



WYLDEFYRE

November 2014 No 54



Contributions & Comments to davidwood61@hotmail.co.uk

BBWFAC Events Mid Lancs Interclub & Club
Champ Fell Races English FR Champ Interclub
Races Club Champ Lancs, Northern or National
Events U20/U17 Development League
NA League Sportshall League

Abbreviations & Key: Club Champ races are marked with asterisks; **ICoun** – Inter Counties; **HM** – Half Marathon; **TR** – Trail Run; **FR** – Fell Race; **MT** – Multi-Terrain; **CE** – Combined Events; **NA** – Northern Athletics; **YAL** – Young Athletes League; **RR** – Road Runners; **EIS** – English Institute of Sport; **ESAA** – English Schools Athletic Association; **BUSA** – British University Sports Association; **BMAF** – British Masters Athletic Federation; **NVAC** – Northern Veterans Athletic Club; **CAU** – UK Counties Athletic Union; **IAAF** – International Association of Athletics Federations; **IPC** International Paralympic Committee; **IAU** – International Association of Ultrarunners; **SIAB** – Schools' International Athletic Board; **EIS** English Institute of Sport; **CH** – Club Handicap; **IC** – Inter Club; **PB** Personal Best; **CBP** – Championship Best Performance; **Ch** – Championship; **CC** – Club Championship; **JR** – junior races; **U** – under; **V** – vet; **ncr** – new club record since merger in 2006; **CR** – new club record including records set under Blackpool & Fylde AC and North Fylde AC; **CR** – course record; **CPB** Course Personal Best; **MR** – Meeting Record; **DR** – Debut Run; **NS** – National Standard, Performance level for which Standard Badges are awarded at National Championships; **ES** – Entry Standard Minimum performance level normally required to be selected for a County Schools Team for National Championships; **CS** – County Standard, a good level of performance at a County Championship meeting; **HJ** – High Jump; **LJ** – Long Jump; **DT** – Discus; **SP** – Shot; **CP** – Chest Push; **PV** – Pole Vault; **H** – Hurdles; **h** – heat; **F** – Final; **c** – chip; **i** – indoor; **m** – metres; **M** – Mile; **K** – Kilo-metre; **'** – feet; **dq** – disqualified; **ws** – wind speed; **Medals & 1st, 2nd & 3rd places** Gold Silver Bronze

FORTHCOMING EVENTS DIARY

- 01/11/14 **National XC Relays** Mansfield
 - 02/11/14 **Club Handicap** New Road
 - 02/11/14 31st Through the Villages Race 8.45M & Guy Fawkes 10M
 - 02/11/14 55th Derwentwater 10M Keswick & Lancaster HM
 - 08/11/14 Red Rose XC League & NA Indoor Open Meeting
 - 09/11/14 **Lancs Sportshall League** Stanley Park & Windmill 10K Lytham
 - 14/11/14 **BWFAC Presentation Night** Hilton Hotel Blackpool
 - 15/11/14 **Mid Lancs XC League** Thorncliffe Barrow
 - 16/11/14 Preston 10M & 63rd Brampton to Carlisle 10M Race
 - 22/11/14 Red Rose XC League
 - 29/11/14 **Mid Lancs XC League** Liverpool, Wesham 10K & **XC Schools Cup**
 - 30/11/14 Movember 10K Lytham & Best 5K/1M Fun Run
 - 30/11/14 David Staff Memorial FR 5M
 - 06/12/14 Gt Langdale Xmas Pudding 10K & Guys 10M Bilsborrow
 - 07/12/14 **NA 10M Champs** Stockport &
 - 07/12/14 Ulverston 10K/Fun Run & 3-1-5 Lancaster HM/5K Fun Run
 - 14/12/14 Longridge Xmas Pudding 7M & Hurst Green TR 4.95M
 - 21/12/14 Rudolf's Red Nose Race 5M & Santa Dash TR Horwich
 - 21/12/14 Sale Harriers Indoor Open Meeting Sportcity
 - 27/12/14 Festive 4K Fun Run
 - 28/12/14 **NA 10K Champs** (Ribble Valley 10K) Clitheroe
 - 03/01/15 **Lancs XC Champs** Witton Park Blackburn
 - 04/01/15 Sale Harriers Indoor Open Meeting Sportcity
 - 04 & 05/01/15 **English Athletics Snr/U20 Indoor Combined Events** Sheffield
 - 10/01/15 **Mid Lancs XC League** Towneley Park Burnley
 - 10 & 11/01/15 **England Snr/U20 Indoor CE Champs** EIS Sheffield
 - 11/01/15 **Lancs Sportshall League** Stanley Park
 - 17 & 18/01/15 **Northern Athletics Snr/U20/U17 Champs** EIS Sheffield
 - 24/01/15 **Northern XC Champs**
 - 01/02/15 **NA U15/U13 Indoor Champs** EIS Sheffield
 - 07/02/15 **Lancs Schools XC Champs**
 - 07 & 08/02/15 **British Indoor T&F Champs** EIS Sheffield
 - 08/02/15 **Lancs Sportshall League** Stanley Park
 - 14/02/15 **Mid Lancs XC League** Lawson's Ground Blackpool
 - 21/02/15 **ECCA XC Champs** Parliament Hill Fields London
 - 07/03/15 **Mid Lancs XC League** Rylands Park Lancaster
 - 14/03/15 **ESAA XC Champs** Witton Park Blackburn
 - 14 & 15/03/15 **U17/U15 Indoor Combined Events Champs** Sheffield
 - 21/03/15 **SIAB XC** TBC
 - 28/03/15 **NA 12/6 Stage Road Relays**
 - 13/06/15 **Lancs Schools Champs**
 - 13 & 14/06/15 **Northern Athletics Senior/Junior T&F Champs** Sportcity
 - 10 & 11/07/15 **ESAA T&F Champs** Gateshead
 - 25/07/15 **Northern Athletics Inter Counties Champs** Witton Pk
 - 15 & 16/08/15 **Northern Athletics U17/U15 T&F Champs**
- Preston Parkruns** are held every Saturday morning at 9am at Avenham/Miller Parks, for further details see www.parkrun.org.uk/preston

