

**BLACKPOOL, WYRE & FYLDE AC**  
**MERITORIOUS TROPHIES 2009 AWARDS**

| <b>No</b> | <b>Trophy</b>                         | <b>Reason for Award</b>  | <b>Winner</b>               |
|-----------|---------------------------------------|--|-----------------------------|
| 1         | <b>QUAYLE TROPHY</b>                  | Most outstanding athlete Male or Female any age                                | Zoe Dixon MBE               |
| 2         | <b>LARGE LANGEN HESSON TROPHY</b>     | Runner-up to the Quayle Trophy- Male   | Carl Myerscough             |
| 3         | <b>SMALL LANGEN TROPHY</b>            | Runner-up to the Quayle Trophy- Female   | Lisa Daley                  |
| 4         | <b>CARTMELL DRAGON TROPHY</b>         | Most outstanding Veteran Male or Female  | Caroline Betmead            |
| 5         | <b>COCKER TROPHY</b>                  | Club Spirit and Turning Out Regardless (No Age Barrier)                        | Katrina Kelly               |
| 6         | <b>VAUX TANKARD</b>                   | Most successful Male U/18 (Track or Cross Country)                             | James Davies                |
| 7         | <b>LANGEN HESSON PLAQUE</b>           | Most improved Female 15-17 Age-group   | Loryn McCrudden             |
| 8         | <b>CHAIRMAN'S TROPHY</b>              | Most improved Male 15-17 Age-group   | Jack Scarr                  |
| 9         | <b>SOUTHERN TROPHY</b>                | Most improved Female 13-15 Age-group   | Kassidy Knight              |
| 10        | <b>ROWLAND JONES TROPHY</b>           | Most improved Male 13-15 Age-group   | Alex Nash                   |
| 11        | <b>KENNEL TROPHY</b>                  | Most improved Female 11-13 Age-group   | Tash Gardner                |
| 12        | <b>RYAN TROPHY</b>                    | Most improved Male 11-13 Age-group   | David Jones                 |
| 13        | <b>BROOKS BARREL</b>                  | Encouragement Award 10-12 Age-group  | Dominic Lavelle/Kelly Smith |
| 14        | <b>PENDLETON TROPHY</b>               | Best Female Middle Distance (No Age Bar)                                       | Gemma Unsworth              |
| 15        | <b>B Ae TROPHY</b>                    | Best Male Middle Distance (No Age Bar)   | Luke Minns                  |
| 16        | <b>SANDRA HELME TROPHY</b>            | Best Throws Female 13-15 Age Group   | Chloe Needham               |
| 17        | <b>B Ae TROPHY</b>                    | Encouragement Award Throws Male U/17   | Omar Frederick              |
| 18        | <b>BERNARD BERRY MEMORIAL</b>         | Best Female U/17 Track   | Lucy Mansfield              |
| 19        | <b>GERARD WILLIAMS TROPHY</b>         | Awarded for Perseverance and Consistency in Sprinting Age Groups U/17 & Senior | Laura Davies                |
| 20        | <b>BOB HOPE TROPHY</b>                | Best Throws Male or Female (No Age Bar)  | Carl Myerscough             |
| 21        | <b>JACK PRITCHARD TROPHY</b>          | Best Male U/17 Track   | James Davies                |
| 22        | <b>CLUB ROAD RUNNER TROPHY</b>        | Outstanding Road Performance Male or Female (No Age Bar)                       | Stuart Robinson             |
| 23        | <b>CENTENARY TROPHY</b>               | Best Jumps Award Male or Female (No Age Bar)                                   | James Davies                |
| 24        | <b>PRESIDENTS TROPHY</b>              | Best Multi-Events Performance Male or Female (No Age Bar)                      | Beth Towers                 |
| 25        | <b>FELL RUNNING TROPHY</b>            | Most outstanding Fell Runner Male (No Age Bar) Fell Champion                   | Stuart Williams             |
| 26        | <b>FELL RUNNING TROPHY</b>            | Most outstanding Fell Runner Female (No Age Bar) Fell Champion                 | Janet O'Doherty             |
| 27        | <b>RON HELMN TROPHY</b>               | For the best 800m runner aged 14 years (Boy or Girl )                          | Alex Kiziltas               |
| 28        | <b>ALF TYSOE TEAM TROPHY</b>          | Outstanding Team Performance   | YAL Teams                   |
| 29        | <b>PETER SMITH MERITORIOUS AWARD</b>  | Outstanding Service to the club – Female                                       | Rita Hope                   |
| 30        | <b>TONY CROFT MERITORIOUS AWARD</b>   | Outstanding Service to the club – Male   | Charlie Garrett             |
| 31        | <b>ROAD CHAMPIONSHIP SALVER MEN</b>   | Road Champion  |                             |
| 32        | <b>ROAD CHAMPIONSHIP SALVER WOMEN</b> | Road Champion  |                             |
| 33        | <b>TRAIL RUNNING TROPHY</b>           | Most outstanding Trail Runner Male (No Age Bar) Trail Champion                 | Dave Robson                 |
| 34        | <b>TRAIL RUNNING TROPHY</b>           | Most outstanding Trail Runner Female (No Age Bar) Trail Champion               | Tanya Ashworth              |

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