



WYLDEFYRE

October 2015 No 65

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*BWFA Events Mid Lancs Interclub & Club
Champ Fell Races English FR Champ Interclub
races Club Champ Lancs, Northern or Na-
tional Events U13/U15 Development
League NA League Sportshill League

Abbreviations & Key: Club Champ races are marked with asterisks; **ICoun** – Inter Counties; **HM** – Half Marathon; **TR** – Trail Run; **FR** – Fell Race; **MT** – Multi-Terrain; **CE** - Combined Events; **NA** – Northern Athletics; **YDL** - Young Development League; **RR**- Road Runners; **EIS** – English Institute of Sport; **ESAA** - English Schools Athletic Association; **BUSA** - British University Sports Association; **BMAF** – British Masters Athletic Federation; **NVAC** – Northern Veterans Athletic Club; **CAU** - UK Counties Athletic Union; **IAAF** - International Association of Athletics Federations; **IPC** International Paralympic Committee; **IAU** – International Association of Ultrarunners; **SIAB** – Schools’ International Athletic Board; **EIS** English Institute of Sport; **CH** - Club Handicap; **IC** – Inter Club; **PB** Personal Best; **CBP** – Championship Best Performance; **Ch** – Championship; **CC** – Club Championship; **JR** – junior races; **U** – under; **V** – vet; **ncr** – new club record since merger in 2006; **CR** - new club record including records set under Blackpool & Fylde AC and North Fylde AC; **CR** – course record; **CPB** Course Personal Best; **MR** – Meeting Record; **DR** – Debut Run; **NS** – National Standard, Performance level for which Standard Badges are awarded at National Champs; **ES** – Entry Standard Minimum performance level normally required to be selected for a County Schools Team for National Championships; **CS** - County Standard, a good level of performance at a County Champs meeting; **HJ** - High Jump; **LJ** - Long Jump; **DT** – Discus; **SP** – Shot; **CP** – Chest Push; **PV** – Pole Vault; **H** – Hurdles; **h** – heat; **F** – Final; **c** – chip; **i** – indoor; **m** – metres; **M** – Mile; **K** – Kilometre; ‘ – feet; **dq** –disqualified; **ws** – wind speed; Medals & 1st, 2nd & 3rd places **Gold Silver Bronze**

Important Club Races

18/10/15 **Green Dr 5M**
24/10/15 **Mid Lancs XC Burnley**
25/10/15 **Fairclough 5K**

www.parkrun.org.uk/preston held on Saturdays at 9am at **Avenham Park**
www.parkrun.org.uk/cuerdenvalley held on Saturdays at 9am at **Cuerden Valley Park**, The Barn, Berkeley Drive, Bamber Bridge, Preston.

FORTHCOMING EVENTS DIARY

- 03/10/15 ERRA National 6/4 Stage Road Relays
- 04/10/15 ERRA National Young Athletes Road Relays
- 07/10/15 **Club Handicap** New Road (18:15 start)
- 10/10/15 Red Rose XC League
- 11/10/15 Vernon 4M Preston & Autumn Breaker Stanley Park
- 17/10/15 **Northern Athletics XC Relays** & Pilling 10K (5/5)
- 18/10/15 **Green Drive 5M (Lancs 5M Champ)** Lytham
- 24/10/15 **Mid Lancs Towneley Park** Burnley
- 25/10/15 **Fairclough 5K** Thornton & Accrington 10K
- 31/10/15 **English XC Relay Champs** Mansfield
- 01/11/15 Through the Villages Race (8.45M) & Derwent Water Keswick
- 07/11/15 Podium 5K Barrowford
- 08/11/15 Windmill 10K Lytham
- 13/11/15 **Presentation Night** Hilton Hotel
- 15/11/15 64th Brampton to Carlisle 10M
- 22/11/15 Chorley Fire 10K
- 28/11/15 **Mid Lancs Cross Challenge/European Trials** Sefton Park L’pool
- 29/11/15 David Staff Memorial FR Darwen
- 05/12/15 Gt Langdale Xmas Pudding 10K & Mental Elf 3K/5K Blackburn
- 06/12/15 Guys 10M Bilsborrow
- 13/12/15 Hurst Green Turkey Trot (4.95M)
- 20/12/15 Rudolf’s Red Nose Race (5M) Blackpool
- 26/12/15 Boxing Day 10K Leyland
- 27/12/15 **Ribble Valley 10K Inc Northern Athletics Champs** Clitheroe
- 09/01/16 **Lancashire XC Champs** Witton Park Blackburn
- 16/01/16 **Mid Lancs XC Wilson Playing Fields** Hyndburn
- 16 to 17/01/16 **Northern Athletics Snr/U20/U17 Indoor Champs**
- 30/01/16 **Northern XC** Witton Park Blackburn
- 06/02/16 **Northern Athletics U15/U13 Indoor T&F Champs**
- 07/02/16 **European XC Champs**
- 13/02/16 **Mid Lancs XC Rossall School** Cleveleys
- 20/02/16 Glasgow Indoor Grand Prix
- 27/02/16 **ECCA National XC Champs** Donnington & Festive 4K Lancaster
- 27 & 28/02/15 **British Indoor Championships** Sheffield
- 05/03/16 **Mid Lancs XC Worden Park** Leyland
- 12/03/16 **UK CAU XC Champs**
- 17 to 20/03/16 **IAAF World Indoor Champs** Portland USA
- 16/04/16 **ERRA 12/6 Stage Road Relay Champs** Sutton Park
- 24/04/16 **London Marathon**
- 28 & 29/05/15 **Lancashire T&F Championships** Stanley Park Blackpool (Prov)
- 04/06/16 Birmingham Diamond League
- 24 to 26/06/16 **British Championships** Birmingham
- 02/07/16 **European Mountain Champs** Arco ITA
- 06 to 10 /07/16 **European Athletics Champs** Amsterdam NED
- 14 to 17/07/16 **1st European Athletic Youth Champs** (U18) Tblisi GEO
- 22 to 24/07/16 London Anniversary Games
- 12 to 21/08/15 **Olympic Games (Athletics)** Rio BRA

