH** Beth Everson 2nd 49.3. **JT** Jordan Dixon 1st 30.14m. **SP** Katrina Kelly 2nd 9.06m. **LJ** Jess O'Neill 2nd 4.86m; **TJ** Beth Everson 3rd 10.27m **PB**. **HJ** Hannah Newell 2nd 1.45m. **PV** Hannah Newell 1st 2.70m. **4x100m Relay** (Amber Swinnerton, Jordan Dixon, Kate Lawler, Jess O'Neill) 1st 51.9.

Team Results: 1st North Wales 423; 2nd Wirral AC 404; 3rd **BWFAC 373**; 4th Wigan & District Harriers AC 358; 5th Trafford AC 320; 6th Crewe & Nantwich AC 305.

League Standings: 1st North Wales (902) 12 pts; Wirral AC (809) 8 pts; Trafford AC (752) 7 pts; Crewe & Nantwich AC (731) 5 pts; Wigan & District AC (728) 5 pts; **BWFAC (638) 5 pts.**



Harry Coppell (Wigan) setting a new PB in Pole Vault of 5.20m, which sent him to the top of the UK U20 rankings

Lancashire Schools T&F Championship:

Robin Park Wigan June 8th

LSC

School districts shown in brackets.

Senior Boys 100m h1 Alex Kizilitas (Blackpool) 3rd 11.6 Q **h2** Henry Taylor (Wyre) 1st 11.9 Q; Ryan Scott (Blackpool) 2nd 11.9 Q; **F Alex Kiziltas 3rd 11.6**; Ryan Scott 4th 11.6 **PB**; Henry Taylor 5th 11.7. **200m h1** Henry Taylor 2nd 23.7 Q; Ryan Scott 3rd 23.7 **PB** Q; **h2** Alex Kiziltas 3rd 23.4 Q; **F Alex Kiziltas 5th 23.2 PB**; Ryan Scott 6th 23.3 **PB**; Henry Taylor 8th 23.6. **1500m F** Henry Poole (Wyre) 4th 4:09.7 **PB**. **PV F** Matt Walker (Fylde) 1st 3.80m **CS**; Finn Walker NJ. **DT F** Aaron Thomas (Fylde) 3rd 21.81m. **JT F** Aaron Thomas 1st 28.57m. **TJ F** Luis Blyth 1st 12.46m.

Inter Boys 400m F Rory Anderson (Blackpool) 4th 55.2 **PB**. **800m h1** Jake Walley (Blackpool) 1st 2:10.5 Q; **h2** Declan Darnbrough 6th 2:29.0; **F Jake Walley 4th 1:57.3 ES PB**. **100mH F** Jamie Bamber (Fylde) 2nd 15.8 **PB**. **PV F** Dom Lavelle (Wyre) 2nd 3.80m **ES PB**. **JT F** Robbie Morris (Fylde) 1st 43.02m **PB ncr**.

Junior Boys 100m h1 Lawrence Omorere (Wyre) 2nd 11.7 **ES PB** Q; **h2** Thomas Allen (Blackpool) 4th 12.6 nq; **F Lawrence Omorere 3rd 11.8**. **800m h1** Sam Matthew (Fylde) 1st 2:11.1 **PB**; Connor Finlayson (Blackpool) 3rd 2:13.1 **PB** Q; Alexander Hamilton (Fylde) 8th 2:20.7 **PB**; **h2** Thomas Matthews (Fylde) 1st 2:16.2 **PB** Q; **F Sam Matthews 2nd 2:13.1**; **Thomas Matthews 3rd 2:15.5 PB**; Connor Finlayson 4th 2:16.8. **LJ F** Harry Mercer (Blackpool) 2nd 5.25m **PB**. **TJ F** Nick Aziz 1st 11.86m **CS**

PB ncr. **DT F** Luke Bowen-Price (Wyre) 1st 39.01 **ES**. **JT F** Louis Walker (Blackpool) 1st 37.10m **PB**.

Senior Girls 100mH F Natasha Johnston (Blackpool) 2nd 18.0; Taegan O'Hara (Fylde) 4th 23.4. **TJ F** Taegan O'Hara 4th 10.34m **CS PB**; Natasha Johnson 5th 9.27m. **HT F** Chloe Needham 1st 38.87m **ES**.