Blackpool, Wyre & Fylde AC Presentation Night

Tickets can be reserved for the Annual Presentation Night which will take place at the Hilton Hotel on Friday November 14th. Prices have been held once again by the Club. Cost for Adults (18 or over) is £12.00 and for Under 18 £10.00. Families of 4 or more apply to Nick Hume nick.hume@tiscali.co.uk for a special price. Numbers limited to 150 only and entry is by ticket only.

September's AotM



AotM for September are Susan Ball & Louis Walker.

During September **Susan Ball** contributed significantly with Hammer, Discus, Javelin and Shot to **BWFAC North Athletics T&F League** victory. At the Mid Lancs Medal Meeting Susan won Gold Medals in the Javelin, Discus and Shot Putt. **Louis Walker** has had a successful season with the Javelin, regularly throwing in excess of 45 metres and is current number 5 in the North West rankings. Also nominated was **Luke Halstead**.

Volunteer of the Quarter

David Wood



REPORTS & RESULTS

Club Handicap: New Lane September 10th **CH/CC**
No Results – Timing malfunction. **Handicapper & Timekeeper:** Sharon Randall. **Helper:** David Wood

Lytham Hall 5K: October 5th

John Wright 3rd (1st MV45) 16:54; **Adam Weightman** 10th 17:54; **Caroline Betmead** 16th (1st F & 1st FV40) 18:40; **Alisha Johnson** 29th (5th F & 2nd FJ) 19:46 **PB**; **Bev Wright** 36th (7th F & 1st FV50) 20:24; **Derek Crane** 39th 21:03; **Alan Wilkinson** 57th (3rd MV65) 23:08; **Simon Scarr** 64th 23:37 **PB**; **Bob Massey** 78th 25:06; **Dawn Maher** 79th (18th F) 25:12 **PB**; **Bernard Singleton** 84th 25:45; **David Heaton** 112th 30:05. First of 138 was **Robert Danson** of Wesham RR in 15:51.

Plusnet Yorkshire Marathon: York Oct 12th

David Heaton 2128th 4:58:08, c 4:55:39 (HM 2:19:02). First of was **Boniface Kongin** of Run Fast/Kenya and first lady was **Shona Fletcher** of Richmond & Zetland (15th) in 2:43:38.