July's AotM

August's **Athletes of the Month** are **Mollie Mason** who has had a good year in the throws (Discus, Hammer & Javelin) culminating with third place in the Discus at the Northern Athletics Inter Counties with a National Standard throw. And **Peter Broome** who has led the **Over 60 Team** in the **Inter Club** to winning the Over 60 Section.



Congratulations to Isaac Towers who has been selected as part of the team to represent Great Britain & NI at the IPC World Championships which will be held in Doha, Qatar Oct 21st to 31st

Presentation Night

Hilton Hotel November 13th

Contact Nick Hume for Tickets:

nick.hume@tiscali.co.uk

Future Open Track & Field Meetings

07/11/15	NA Open Meeting Sheffield
05/12/15	NA Open Meeting Sheffield
20/12/15	Sale Harriers Indoor Open Meeting
31/01/16	Sale Harriers Indoor Open Meeting
06/02/16	Sale Harriers Indoor Open Meeting
20/03/16	Sale Harriers Indoor Open Meeting

BWFAC 2015 Road Champ: 6 Races to Qualify

15/03/15	Sweatshop 10M
19/04/15	Valiants ½ Marathon
14/05/15	Lytham IC
24/05/15	Great Ecclestone 4M
30/05/15	Catforth 5K
10/06/15	Preston IC
21/06/15	Freckleton ½ Marathon
30/06/15	Thornton IC
12/07/15	Lytham St Annes Carnival 5K
06/08/15	Badger Trail 10K (also Trail Champ)
20/07/15	Wesham IC
12/08/15	Chorley IC
02/09/15	Red Rose IC
27/09/15	Run Preston 10K
18/10/15*	Green Drive 5M Wesham
25/10/15	Fairclough 5K

Fell Champ: (2 Races Internal; 3 Races Inter Club)

27/05/15	Harrock Hill
07/07/15	20 Barriers
15/08/15	Darwin Gala

REPORTS & RESULTS

World Transplant Games: Mar del Plata ARG
August 23rd to 30th **WTG**

4x100m (Wiltshire, Hilton, Brookes, **Zoe Dixon** 1st 1:01.54

4x400m (Fehr, Brookes, **Zoe Dixon**, Wiltshire 1st 6:12.00.

20K Cycling 3rd 39:49.998; **5K** 2nd 10:58.789

England Athletics U15/U17 & IPC Championships: Bedford August 29th & 30th **EAC**

Isaac Towers (T34) **100mWC** ws +0.4 4th 18.03;

200mWC ws -0.7 2nd 32.06; **400mWC** 3rd 1:01.09;