Inter Girls 100m F Tara Johnson (Wyre) 2nd 13.1 **PB**; Taylor Smith 5th 13.7. **200m F** Jess O'Neill (Fylde) 1st 26.8 **CS**; Ellie Gibson (Blackpool) 2nd 29.8 **PB**. **300m F** Kate Lawler (Fylde) 1st 40.9 **ES**; Jordan Dixon (Fylde) 2nd 42.1 **CS PB**. **800m F** Rebecca Terras (Fylde) 7th 3:09.2. 3rd 2:22.7 **CS**. **1500m F** Molly Betmead (Fylde) 1st 4:45.2 **ES**. **300mH F** Amber Swinnerton (Wyre) 3rd 49.6 **CS**. **PV F** Fiona Hockey (Blackpool) 1st 3.20m **NS CBP**; Hannah Newell (Blackpool) 2nd 2.90m **ES PB**. **TJ F** Beth Everson (Fylde) 2nd 10.22m **CS**. **SP F** Katrina Kelly (Fylde) 2nd 9.10m **CS**.

Junior Girls 100m h1 Gabrielle Jones 6th 14.8 **PB**. **200m h1** Libby Bonis (Fylde) 1st 27.8 Q; Tilly Lawson 3rd (Fylde) 3rd 28.8 Q; Lauren Brook (Wyre) 5th 29.7 **PB** q; **h2** Ash Colvin (Fylde) 1st 26.8 **CS** Q; Hannah Maskill (Wyre) 4th 29.8 **PB** nq; **F Ash Colvin 1st 26.7 CS**; **Libby Bonis 3rd 27.9**; Tilly Lawson 4th 28.0; Lauren Brook 7th 29.3 **PB**. **800m h1** Annie Bradshaw (Wyre) 3rd 2:30.4 Q; Jessica Rogers (Blackpool) 4th 2:30.6 q; **F Annie Bradshaw 3rd 2:22.7 CS**; Jessica Rogers 5th 2:30.5. **DT F** Millie Bowen-Price (Wyre) 1st 27.58m **ES**.

Northern Athletics League Division 2WC

Match 2: Market Street Stadium Bury June 9th **NAL**

Men 100m A Brent Starkie 1st 11.1 **PB**; **100 B** Alex Kiziltas 1st 12.1; **200m A** Brent Starkie 2nd 22.9; **200m B** Brett Rund 2nd 23.7; **400m A** Luke Minns 1st 51.2 **PB**; **400m B** Alex Kiziltas 1st 54.6; **800m A** Luke Minns 1st 1:53.0; **1500m A** 6th Adam Weightman; **HT A** David Shaw 1st 43.27m **PB**; **DT A** David Shaw 4th 25.35m; **DT B** Brent Starkie 4th 18.92m; **JT A** Dave Turner 1st 49.55m; **SP A** Dave Shaw 3rd 9.29m; **SP B** Brett Rund 4th 8.70m; **LJ A** Matt Wright 4th 5.60m; **LJ B** Dom Lavelle 2nd 5.33m; **TJ A** Matt Wright 2nd 11.12m **PB**; **TJ B** 2nd Brett Rund 2nd 10.04m; **HJ A** Dom Lavelle 3rd 1.60m; **HJ B** Matt Walker 4th = 1.40m; **PV A** Matt Wright 1st 4.30m; **PV B** Dom Lavelle 1st 3.70m.

Women 100m A Katy Wyper 1st 12.2; **200m A** Amber Swinnerton 3rd 28.2; **400m A** Claire Irons 6th 1:00.3; **800m A** Claire Irons 6th 3:44.2; **HT A** Chloe Needham 1st 38.53m; **HT B** Claire Irons 2nd 23.70m; **DT A** Sue Ball 2nd 22.00m; **DT B** Claire Irons 4th 14.96m **JT A** Sue Ball 6th 20.50m; **JT B** Claire Irons 5th 11.44m; **SP A** Sue Ball 3rd

7.54; **SP B** Claire Irons 5th 4.98m; **HJ A** Fiona Hockey 3rd 1.40m; **HJ B** Hannah Newell 1st 1.40m; **PV A** Fiona Hockey 1st 3.10m **PV B** Hannah Newell 1st 3.10m **PB**; **4 x 100m Relay** (O'Hara, Swinnerton, Everson, Hockey) 2nd 53.4.

Teams Blackburn Harriers & AC 1st 426.0 pts; Seaton 2nd 368.0 pts; Rossendale Harriers & AC 3rd 341.0 pts; Bury AC 4th 308.0 pts; Holmfirth Harriers & AC 5th 289.0 pts; **BWFAC** 6th 260.0 pts.

ESAA English Schools T&F Cup 2013, North West Regional Final: Stanley Park Blackpool June 12th

Junior Boys representing Kirkham Grammar School: Chris Linton **1500m** 5:07.0, 17 pts; **JT** 23.16m, 16 pts. Kirkham Grammar School came 11th with 340 points.