Green Drive 5M: Lytham October 19th

John Wright 8th (1st MV45) 28:27; **Liam Craine** 12th 29:08; **Danny Hayes** 15th 29:28; **David Williamson** 18th (2nd MV40) 30:28; **Caroline Betmead** 40th (3rd F & 2nd FV40) 32:19; **Andrew Owen** 42nd 32:23; **Alisha Johnson** 43rd (4th F & 1st FJ) 32:24; **Terry Westhead** 50th (4th MV50) 33:33; **Karl Glover** 53rd 33:44; **Gary Ford** 74th 35:57; **Peter Singleton** 79th 36:35; **David Randall** 87th 37:20; **Stasia Bligh** 93rd (12th F & 2nd FV35) 37:43; **Karen Dunford** 106th (8th F & 2nd FV45) 38:41; **Andrea Smith** 112th (19th F & 4th FV45); **David Twizell** 124th (2nd MV60) 40:06; **Alan Wilkinson** 125th (2nd MV65) 40:19; **Peter Gibson** 127th (3rd MV60) 40:24; **Simon Scarr** 136th 41:20; **Coner Millward** 158th (3rd MJ) 42:36; **Jeff Wright** 159th 42:38; **John Winters** 162nd (1st MV75) 42:40; **Bob Massey** 163rd 42:40; **John Bradley** 169th (4th MV70) 43:11; **Bernard Singleton** 174th 43:32. First of 234 was **Rob Webb** of Rossendale Harriers in 26:17 and first lady was **Joanna Goorney** of LSARRC (31st) in 31:31.

Junior Green Drive Mile:

Jamie Jackson 1st (1st M11) 6:04; **Jessica Jackson** 1st (1st F & 1st F13) 6:08; **Bruno Eaves** 6th (2nd (M11) 6:25; **Jack Tickle** 8th (1st M12) 6:32; **Lilly-Mae Gray** 9th (2nd F & 1st F10) 6:36; **Lucy Tickle** 18th (7th F & 2nd F10) 6:50. (60 ran)

Mid Lancs XC League: Wilson Playing Fields, Hyndburn October 25th **XC**

U11G (2.0K) **Poppy Bridge** 8th 9:04; **Natalia Luczak** 12th 9:08; **Lucy Tickle** 19th 9:40. First of 70 was **Olesia Winder** of Glaxo Hoad Hill Harriers in 8:26.

U11B (2.0K) No **BWFAC** First of 66 was **Fraser Sproul** of Kendal AC in 7:16.

Other Results:

U13G (2.5K) **Danielle Whipp** 5th 10:29; **Jessica Jackson** 6th 10:34. First of 51 was **Jasmine Jolly** of Preston Harriers in 10:00. **Team** No team.

U13B (3.0K) **Jamie Jackson** 13th 12:28; **James Smith** 23rd 13:24; **Bruno Eaves** 31st 14:02; **Jack Tickle** 39th 14:45. First of 56 was **Samuel Almond** of Team North Cumbria in 11:41. **Team** 6th 66 points. **League** 6th 5 pts.

U15G (3.0K) **Taylor Holland** 20th 15:01. First of 22 was **Charlotte Crook** of Preston Harriers in 12:31. **Team** No team.

U15B (4.0K) **George Robinson** 19th 16:30; **Will Critchley** 35th 18:06. First of 41 was **Daniel Slater** of Liverpool Pembroke & Sefton Harriers in 13:58. **Team** No team.

U17W (4.0K) No **BWFAC**. First of 10 was **Sophie Whittaker**. **Team** No team.

U17M (6.0K) **Samuel Matthews** 9th 24:52; **Thomas Matthews** 16th 25:50; **Nathan Cheetham** 29th 26:52*; **Coner Millward** 32nd 33:18. First of 32 was **Chris Durney** of Preston Harriers & AC in 21:28. **Non Counter – waiting for clearance from previous club.* **Team** 4th 75 pts. **League** 4th 4 pts.

SW (6.0K) **Molly Betmead** 3rd (1st L20) 24:15; **Alisha Johnson** 7th (2nd L20) 24:59; **Bev Wright** 46th (9th L45) 28:44; **Michelle Tickle** 79th (24th L35) 30:41; **Laura Lawler** 81st (16th L45) 30:42; **Andrea Smith** 87th (14th L45) 30:56; **Karen Dunford** 91st (15th L45) 31:07; **Tanya Barlow** 112th (34th L35) 32:37. First of 166 was **Rebecca Robinson** of Kendall AAC in 22:15.

Teams: SW 'A' 2nd 51 pts **Division 1** 2nd 6 pts; **SW 'B'** 26th 229 pts; **Division 2** 6th 2 pts; **L35** 8th 91 pts; **Division** 8th 3 pts; **L45** 2nd 40 pts; **Division** 2nd 9 pts.