1500mWC 1st 3:45.80. Libby Bonis **U17M 100m h4** 8th

13.02. Luke Halstead **U17M HJ F** 5th 1.91m.

7th Inter Club (Red Rose RR): 4.22M Worden
Park Leyland September 2nd **IC**

(Inter Club Positions shown in brackets) Liam Craine 6th

(5th) 23:48; Jake Walley 7th (6th & 2nd JM) 24:03; Luke Minns

8th (7th) 24:04; Danny Hayes 9th (8th) 24:14; James

Unsworth 18th (17th) 25:06; David Williamson 23rd (22nd & 6th V) 25:30; Ian Dawson 28th (26th) 25:48; James Greenaway 33rd (31st) 26:08; Lauren Gowland 50th (48th, 3rd F & 1st JW) 27:23; Caroline Betmead 62nd (58th, 5th F & 28th V) 28:01; Alisha Johnson 68th (64th, 6th F & 1st JF) 28:20; Jessica Rogers 75th (71st, 8th F & 2nd JF) 28:28; Bev Wright 87th (83rd, 11th F, 46th V & 15th V50) 29:03; Terry Westhead 96th (92nd, 53rd V & 20th V50) 29:35; Dave Skinner 110th (106th, 63rd & 24th V50) 30:12; Rick Pinches 116th (112th & 68th V) 30:31; Becky Rogers 117th (113th & 17th F) 30:33; Michelle Tickle 124th (120th, 20th F & 73rd V) 30:55; Steve Minto 127th (123rd, 75th V, 29th V50 & 12th V60) 32:58; Andrea Smith 134th (129th, 24th F & 79th V) 31:52; Anthony Blight 139th (134th, & 82nd V) 32:06; Laura Lawler 141st (136th, 27th F & 83rd V) 32:15; Alan Wilkinson 146th (141st, 88th V, 37th V50 & 10th V60) 32:27; Simon Scarr 149th (144th, 89th V & 38th V50) 32:33; Dawn Maher 150th (145th & 29th F) 32:38; Karen Dunford 156th (151st, 32nd F & 93rd V) 32:54; Nick Hume 157th (152nd, 94th V & 41st V50) 32:57; Kirsty Holland 160th (155th & 33rd F) 33:11; John Winters 206th (195th, 125th V, 64th V50 & 20th V60) 46:09; Lisa Haddock 221st (209th, 62nd F & 137th V) 41:31; Tanya Barlow 226th (214th, 67th F & 142nd V) 42:24; Norman Greenwood 232nd (220th, 148th V, 73rd V50 & 25th V60) 44:14. First of 243 was Patrick Dever in 22:22 and first lady was Nichola Jackson 40th in 26:30 both of Preston Harriers.

Team Results:

Open: Preston Harriers 1st 163 pts; **BWFAC 2nd 226 pts;** Wesham RR 3rd 318 pts; Red Rose RR 4th 362 pts; Chorley AC 5th 599 pts; LSARRC 6th 674 pts; Thornton 7th 1566.

Ladies: **BWFAC 1st 33 pts;** Wesham RR 2nd 46 pts; Preston Harriers 3rd 76 pts; LSARRC 4th 130 pts; Chorley AC 5th 308; Red Rose RR 6th 231 pts; Thornton 7th 409.

Vets: Preston Harriers 1st 43 pts; Wesham RR 2nd 60 pts; Red Rose RR 3rd 105 pts; Chorley AC 4th 211; **BWFAC 5th 264 pts;** LSARRC 6th 272 pts; Thornton 7th 712.

Vet 50s: Red Rose RR 1st 22 pts; Preston Harriers 2nd 27 pts; Wesham RR 3rd 61 pts; Chorley AC 4th 72 pts; **BWFAC 5th 88 pts;** LSARRC 5th 109 pts; Thornton 7th 340 pts.

Vet 60s: Wesham RR 1st 18 pts; Red Rose RR 2nd 22; LSARRC pts 3rd 27 pts; **BWFAC 4th 38 pts;** Chorley AC 5th 43 pts; Preston Harriers 6th 44 pts; Thornton 7th 122 pts.

League Position:

Open: Preston Harriers 1st 44 pts; Wesham RR 2nd 41 pts; **BWFAC 3rd 39 pts;** Red Rose RR 4th 28 pts; LSARRC 5th 17 pts; Chorley Athletic & Tri Club 6th 15 pts; Thornton 7th 12.

Ladies: **BWFAC 1st 44 pts;** Wesham RR 2nd 42 pts; Preston Harriers 3rd 40 pts; LSARRC 4th 24 pts; Red Rose RR 5th 22 pts; Chorley Athletic & Tri 6th 13 pts; Thornton 7th 11 pts.

Vets: Preston Harriers 1st 47 pts; Wesham RR 2nd 43 pts; Red Rose RR 3rd 35 pts; Chorley Athletic & Tri Club 4th 26 pts; **BWFAC 5th 19 pts;** LSARRC 6th 17 pts; Thornton 7th 9 pts.

Vet 50s: Red Rose RR 1st 48 pts; Preston Harriers 2nd 42 pts; Wesham RR 3rd 36 pts; **BWFAC 4th 26 pts;** Chorley Athletic & Tri Club 5th 21 pts; LSARRC 6th 16 pts; Thornton 7th 7 pts.

Vet 60s: **BWFAC 1st 38 pts;** LSARRC 2nd 37 pts; Red Rose RR 3rd 36 pts; Wesham RR 4th 36 pts; Preston Harriers 5th 20 pts; Chorley Athletic & Tri Club 6th 17 pts; Thornton 7th 11.

Sainsbury's UK School Games: Sportcity Sept 4th

George Fox **Ambulant Boys 100m** ws -3.1 3rd (644 pts); **200m** ws -1.5 2nd 26.19 (646 pts).

Northern Athletics 10000 metre Women's Championships: Trafford September 5th

10000m Emily Japp 1st 38:23.68 **PB;** Alisha Johnson 2nd 41:07.70 **PB.**

Club Handicap: New Road September 9th **CH**

Kirsty Holland 28:20; Tony Croft 33:00; Steve Ashton 33:01 **DB;** Liam Craine 20:17; Adam Bowker 25:41; Tony Airnes 29:50; Matt Broadhurst 26:01; James Greenaway 26:01; Nick Hume 28:09; Dawn Maher 29:10; Reg Smallbone 26:42; Dave Williamson 22:23; Peter Gibson 29:27; Andrea Smith 27:15; James Unsworth 22:02; Karen Dunford 29:37. **Handicapper & Timekeeper** Sharon Randall

North West Road Relays (Lancashire):

Edge Hill University Ormskirk September 12th **NWR**
Under 13 2800m Girls A Caitlyn Preddy (2) 11:48 (2nd Fastest); Lucy Tickle (2) 12:55; Natalia Luczak (2) 12:33; **Total Time** 37:16. **B** Poppy Hughes (3) 13:05; Leah Howard (3) 14:04; Laila Powell (3) 14:32 **Total Time** 41:41. **First team** was Blackburn Harriers in 35:29. **First NW team** Salford Harriers in 33:37.