Inter Girls representing Kirkham Grammar School: Jess O'Neill **200m** 26.4, 26 pts; **LJ** 4.88m 22 pts. Beth Everson **300m** 43.4, 25 pts; **TJ** 9.73m, 20 pts.

3rd Inter Club (5M): Preston June 12th **IC**

Individual BWFAC Results: (Positions shown excludes guest runners; Jim Unsworth 9th 23:18; John Wright 14th (5th V) 24:03; Perry Mann 19th 24:35; Chris Lloyd 26th 25:02; Ian Dawson 33rd 25:36; Lauren Gowland 38th (2nd F & 1st JF) 25:54; Trevor Uttley 54th (25th V) 26:32; Sarah Wetherill 68th (7th F & 34th V) 27:23; Bev Wright 35th (8th F, 35th V & 14th V50) 27:26; Dave Skinner 85th (46th V & 18th V50) 28:43; Matthew Broadhurst 90th 29:11; Carly Morgan 96th (16th F) 29:45; Stasia Bligh 98th (17th F) 29:49; Reg Smallbone 100th (57th V, 23rd V50 & 5th V60) 29:57; Kevin Woods 107th (63rd V & 26th V50) 30:25; Dave Randall 110th (66th V & 29th V50); Laura Lawler 114th (22nd F & 70th V) 30:43; Anthony Blight 115th (71st V40) 30:46; Nick Hume 118th (74th V & 33rd V50) 30:54; Coner Millward 119th (JM) 39:27; Steve Minto 127th (80th V, 35th V50 & 11th V60) 31:18; Alan Wilkinson 131st (84th V, 38th V50 & 12th V60) 37:57; Alison Titterington 132nd (29th F, 85th V & 39th V50) 31:37; Bob Newman 142nd (94th V, 42nd V50 & 13th V60) 32:49; Chris Bligh 143rd (95th V40) 32:51; Karen Dunford 151st (35th F & 98th V) 33:03; Clare Dunford 151st (39th F) 33:25; Bob Massey 155th (106th V, 47th V50 & 17th V60) 33:4; John Bradley 157th (108th V, 48th V50 & 18th V60) 33:58; Tony Croft 159th (110th V, 49th V50 & 19th V60) 34:07; John Winters 169th (116th V, 54th V50 & 20th V60) 41:30; Norman Greenwood 179th (126th V, 61st V50 & 23rd V60) 38:44.

Team Results:

Open: Preston Harriers 1st 81 pts; Wesham RR 2nd 199 pts; **BWFAC** 3rd 401 pts; Red Rose RR 4th 438 pts; LSARRC 5th 514 pts; Chorley Athletic & Tri Club 6th 893 pts.

Ladies: Preston Harriers 1st 27 pts; **BWFAC** 2nd 50 pts; Wesham RR 3rd 65 pts; LSARRC RR 4th 125 pts; Red Rose RR 5th 149 pts; Chorley Athletic & Tri Club 6th.

Vets: Preston Harriers 1st 50 pts; Wesham RR 2nd 55 pts; Red Rose RR 3rd 103 pts LSARRC 4th 161 pts; **BWFAC** 5th 202 pts; Chorley Athletic & Tri Club 6th 371.

Vet 50s: Preston Harriers 1st 26 pts; Red Rose RR 2nd 29 pts; Wesham RR 3rd 50 pts; LSARRC 4th 51 pts; **BWFAC** 5th 81 pts; Chorley Athletic & Tri Club 6th 144 pts.

Vet 60s: Preston Harriers 1st 14 pts; **BWFAC** 2nd 28 pts; LSARRC 3rd 32 pts; Chorley Athletic & Tri Club 4th 35 pts; Red Rose RR 5th 33 pts; Wesham RR 6th.

The third Inter Club race of the season was held on a revised two lap scenic course within the confines of Avenham Park in Preston. Although only 4 miles in length there was a stiff climb which had to be negotiated twice on a wet muggy evening.

Mid-Lancs T&F League: Salt Ayre, Lancaster June 15th **ML**

U13B: 100m Sam Wise 14th 14.8 **PB**. **800m** 1st Jake Brown 2:34.2; 2nd Will Holmes 2:34.4 **PB**; 4th Ben Preddy 2:36.3 **PB**; 9th Eddie Peill 2:45.8. **LJ** 1st Will Holmes 4:08m; 6th Sam Wise 3.85m **PB**; 19th Eddie Peill 3.35m. **HJ** 4th Will Holmes 1.25m **PB**. **JT** 1st Innes Kent 35.39m **PB**.