SM (10.0K) **Daniel Hayes** 45th 39:47; **John Wright** 46th (9th V40) 39:49; **Liam Craine** 100th 43:21; **James Unsworth** 132nd 45:06; **Gary Johnston** 151st (24th V50) 46:13; **Chris Lloyd** 163rd 46:48; **Peter Singleton** 206th (43rd V50) 49:01; **David Randall** 252nd (58th V50) 54:54; **Alan Wilkinson** 257th (13th V60) 55:45; **Simon Scarr** 265th (62nd V50) 56:56; **Jeff Wright** 266th (63rd V50) 56:56; **Peter Gibson** 282nd (16th V60) 1:00:41; **Bob Massey** 285th (18th V60) 1:01:52; **Bernard Singleton** 286th 1:01:52; **David Heaton** 295th (72nd V50) 1:16:52. First of 296 was **Tom Carson** of Horwich RMI Harriers in 34:57.

Teams: SM'A' 14th 592 pts. **Division 1** 4th 4 pts. **SM'B'** 30th 1439. **Division 4** 7th 1 pt. **V40** 14th 341 pts; **Division 2** 3rd 5 pts; **V50** 10th 138 pts; **Division** 10th 1 pts; **V60** 5th 57 pts; **Division** 4th 7 pts.

Airtricity Dublin Marathon: October 27th

David Everson 995th 3:19:42, c 3:19:26 **PB**. First of 14,600 was **Eliud Too** in 2:14:47 and first lady was **Esther Wanjiru Macharia** both from Kenya.

Coniston Trail Challenge 15K: October 4th

Ian Dawson 10th 1:15:125; **Carly Morgan** 60th (9th F) 1:23:38.3. First of was **Matt Huxford** in 1:10:03.7 and first lady was **Nicky Jovanovic** of Airecentre Pacers (5th) in 1:13:50.0.

Rivington Trail Half Marathon: October 4th

Anthony Blight 1:54:14; **David Randall** 2:00:15.

Congleton Half Marathon: October 5th

Tanya Barlow 372nd (67th F) 1:56:41, c 1:56:33. First of 501 was **Ben Gamble** of Tipton Harriers in 1:10:11 and first lady was **Rebecca Harrison** of Cheadle RC (29th) in 1:21:53.

Burnley Fire Station 10K: October 5th

Michael Ryan 80th 47:29. First of 243 was **Jonny McKenna** of Clayton Harriers in 35:11 and first lady was **Hannah Oldroyd** of UK Net Runner in 38:16.

Red Rose XC: Leigh Sports Village October 11th

U13B (2.5K) **Ben Preddy** 1st 9:02.

Lea 10K: Salwick October 11th

David Everson 12th (5th) 38:58 **PB**; **Tanya Barlow** 68th (2nd FV40) 51:03; **John Bradley** 75th (3rd MV70) 54:12. First of 89 was **Robert Danson** in 33:03 and 1st lady was **Catherine Caraduss** (18th) in 39:41 both of Wesham RR.

Mini Dream Trail Fun Run: St Helens October 12th

Jack Tickle 1st 5:21; **Lucy Tickle** 4th (1st Girl) 5:37 (37 competed). (4K - **Michelle Tickle** 8th (1st F & 1st FV40) 19:19. First of 45 was **James Mackell**) in 16:03.

TUI Half Marathon: Palma de Mallorca October 19th

Bev Wright 23rd (2nd F50) 1:34:03, c 1:33:58; **Tanya Barlow** 295th (55th F40) 1:58:49, c 1:58:40. First of 1179 was **Jessie Sanzo** Bristol & West AC in 1:19:38.

Northern Police XC League: Doncaster October 22nd

Laura Lawler 7th (1st FV45) 53:22.

Fairclough 5 Mile: October 26th

David Williamson 4th (2nd MV40) 29:30; **John Bradley** 62nd (4th MV70) 41:58; **John Winters** 66th (5th MV70) 42:22. First was **Steve Waterhouse** (unattached) in 29:01 and first lady was **Nicola Unsworth** in Wesham RR (27th) in 35:52.

Preston 5K Parkruns: Avenham/Miller Parks

October 4th **Lucy Tickle** 95th (15th F) 25:53. First of 181 was **Callum Grant** Liverpool Harriers & AC in 16:49 and first lady was **Katie Samuelson** Cambridge & Coleridge AC (19th) 20:38.

October 11th **David Twizell** 71st 24:13 **CPB**; **Lucy Tickle** 80th 24:59. First of 207 was **Matthew Thompson** in 16:51 and first lady was **Claire Melbourne** unattached (29th) in 20:57.

October 18th **Jack Tickle** 86th 24:56; **Lucy Tickle** 100th (13th F) 25:22. First of 205 was **David Rigby** in 16:25 and first lady was **Claire Melbourne** unattached was 31st in 20:49.