Under 13 Boys 2800m No **BWFAC**. First Team Blackburn Harriers in 33:18. **First NW team** Salford Harriers in 31:24.

Under 15 Girls 2800m Jessica Jackson (1) 10:59; Kate Jenkinson (1) 11:40; Danielle Whipp (1) **Total Time** 1st **33:47.** Grace Webster (4) 12:03; Jessica Mangnall (3) 12:29; Taylor Holland (3) 12:02 **Total Time** 3rd **36:34.**

Under 15 Boys 2800m Ben Preddy (1st) 9:41 (1st fastest); Will Critchley (2) 10:42; George Robinson (2) 10:15; Adam Bowker (17th) 9:17 (incomplete team). **First team** was Trafford AC in 24:59. **First NW team** Vale Royal AC in 28:17.

Under 17 Women 5000m No **BWFAC**. **First team** Preston H in 32:32. First NW team Warrington AC in 31:38.

Under 17 Men 5000m No **BWFAC**. **First team** Preston H in 51:54. **First NW team** Vale Royal AC in 51:31.

Senior Women 5000m 'A' team Caroline Betmead (1st) 19:55; Alisha Johnson (1st) 19:40 (2nd fastest); Lauren Gowland (2nd) 19:42 (3rd fastest); **Total Time** 2nd **59:17.** **'B' team** Michelle Tickle (9th) 22:22; Bev Wright (7th) 21:02; Becky Rogers (6th) 22:22 **Total Time** 6th 1:06:07.

'C' team Dawn Maher (12th) 24:10; Laura Lawler (10th) 22:37; Andrea Smith (9th) 22:39; **Total Time** 9th 1:09:26.
'D' Kirsty Holland ((13th) 24:22; Karen Dunford (12th) 23:13; Tanya Barlow (14th) 28:35. **First team** Preston Harriers A 58:55. **First NW team** Vale Royal AC in 54:51. **Other local teams:** Preston Harriers B 4th 1:05:07; Wesham RR A 5th 1:05:40; Preston Harriers C 11th 1:12:15; LSARRC A 12th 1:13:57; Wesham RR B 13th 1:14:02; Wesham RR C 15th 1:18:16; Preston Harriers D 16th 1:26:32; Incomplete teams Wesham RR & LSARRC.

Senior Men 5000m 'A' team Luke Minns (5th) 16:36; Jake Walley (2nd) 16:12; Adam Weightman (6th) 18:03; David Everson (9th) 19:45 **Total Time** 9th 1:10:36 **'B' team** Rick Pinches (21st) 21:58; Derek Crane (20th) 23:09; Terry Westhead (19th) 21:36; Alan Wilkinson (20th) 23:14; **Total Time** 20th 1:29:57. **First team** Preston Harriers 'A' 1:05:47; **First NW team** Liverpool Harriers in 1:04:30; **Other local teams** Preston Harriers B 16th in 1:10:38; Wesham RR 12th 1:13:33; Preston 'C' 16th 1:18:41; LSARRC A 17th 1:19:11; Wesham RR C 21st 1:38:04; Incomplete team Wesham RR D, LSAARC B & Preston Harriers D.

Blackpool Open Medals Meeting: Stanley Park Arena Blackpool September 13th **BMM**

Under 9 Boys 80m F Zachariah Carter 5th 13.5; Giovanni Caputo 6th 14.1; Harrison Smith 7th 14.1; Antonio Caputo 16.9. **LJ F** Giovanni Caputo 3rd 2.81m; Harrison Smith 4th 2.48m; Zachariah Carter 5th 2.32m; Antonio Caputo 6th 2.21m.

Under 9 Girls 600m F Holly Tickle 10th 2:44.1. **LJ F** Holly Tickle 6th 2.59m **PB**.

Under 11 Boys 80m F Thomas Wilkinson 5th 13.6. **600m F** Connor Iles 5th 2:18.2. **LJ F** Thomas Wilkinson 5th 2.90m Connor Iles 8th 2.35m;

Under 11 Girls 80m h2 Bethany Whipp 2nd (7th) 13.6; Talia Ball 5th (11th) 15.9 **PB**=. **600m F** Bethany Whipp 3rd 1:59.1 **PB**. **LJ F** Bethany Whipp 11th 2.72m **PB**; Talia Ball 15th 2.15m **PB**.

Under 13 Boys 200m F Bruno Eaves 2nd 30.8. **1500m F** James Smith 2nd 5:06.5 **PB**. **LJ F** James Smith 1st 4.13m **PB**. **HJ F** James Smith 2nd 1.35m; Bruno Eaves 5th 1.20m.