U13G: 100m 2nd Jessica Aziz 13.5; 12th Isabelle Woodman 15.2 **PB**; 18th Natasha Webster 16.1 **PB**. **200m** 1st Jessica Aziz 28.4; 10th Isabelle Woodman 31.9; 14th Maya Wallace 33.5. **1500m** 3rd Sydnie Bairstow 5:46.6; 4th Danielle Whipp 5:47.3 **PB**. **LJ** 8th Isabelle Woodman 3.60m. **HJ** 3rd Natasha Webster 1.15m **PB**. **JT** 3rd Natasha Webster 16.24m **PB**.

U15B: 100m 1st Lawrence Omorere 11.7 **PB**; 4th Thomas Allen 12.2 **PB**; 7th Harry Mercer 12.7. **200m** 4th Thomas Allen 24.8 **PB**; 10th Alexander Hamilton 27.5 **PB**. **400m** 3rd Thomas Allen 56.6; 5th Alexander Hamilton 62.9 **PB**. **800m** 5th Connor Finlayson 2:19.6; 13th Matt Peill 2:35.0; 15th Tim Collinson 2:36.6 **PB**. **LJ** 1st Nick Aziz 5.17m **PB ncr**; 3rd Harry Mercer 4.94m; 6th Luke Halstead 4.62m 13th Matt Peill 4.06m. **HJ** 1st Nick Aziz 1.73m **PB**; 2nd Luke Halstead 1.70m; 6th Connor Finlayson 1.45m. **SP** 9th Connor Finlayson 7.87m; 14th Matt Peill 6.87m. **JT** 2nd Louis Walker 33.56m.

U15G: 100m 5th Ash Colvin 13.3; 11th Libby Bonis 13.9. **200m** 2nd Ash Colvin 27.1; 7th Libby Bonis 28.2. **300m** 3rd Jessica Rogers 47.5. **800m** 2nd Annie Bradshaw 2:24.3; **LJ** 6th Jessica Rogers 4.23m; 22nd Libby Bonis 3.58m.

U17M: SP Dwarf Cat. (4Kg Shot) Ben Holmes 4.01m. **DT (Dwarf Category)**. (1 Kg Discus) 10.94m.

U17W: 200m 2nd Fiona Hockey 27.6 **PB**. **HJ** 3rd Fiona Hockey 1.45m.

SM: SP (U20M Dwarf Category) Jack Wilding (4Kg Shot) Shot 3.86m **PB**. **DT (U20M Dwarf Category)** Jack Wilding (1Kg Discus) 8.85m **PB**.

SW: 100m 2nd Taegan O'Hara 13.6. **TJ** 2nd Taegan O'Hara 9.45m.

League: Women Blackpool 1st 212; Preston 3rd 162; Lancaster 4th Total 3rd 462. **Men** Blackpool 1st 197; Preston 3rd 135; Lancaster 4th 97 Total 3rd 429

England Athletics U20/U23 Champs & European Trials (inc U18 Events): Bedford

June 15th & 16th

EAC

Katy Wyper **U23W 100m h1** 6th 12.46. Chloe Needham **U20 HT F** 11th 37.76m.

Freckleton Half Marathon: June 16th

CC

Laura Lawler 220th (26th F) 1:46:43, c 1:46:29; Karen Dunford 268th (40th F) 1:50:31, c 1:50:17; Chris Bligh 329th 1:55:50, c 1:55:36; John Bradley 329th (1st MV70) 1:57:55, c 1:57:28; Jeff Wright 367th 1:59:02, c 1:58:50; Dave Randall 368th 1:59:04, c 1:58:50; John Winters 400th (1st MV75) 2:01:15, c 2:01:13; Dave Heaton 602nd 2:30:11; c 2:29:43.



First of was Ben Fish pictured of Blackburn Harriers in 1:10:09 and first lady was Joanna Goorney of Wesham Road Runners (56th) 1:29:23.

Club Handicap: New Road June 19th

CH

Ian Dawson 22:03 DR; Richard Eaves 23:30; Jim Unsworth 21:02; Dave Dyson 27:09; Reg Smallbone 26:23; Anthony Blight 27:56; Tony Croft 30:01; Nick Hume 27:48; Conor Millward 28:34 DR; Tony Airnes 28:10; Kevin Woods 28:02; Peter Gibson 28:03; Steve Lang 28:23; Karen Dunford 29:26; Dave Heaton 36:03; John Bradley 33:36.

Handicapper & Timekeeper: Liz Airnes. Helpers: David Wood.

England Athletics Senior Disability Champs

Birmingham Alexander Stadium June 22nd /23rd EAD

Isaac Towers **Wheelchair Men 800m F** 2nd 2:14.26. **200m h1** (ws +2.7) 3rd 34.4 **F (B)** ws -1.5 2nd 34.4.