Under 13 Girls 100m h1 Chloe Parsons 3rd (10th) 15.9; **h2** Ellie Owen 3rd (4th) 14.7 **PB**; Leah Howard 4th (5th) 14.7 **PB**; **h3** Poppy Hughes 1st (7th) 15.4 **PB**; Laila Powell 2nd (8th) 15.5; Natalia Luczak 3rd (11th) 16.0. **200m h1** Lily-Mae Gray 2nd (5th) 30.6; Ellie Owen 3rd (6th) 30.7; Poppy Hughes 4th (8th) 33.0; **h2** Leah Howard 3rd (4th) 30.5. **800m F** Lily-Mae Gray 2nd 2:41.0 **PB**; Maisie Rogers 5th 2:55.7; Lucy Tickle 6th 2:55.9; Laila Powell 9th 3:19.2. **70mH h1** Jasmine Carey 1st 12.4 **PB**; Minnie Rogers 4th 15.4 **PB**; **h2** Lucy Tickle 4th 15.7. **LJ F** Ellie Owen 4th 3.94m

PB; Leah Howard 7th 3.51m **PB**; Natalia Luczak 8th 3.50m; Lucy Tickle 9th 3.32m. **HJ F** Jasmine Carey 3rd 1.25m; Natalia Luczak 5th 1.20m **PB**; Poppy Hughes 6th 1.15m **PB**. **SP F** Maisie Rogers 4th 5.60m; Chloe Parsons 7th 4.28m **PB**; Talia Ball 8th 3.85m **PB**. **PV F** Amelia Shearman 2nd 2.30m **PB**; Minnie Rogers 3rd 2.30m **PB**; Jasmine Carey 4th 2.20m **PB**.

Under 15 Boys 100m F Jordan Kenyon 5th (10th) 14.4 **PB**; **h2** Bradley Parson 4th 12.9 **PB**; Henry Sandwell 5th (8th) 13.3. **200m h1** Henry Sandwell 4th (8th) 27.4; Jordan Kenyon 5th (10th) 29.7 **PB**; **h2** Bradley Parsons 5th (9th) 28.8. **800m F** George Robinson 2nd 2:20.2. **PV F** William Holmes 2nd 2.50m.

Under 15 Girls 100m h1 Faith Wood 3rd (3rd) 13.7; Kirsty Rushton 4th (4th) 13.8; Jessica Aziz 5th (5th) 13.9; **h2** Lois Powell 2nd (8th) 14.4; Caitlin Dickinson 6th (12th) 15.1. **200m h1** Jessica Aziz 1st (2nd=) 28.1; Taylor Holland 4th (7th) 30.0; **h2** Kirsty Rushton 2nd (2nd=) 28.1; Faith Wood 3rd (6th) 29.0; Caitlin Dickinson 4th (10th) 30.8 **PB**. **800m F** Daniella Whipp 1st 2:30.6. **LJ F** Erin Webbe 2nd 3.89m. **HJ F** Taylor Holland 2nd 1.45m **PB**; Danielle Whipp 6th 1.35m. **SP F** Erin Webbe 3rd 8.13m **PB**; Lucy Ball 4th 5.52m **PB**. **HT F** Mollie Mason 3rd 34.42m **PB**; Erin Webbe 4th 31.54m; Maisie Rogers (U13G) 5th 19.97m **PB**; Lucy Ball 6th 16.34m. **PV F** Kirsty Rushton 1st 2.80m; Katie Laycock 2nd 2.50 **PB**.

Under 17 Men 100m F Declan Taylor 3rd 12.2; James Hunt 5th 12.4. **200m F** James Hunt 4th 24.9 **PB**; Declan Taylor 5th 24.9.

Under 17 Women 100m F Libby Bonis 1st 13.2. **200m F** Libby Bonis 1st 27.4. **300m F** Hannah Maskill 2nd 45.9. **800m F** Annie Bradshaw 1st 2:17.5. **80mH F** Emilia Heslop 1st 12.3. **HJ F** Annie Bradshaw 1st 1.56m **PB**; Emilia Heslop 2nd 1.53m. **SP F** Emilia Heslop 1st 10.17 **PB**.

Senior Men PV F Dom Lavelle 2nd 3.90m.

Senior Women SP F Lorraine Bullar 2nd 7.61m; Susan Ball 3rd 7.51m. **HT F** Rebecca Todd 2nd 40.60m; Susan Ball 3rd 23.34 **PB**; Lorraine Buller 4th 22.59m. **PV F** Fiona Hockey 1st 3.60m.

Northern Road Relays: Stanley Park Blackpool September 19th **NRR**

Under 13 Girls A (3.2K) Caitlyn Preddy (13) 12:45; Lucy Tickle (20) 14:05; Natalia Luczak (24) 14:18; **Total Time** 23rd 41:08. **B** Laila Powell (39) 15:45; Poppy Hughes (37) 14:40; Incomplete Team. **First team** of 32 was Salford Harriers in 36:58; Preston Harriers 7th 38:26.