Northern Athletics Senior/U20M Outdoor Championship: Manchester Regional Arena Sportscity June 22nd /23rd

NAC

Saturday: U20M PV F Finn Walker 5th 4.00m **PB**. **SW 100m h2** ws 0.0 Katy Wyper 3rd 12.17 q; **F** ws + 1.8 Katy

Wyper 5th 12.01 **PB**. **U20M h2** ws +4.1 Alex Kiziltas 5th 11.44 **PB** nq. **SM 1500m F** Luke Minns 4th 3:59.57. **SM HT F** David Shaw 13th 40.35m.

Sunday: U20M 200m h3 ws -5.1 Alex Kiziltas 6th 24.74 nq. **SW 200m h1** Katy Wyper 4th 25.45 ws -2.3 q; **h2** ws -1.1 Lucy Mansfield 2nd 25.58 Q; **F** ws -3.7 **Katy Wyper 3rd 25.52** Lucy Mansfield 5th 26.17. **U20W HT F** Chloe Needham 4th 38.37m.

It was testing weather conditions for the Northern Athletics Championship at the Manchester Regional Arena, in the shadow of the Etihad Stadium at Sportscity, for seven Blackpool, Wyre & Fylde AC athletes. On the Saturday it was windy but at least dry. The weather turned wet on the Sunday and the wind which had favoured the sprinters the previous day had turned.

English Schools AA North West Regional

Finals: Sheepmount Stadium Carlisle June 22/23 ES

Junior Boys Pentathlon Connor Finlayson **80mH** 14.3 =**PB** 457 pts; **SP** 7.14m 316 pts; **LJ** 4.90m **PB** 363 pts; **HJ** 1.47m 367 pts; **800m** 2:15.7 513 pts; **Total 6th 2016 Points** **PB ncr**.

Team Result Cumbria 1st 6332 Pts, Lancs 2nd 6132 Pts.

Junior Girls Pentathlon Annie Bradshaw **75mH** 13.6 **PB** 511 pts; **SP** 6.51 304 pts; **HJ** 1.44m 555 pts; **LJ** 4.04m 317 pts; **800m** 2:26.2, 741 pts; **Total 6th 2428 Pts** **PB ncr**.

Team Result Cumbria 1st 7719 Pts, Gt Manchester 2nd 7212 Pts, Lancs 3rd 6989 Pts, Cheshire 4th 4501 Pts.

Sotos 10K: Fleetwood June 23rd

CC

Stuart Robinson (1st claim Salford Harriers & AC) 2nd 33:14; Malc Eadie 6th (2nd MV40) 35:45; Liam Craine 15th 37:56; Ian Dawson 27th 40:01; Caroline Betmead 37th (2nd F & 2nd FV40) 42:37; Bev Wright 39th (3rd F & 1st FV50) 43:01; Sarah Wetherill 48th (5th F & 1st FV35) 44:54; Stasia Bligh 64th (11th F & 3rd FV35) 46:30; David Dyson 88th 48:02; Alison Titterington 111th (19th F & 2nd FV55) 51:03; Peter Gibson 112th 51:06; Christopher Bligh 114th 51:18; Karen Dunford 123rd 51:59; Jeff Wright 131st 52:52; John Winters 143rd (1st MV75) 53:53; John Bradley 148th (2nd MV70) 54:18; David Randall 187th 58:45; Norman Greenwood 208th 1:01:16. First of 232 was Jon Fletcher (Border Harriers) 33:04 and first lady was Joanna Goorney of Wesham RR (33rd) in 41:32.

Teams: Men - Malc Eadie, Liam Craine & Ian Dawson 3rd 48 points. **Ladies** - Caroline Betmead, Bev Wright & Sarah Wetherill 1st 10 points.

2K Fun Run:-

Hannah Eadie 5th (2nd F & 2nd F12) 7:32; Molly Eadie 17th (3rd F9) 8:33; Bailey Williamson 23rd (4th M8) 9:05; David Williamson 24th (1st MV40) 9:05; Madison Betmead 38th (3rd F7) 11:33.

At a wet and windy Soto's 10K conditions were tough with waves crashing over the Promenade it was described as like being on a trawler.

Fylde Coast Athletics Championships:

Stanley Park June 25th & 26th

In June 29th **Lancashire Evening Post** in a report about Kirkham Grammar School success in these Championships, it was reported : The Under 17s 200m saw **Jess O'Neill** and **Kate Lawler** coast over the line together in first place. In the Under 17s 300m **Beth Everson** finished in second place and in the relay the Under 17s won by 30m. It was also reported that **Jess O'Neill** also won the Long Jump with a personal best 5.15m and that **Beth Everson** won the High Jump with 1.48m.

Danielle Whipp (U13G) also won the Round Stanley Park run and the next day also won the 600m race.

ESAA English Schools T & F Cup 2013:

Gateshead International Stadium June 29th

Inter Girls (representing Kirkham Grammar School) **Jess O'Neill** **200m** 26.4, 26 pts; **LJ** 4.88m, 22 pts. **Beth Everson** **300m** 43.3, 25 pts; **TJ** 9.73m, 9.73m, 20 pts. Kirkham Grammar School came 5th with 411 points.

Fairclough 5 Mile: June 30th

Liam Craine 2nd 29:11 **PB***; **Bev Wright** 16th (1st F & 1st FV50) 33:26; **Stasia Bligh** 21st (3rd F) 35:12; **Nick Hume** 33rd 37:10; **Laura Lawler** 37th (7th F & 2nd FV40) 38:05; **Jeff Wright** 45th 39:50; **Bob Massey** 48th (41:00); **David Twizell** 53rd 41:46; **John Bradley** 54th (2nd MV70) 42:14; **Coner Millward** 61st 45:14; **David Heaton** 67th 48:07. First of 73 was **Paul Muller** of Horwich RMI in 29:02. **Ran 28:57 at Lytham Inter Club.*

Youth Development League (U17/U20)

Round 3: Robin Park Wigan June 30th

YDL

U20M 100m A **Ryan Scott** 5th 11.7; **100m B** **Dom Lavelle** 5th 12.4. **200m A** **Ryan Scott** 4th 24.1. **400m A** **Connor McCormick** 6th 55.5. **800m A** **Harry Poole** 5th 2:03.7 **PB**; **800m B** **Adam Weightman** 3rd 2:11.2 **PB**. **1500m A** **Harry Poole** 2nd 4:23.8; **1500 B** **Adam Weightman** 1st 4:31.0. **SP A** **Connor McCormick** 6th 7.13m. **HJ A** **Finn Walker** 3rd 1.55m. **PV A** **Finn Walker** 2nd 3.70m **PB**. **4 x 100** (**Finn Walker**, **Ryan Scott**, **Connor McCormick**, **Jake Walley**) 5th 47.1.

U17M 100m **Alex Obiorah** 3rd 11.7 **PB**. **200m** **Alex Obiorah** 3rd 24.8 **PB**. **400m** **Rory Anderson** 4th 56.9 **PB**. **3000m** **Jake Walley** 1st 9:20.0 **PB**. **100mH** **Jamie Bamber** 2nd 16.8. **DT** **Robbie Morris** 4th 22.02m. **JT** **Robbie Morris** 2nd 38.27. **SP** **Robbie Morris** 5th 8.03m. **LJ** **Alex Obiorah** 1st 6.32m **PB**. **TJ** **Jamie Bamber** 2nd 10.78. **PV** **Dom Lavelle** 1st 3.80m. **4 x 100m** (**Jamie Bamber**, **Rory Anderson**, **Dom Lavelle**, **Alex Obiorah**) 3rd 48.5. **4 x 400m**) 2nd 3:50.6.

U20W 100m A **Taegan O'Hara** 4th 13.8. **200m A** **Amber Swinnerton** (U17W) 3rd 27.3. **100mH A** **Taegan O'Hara** 2nd 17.9 **PB**. **HT A** **Chloe Needham** 1st 39.50m. **JT A** **Taylor Smith** (U17W) 4th 15.60m. **LJ A** **ws + 1.9** **Amber Swinnerton** 1st 4.44m; **LJ B** **ws + 2.0** **Taylor Smith** (U17W) 3rd 4.03m. **TJ A** **Taegan O'Hara** 1st 10.13m. **HJ A** **Rachael Kellett** 2nd 1.60m **PB**. **HJ B** **Fiona Hockey** (U17W) 1st 1.40m. **PV A** **Fiona Hockey** 2nd 2.90m.

U17W 100m **Taylor Smith** 3rd 13.7. **200m** **Jordan Dixon** 4th 27.7. **300m** **Jordan Dixon** 2nd 41.8 **PB**. **300mH** **Amber Swinnerton** 2nd 52.0. **JT** **Jordan Dixon** 1st 33.57m **PB**. **LJ** **Beth Everson** 1st 4.72m **PB**; **TJ** **Beth Everson** 2nd 9.79. **HJ** **Beth Everson** 1st 1.50m **PB**. **PV** **Hannah Newell** 1st 2.90m. **4x100m Relay** (**Taylor Smith**, **Amber Swinnerton**, **Jordan Dixon**, **Fiona Hockey**) 3rd 54.1.