Under 13 Boys No **BWFAC**. First Team Keighley & Craven AC in 34:11.

Under 15 Girls A (3.2K) Jessica Jackson (15) 12:33; Kate Jenkinson (15) 13:03; Danielle Whipp (6) 37:46. **B** Taylor Holland (30) 13:56; Jessica Mangnall (28) 14:00. **First**

team Liverpool Harriers & AC B in 34:40; Preston Harriers B 8th 38:12; Preston Harriers A 25th 41:05.

Under 15 Boys A (3.2K) Ben Preddy (7) 10:33; George Robinson (9) 10:15; Will Critchley (12) 11:46. **Total Time** 12th 33:45. **B** Benjamin Armstead (40) 12:49; Jack Tickle (37) 9:17; William Holmes (33) 14:39. First team was Vale Royal A in 31:19. **First Team** of 33 Vale Royal AC A in 31:19; Preston Harriers A 9th 33:29; Preston Harriers B 28th 36:15.

Senior Women 'A' team (5.2K) Emily Japp (19) 19:11; Alicia Johnson (14) 19:51; Bev Wright (17) 21:28; Lauren Gowland (14) 19:28; **Total Time** 14th 1:19:58. **'B' team** Michelle Tickle (48) 22:25; Liz Whitaker (44) 23:44; Becky Rogers (40) 23:04; Andrea Smith (37) 22:37 **Total Time** 37th 1:31:50. **'C' team** Kirsty Holland (64) 25:57; Dawn Maher (59) 23:47; Lisa Haddock (60) 31:20; Laura Lawler (57) 23:49; **Total Time** 56th 1:44:53. First team Lincoln Wellington AC 58:55. **Other Local Clubs:** Wesham RR A 26th 1:26:41; LSARRC 45th 1:35:47; Wesham RR & AC B 49th 1:39:15; Wesham RR & AC C 53rd 1:41:02; **Non Counter** Thornton Cleveleys RC 1:35:40. **Incomplete Team** LSARRC B

Senior Men 'A' team (6.6K) Luke Minns (22) 20:52; Jake Walley (13) 21:03; Liam Craine (15) 22:01; Danny Hayes (17) 22:27; James Unsworth (17) 23:32; David Williamson (24) 23:48. **Total Times** 24th 2:13:43. **'B' team** Dave Everson (92) 25:26; Peter Broome (95) 27:40; Terry Westhead (94) 27:33; Rick Pinches (91) 26:20; Paul Powell (97) 30:11; Alan Wilkinson (99) 30:28; **Total Times** 98th 2:49:25. **First team** of 101 was Derby AC 2:01:24. **Other Local Teams:** Preston Harriers 'A' 18th in 2:12:31; Wesham RR & AC 'A' 41st 2:18:49; Preston Harriers 'B' 52nd 2:22:08; LSARRC 'A' 77th 2:35:39; Wesham RR & AC 'B' 84th 2:40:51; Wesham RR & AC C 101st 3:00:38.

Morrisons Great North Run: Newcastle Sept 13th David Cairns 424th 1:26:08; David Williamson 448th 1:26:08; Matthew Broadhurst 4215th 1:45:16; Simon Scarr 12141st 2:01:10; Ellen McLachlan 13776th 2:04:10; David Twizell 15895th 2:07:49; Claire Irons 28221st 2:30:53. First was Mo Farah of 40880 in 59:23.

English Schools Combines Events Final: Bedford International Stadium Sept 19th & 20th

Intermediate Girls Heptathlon Annie Bradshaw (Lancs) **80mH** ws +0.5 13.32 **PB** **Pts** 639; **HJ** 1.56m **PB** **Pts** 689; **SP** 8.81m **PB** **Pts** 454; **200m** ws +1.5 27.30 **Pts** 687; **LJ** ws + 1.2 4.60m **PB** **Pts** 454; **JT** 22.06m **Pts** 327; **800m** 2:20.20 **Pts** 821; **Total Points** 4069 **PB**.

Mid Lancs XC League: Astley Park, Chorley September 26th

XC

U11G (1.6K) Felicity Barnes 2nd 6:13; Bethany Whipp 9th 6:44; Grace Blinacow 26th 7:20; Holly Tickle 48th 8:10; Ellise Balshaw 51st 8:20. First (non-counter) of 44 was Isabella Merritt of Bolton United H & AC in 6:13. **Team** 2nd 34 pts.

U11B (1.6K) Jonny Goodacre 52nd 10:35. First of 52 was Dexta Thompson of Clayton-le-Moors Harriers in 5:54.

U13G (2.5K) Caitlyn Preddy 3rd 10:54; Lucy Tickle 14th 11:35; Natalia Luczak 18th 11:47. First of 44 was Amy Davies of Blackburn Harriers in 10:22. **Team** 2nd 35 pts.

U13B (3.0K) James Smith 4th 12:28; Bruno Eaves 22nd 14:10; Lewis Weaver 26th 14:27. First of 49 was Matthew Ramsden of Blackburn Harriers & AC in 12:33. **Team** 4th 52 points.