Team Results: Crewe & Nantwich AC 1st 523; Wigan & District Harriers AC 2nd 428; North Wales 3rd 419; **BWFAC** 4th 317; 5th Trafford AC 312; Wirral AC 6th 305.

League Standings: 1st North Wales (1320) 16 pts; 2nd Crewe & Nantwich AC (1254) 11 pts; 3rd Wigan & District AC (1156) 10 pts; 4th Wirral AC (1114) 9 pts; 5th Trafford AC (1064) 9 pts; 6th **BWFAC (955) 8 pts.**

Guest 100m **Fiona Hockey** 1st 13.6 **PB**

Other Results:

1st Juntendo Competition: Chiba JPN April 13th

Duncan Shaw **SP** 5th 10.83m **PB**; **HT** 7th 46.30m.

2nd Juntendo Competition: Chiba JPN May 4th

Duncan Shaw **SP** 8th 11.09m **PB**; **DT** 14th 30.45m; **HT** 15th 46.12m.

European Veterans' Non-Stadia Championships:

Half Marathon (W40): Upice CZE May 26th

Tanya Barlow 7th 1:51:56. First was **Metelkova Tatana** of TJ Sokol Hradec Kralove CZE.

Tanya ran well, but suffered pain in her leg a couple miles from the end, but bravely finished in 1:51:56. Later it was discovered that Tanya had a stress fracture and is currently on crutches.

Levens 10K: May 29th

Bev Wright 29th (2nd F & 1st FV50) 43:35. First 76 of was **Danny Parkinson** of Kendal AC in 32:58 and first lady **Ady Whitwam** of the Army AA (2nd) in 35:05.

3rd Juntendo Competition: Chiba JPN June 1st

Duncan Shaw **SP** 3rd 11.40m **PB**; **DT** 5th 30.46m; **HT** 6th 46.46m.

BMC Grand Prix: Sportcity June 1st

1500m Race C **Luke Minns** 8th 3:48.05. **5000m Race C** **Stuart Robinson** 12th 15:05.53.

Catforth 5K: June 1st

John Bradley 57th (1st MV70) 26:32. First of 67 Daniel Ashworth of Edinburgh University in 16:40 and first lady was Pauline Powell of Blackburn Harriers AC (7th) in 18:32

Run the Lanes 10M: nr Preston June 2nd

Bev Wright 28th (3rd F & 1st FV50) 1:09:37; Dave Dyson 46th 1:19:31; Jeff Wright 57th 1:23:41. First of was Robert Afleck of Preston Harriers in 53:35 and first lady was Sarah Louise Cumber of Halifax Harriers & AC (14th) in 1:03:15.

Trafford Grand Prix: June 4th

Adam Weightman 1500m 4:18.30.

Cuerden Valley Badger Trail 10K: June 6th

Chris Lloyd 32nd 44:53. First of 167 of was Gary Shaw of Burnley AC in 35:42 and first lady was Gwen Kinloch of Burnden Road Runner (23rd) in 43:49.

Welsh Castle Relay:

Stage 6 Barmouth to Dolgellau 10.7M Phil Leybourne 3rd 1:01:49. (First was Brendan Rothery of Eryri Harriers in 59:44. **Stage 14 Builth Wells to Drovers Arms 8.6M** Stuart Robinson 3rd 51:94. (First was Jelte Bronysema of Haarlem Globetrotters in 49:16. Phil and Stuart were representing their first claim club of Salford Harriers who came second in 20:25:24 behind Les Croupiers RC (20:08:20) and were First Mountain King club. Lytham St Annes RRC finished 42nd in 26:31:45.

Morecambe 10K: June 9th

Malc Eadie 3rd (1st V40) 34:45 c 34:39; Anthony Blight 91st 49:10 c 48:47; John Bradley 123rd (2nd V70) 53:00 c 52:37. First of 214 Michael Aspinall of Tipton Harriers in 31:26 and first lady was Katherine Fitzpatrick *unattached* (8th) in 38:16.

Trafford Grand Prix (Sprints/Hurdles/Jumps):

Stretford June 11th

100m h3 Alex Kiziltas (U20M) 2nd 11.98; Connor McCormick (U20M) 6th 12.39. **400m h5** Alex Kiziltas 2nd 54.19; **h6** Connor McCormick 1st 56.03; **h7** Lisa Daley (T13) 2nd 66.69.