U15G (3.0K) Danielle Whipp 3rd 13:28; Jessica Jackson 6th 14:16; Kate Jenkinson 10th 14:45; Taylor Holland 20th 16:00; Jessica Mangnall 14th 15:26. First of 22 was Samantha Bland of Kendal-Helm Composite in 13:11. **Team** 2nd 19 pts

U15B (3.9K) Ben Preddy 1st (of 27) 14:58; George Robinson 10th 16:06; Jack Tickle 16th 17:15. **Team** No team.

U17W (3.9K) No **BWFAC**. First of 9 was Elizabeth Greenwood in 15:46.

U17M (6.2K) No **BWFAC** First of 10 was Matthew Barnes of Pendle AC in 21:28. . .

SW (6.2K) Emily Japp 1st (of 141) 24:28; Caroline Betmead 4th (2nd L35) 26:23; Laura Gilderdale 14th 28:08; Michelle Tickle 30th (16th L35) 30:41; Laura Lawler 36th (5th L45) 29:50. **Teams:** **SW 'A'** 2nd 34 pts; **SW 'B'** No **BWFAC**; **L35** 2nd 44 pts; **L45** No **BWFACs**.

SM (9.9K) Phil Leybourne non counter 25th (1st V40) 38:08; John Wright 50th (3rd V50) 40:38; Dave Everson 111th (33rd V40) 45:08; Peter Singleton 158th (26th V50) 48:27; Simon Scarr 207th (46th V50) 52:22; Alan Wilkinson 214th (10th V60) 54:33; Peter Gibson 237th (16th V60) 1:00:30; Jeff Wright 240th (55th V50) 1:02:02; 285th (18th V60) 1:01:52; Bernard Singleton 245th (19th V60) 1:06:37; Alan Smart 246th (57th V50) 1:06:37; John Winters 247th (2nd V70) 1:09:36; Bob Massey DNF. First of 249 was James Douglas of Border Harriers in 34:00. **Teams:** **SM'A'** 23rd 592 pts.

Division 1 4th 4 pts. **SM'B'** No **BWFAC**. **Division 4** 7th 1 pt. **V40** 12th 239 pts; **Division 2** 3rd 5 pts; **V50** 7th 84 pts; **Division 10** 1st 1 pts; **V60** 5th 45 pts; **Division 4** 4th 7 pts.

Blackpool Open Medals Meeting: Stanley Park Arena Blackpool September 27th

Under 9 Boys 80m h1 Zachariah Carter 3rd (4th) 13.7; Giovanni Caputo 4th (6th) 14.3; Harrison Smith 5th (7th) 14.4; **h2** Antonio Caputo 15.0. **LJ F** Zachariah Carter 2nd 3.08m; Harrison Smith 5th 2.84m; Giovanni Caputo 7th 2.45m; Antonio Caputo 8th 1.97m.

Under 9 Girls 80m F Honey Harrison 3rd 14.1. **600m F** Honey Harrison 8th 2:28.7. **LJ F** Honey Harrison 4th 2.80m.

Under 11 Boys 80m h2 Thomas Wilkinson 1st (5th) 13.5. **600m F** George MacKenzie 4th 2:15.5. **LJ F** George MacKenzie 5th 3.15m; Thomas Wilkinson 6th 2.90m.

Under 11 Girls 80m h1 Talia Ball 7th (14th) 16.3. **LJ F** Talia Ball 13th 1.98.

Under 13 Boys 100m F Nicholas Christodoulou 6th 15.7. **800m F** Bruno Eaves 1st 2:42.6 **PB**. **LJ F** Nicholas Christodoulou 5th 2.65m. **HJ F** Bruno Eaves 5th 1.25m.

Under 13 Girls 100m h1 Ellie Owen 4th (4th=) 14.6 **PB** **h2**; Leah Howard 2nd (6th) 14.7 **PB**; **h3** Poppy Hughes 3rd (14th=) 15.2 **PB**; Laila Powell 4th (17th) 15.4; Natalia Luczak 6th (20th) 16.1; Chloe Parsons 7th (21st) 16.2. **200m h1** Ellie Owen 3rd (5th) 30.7; **h2** Leah Howard 3rd (6th) 30.1; Laila Powell 6th (12th) 32.2. **800m F** Jasmine Carey 2nd 2:39.4 **PB**; Poppy Hughes 6th 3:01.9. **LJ F** Natalia Luczak 3rd 4.12m **PB**; Ellie Owen 8th 3.98m **PB**. **HJ F** Jasmine Carey 1st 1.37 **PB**; Poppy Hughes 3rd 1.20m; Natalia Luczak 5th 1.20m **PB**; Leah Howard 9th 1.15m.

Under 15 Boys 100m F Bradley Parson 4th 13.0; Henry Sandwell 6th 13.4; Noah Egan 8th 13.7. **200m F** Bradley Parsons 3rd 28.8; Henry Sandwell 4th 27.6; Noah Egan 5th 28.9.

Under 15 Girls 100m h1 Faith Wood 3rd (3rd) 13.7; **h2** Olivia Hanby 1st (7th) 14.2; Lois Powell 4th (10th) 14.4; Alicia Stretton 6th (12th) 14.5; Caitlin Dickinson 8th (14th) 15.2. **200m h1** Faith Wood 3rd (3rd) 29.8; **h2** Olivia Hanby 2nd (8th) 29.8; Alicia Stretton 3rd (9th) 28.8; Lois Powell 6th (12th) 30.8; Caitlin Dickinson 7th (13th) 31.4. **300m F** Taylor Holland 4th 48.4. **1500m F** Jessica Jackson 1st 5:19.3. **LJ F** Taylor Holland 6th 4.17m **PB**; Jessica Jackson 8th 3.96m **PB**; Olivia Hanby 9th 3.93m. **HJ F** Taylor Holland 2nd 1.40m. **DT F** Charlotte Jones (U13G) 2nd 16.26m **PB**; Lucy Ball 3rd 14.61m; Chloe Parsons (U13G) 4th 11.03m **PB**. **JT F** Lucy Ball 4th 11.30m **PB**.

Under 17 Men JT F Louis Walker 1st 48.84m.

Under 17 Women 200m F Hannah Maskill 2nd 28.9; Yasmin Abdali 3rd 32.2. **300m F** Hannah Maskill 4th 45.9.

Senior Men 400m F Nathan Cheetham 1st 58.3. **1500m F** Jake Walley 1st 4:12.9; Adam Weightman 2nd 4:26.5.

Senior Women DT F Susan Ball 1st 27.99m; Kate Seed 2nd 21.91m; Lorraine Buller 3rd 20.65m. **JT F** Susan Ball 2nd 20.60m.

Run Preston 10K: September 27th

Michelle Tickle 118th (10th F & 3rd FV40) 45:27, c 45:10 **PB**; Becky Rogers 162nd (74th F) 47:00, c 46:43; Kirsty Holland 375th (66th F) 53:30, c 53:13. First of 1028 was David Rigby

in 31:58, c 31:57 and first lady was Helen Clitheroe (8th) in 34:57 both of Preston Harriers.

Other Results:

Trafford AC Medal Open Meeting: August 31st

Benjamin Preddy **U15B 800m** 2nd 2:18.31. Caitlyn Preddy **U13G 800m h2** 4th 2:47.95 **PB**

Derwentwater Trail Challenge 15K: September 6th
Ian Dawson 1st (of 464) 1:09:55, c 1:09:26. Rick Pinches 96th 1:29:03, c 1:28:25; Simon Scarr 124th 1:31:42, c 1:30:59; Kirsty Holland 230th 1:40:56, c 1:40:13. First lady was Helen Smith (9th) in 1:13:56.

Southport Waterloo Open T&F Meeting: Litherland Sports Park September 5th

Declan Taylor (U17M) **100m h2** 1st (6th) 12.0; **200m h2** 2nd (5th) 24.6.

Pendle AC Open: September 6th

U15G Erin Webbe **100m F** 5th 14.5; **SP F** 3rd 8.28m **PB**; **HT F** 5th 31.68m **PB**. Mollie Mason **DT F** 1st 30.07m; **HT F** 3rd 33.48m. **SW** Susan Ball **SPF** 2nd 7.75m; **DT F** 1st 26.37m; **HT F** 3rd 22.36m. Rebecca Todd **HT F** 1st 41:53m **PB**. **SM** Ian Corcoran **JT F** 1st 38.62m **PB**.

Garstang Half Marathon: September 13th

Liam Craine 2nd 1:19:18; Peter Gibson 113th 2:03:24; Jeff Wright 141st 2:16:26. First of 172 was David Rigby of Preston Harriers in 1:13:22 and first lady was Joanne Nelson of Darwen Dashers (14th) in 1:28:04.

Fleetwood Triathlon: September 20th

George Robinson **S** 4:54.4; **B** 17:02.0; **R** 8:47.3 **Total 30:43.7**. Ben Preddy **S** 4:26.5; **B** 18:40.8; **R** 8:24.8 **Total 31:32.2**. William Holmes **S** 5:58.6; **B** 18:55.9; **R** 12:20.9; **Total 37:15.4**

Aintree 10K: September 20th

Derek Crane 119th in 47:11, c 47:10. First of 697 was Tesfaye Debele of Leeds City AC in 31:58 and first lady was Kirsty Longley of Liverpool, Pembroke & Sefton AC (10th) in 37:08

Lancaster 5K: September 26th

Derek Crane 46th 21:38; Tanya Barlow 66th 25:34. First of 82 was Rob Danson of Wesham RR in 15:14 and first lady was Jayne Perry of Lancaster & Morecambe AC (28th) in 19:05.

Preston 5K Parkruns: Avenham/Miller Parks

September 5th Michelle Tickle 59th (5th F) 22:49. First of 266 was Jason Parker of Preston Harriers in 16:41:03 and first lady was Claire Melbourne *unattached* (32nd) in 21:02.

September 26th David Twizell 84th 24:54. First of 224 was Jason Parker of Preston Harriers in 17:08 and first lady was Claire Melbourne (19th) 20:54.