White Bear Way 10 Mile Trail: Adlington June 15th

Tony Croft 10th 1:38:00. First of 17 was Robert Burke (Liverpool RC) in 1:20:00 and first lady was Kath Hoyer of Wesham RR (3rd) in 1:32:00.

Hawkshead 10K: June 19th

Bev Wright 56th (6th F & 1st FV50) 42:24. First of 178 was Danny Parkinson of Kendal AC in 31:49 and first lady was Rebecca Sheffield of Ambleside AC in 38:31.

BMC Gold Standard Races: Stretford June 25th

Men's 800m Race C Luke Minns (SM) 1st 1:51.58.

Trafford Grand Prix: Stretford June 25th

1500m Race 1 Jake Walley (U17M) 7th 4:08.21. **1500 Race 4** Lauren Gowland (U20W) 10th 5:01.47. **3000m Race 1** Adam Weightman (U20M) 29th 9:23.37.

DASH Quadrathlon; Manchester Regional Stadium Sportscity June 29th

U9G Lexi Edwards 75m 12.8 **PB** - 54 pts; **Vortex** 23.96m - 72 pts; **600m** 2:13.1 - 62 pts; **LJ** 3.24m **PB** - 63 pts; **Total 1st 251**. Lily-Mae Gray **75m** 12.2 - 60 pts; **Vortex** 12.23 - 44 pts; **600m** 2:11.1 **PB** - 65 pts; **LJ** 3.07m **PB** - 58 pts; **Total 2nd 227 pts**.

U11G Maisie Rogers 75m 13.4 - 48 pts; **Vortex** 20.09m - 66 pts; **600m** 2:07.9 **PB** - 68 pts; **LJ** 3.06m **PB** - 58 pts; **Total 12th 240 pts**. Minnie Rogers **75m** 14.0 - 42 pts; **Vortex** 22.78m - 70 pts; **600m** 2:18.9 **PB** - 56 pts; **LJ** 2.90m **PB** - 54 pts; **Total 15th 222 pts**.

U13G Isabelle Woodman 100m 15.4 - 28 pts; **SP** 3.94m - 20 pts; **800m** 2:44.3 **PB** - 62 pts; **LJ** 3.71m **PB** - 43 pts; **Total 24th 153 PB**.

U9B Charlee McGuinness 75m 12.2 - 60 pts; **Vortex** 23.12m - 71 pts; **600m** 2:04.7 - 72 pts; **LJ** 3.70m - 74 pts; **Total 3rd 277 pts**. Thierry Bennett **75m** 13.6 - 46 pts; **Vortex** 23.19 - 71 pts; **600m** 2:22.3 - 52 pts; **LJ** 3.01m - 57 pts; **Total 11th 226 pts**.

U11B James Smith 75m 11.5 **PB** - 67 pts; **Vortex** 31.26m - 81 pts; **600m** 1:51.3 - 87 pts; **LJ** 3.81m - 77 pts; **Total 2nd 312**. Timothy Woodman **75m** 13.0 - 52 pts; **Vortex** 26.77m - 76 pts; **600m** 2:00.9 **PB** - 76 pts; **LJ** 2.98m - 56 pts; **Total 14th 260 pts**.

U13B Sam Wise 100m - 14.9 - 34 pts; **SP** 4.56m **PB** - 25pts; **800m** 2:50.7 **PB** - 57 pts; **LJ** 3.94m **PB** - 49 pts; **Total 11th 165 pts PB**.

Congratulations:

The following were chosen to represent Lancashire at the prestigious English Schools T&F Championships taking place on Friday and Saturday July 5th & 6th:

Junior Boys: Morgan Greaves-Thomas, Archie Braysford, Lawrence Omorere, Edward Latimer, Paul Blezard, Jake Lonsdale, Nick Aziz, Luke Bowen-Price, Edward Jeans.

Inter Boys: Nick Catlow, Bradley Yates, Daniel Neal, Elliott Roberts, Patrick Dever, Tom Booth, and Dom Lavelle.

Senior Boys: Neng Wildman, Ryan Moore & Jamaine Coleman.

Junior Girls: Darcie Loudon, Ashya Colvin, Morgan Angland, Molly Melling, Milan Bowen-Price, Leah Hillman & Lucy Staunton-Turner.

Inter Girls: Kate Lawler, Rosie Dale, Grace Maddox, Bethany Blackwell, Molly Betmead, Mary Hodgson, Nadia Patel, Fiona Hockey, Hannah Newell, Anna Peers & Rebecca Orrell.

Senior Girls: Maxine Meju, Kirsty Fraser, Rachael Scott, Katie Buckley, Rachel Williamson, Abbie Unsworth, Nichole Wainwright & Chloe Needham.