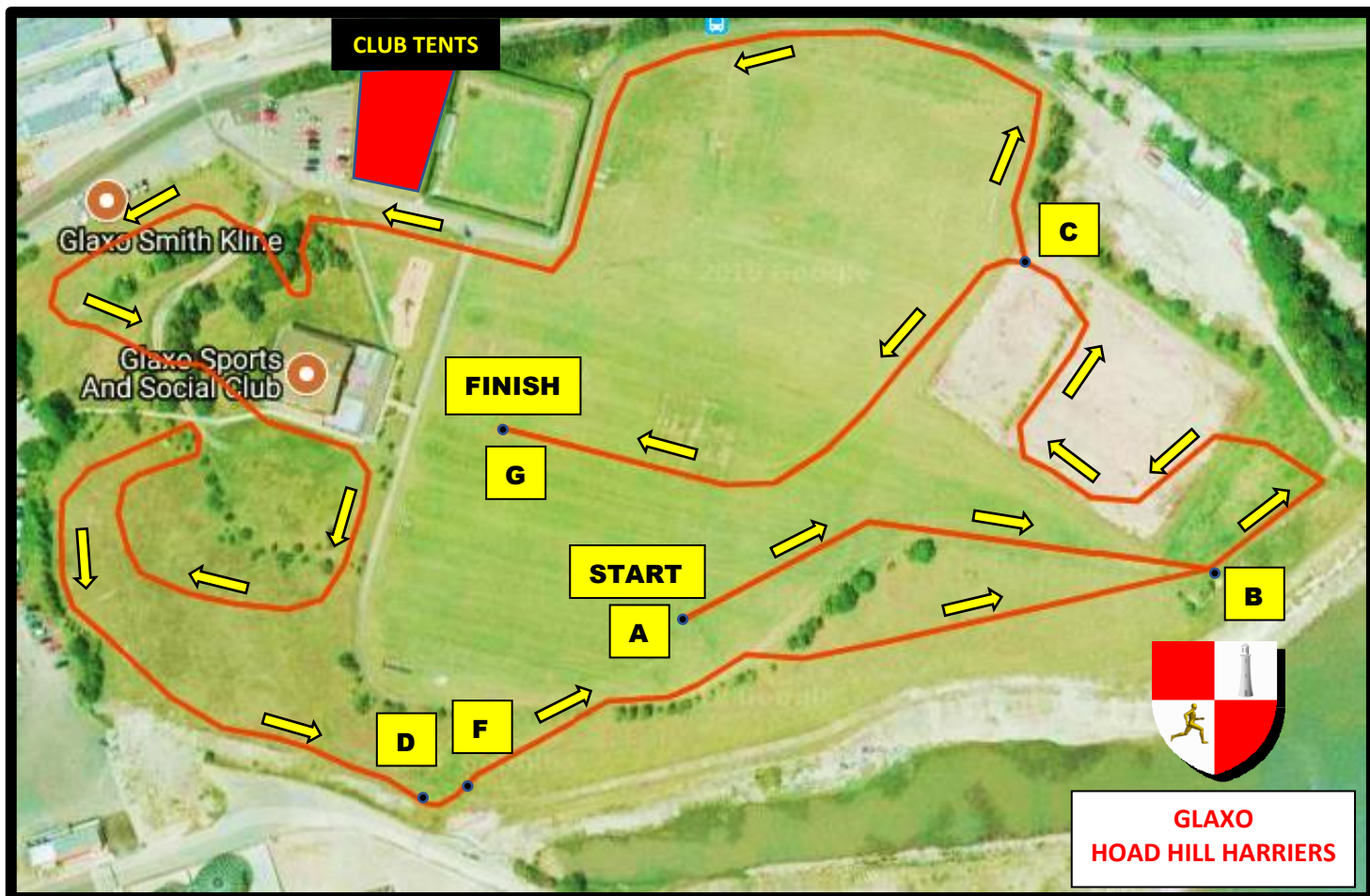




MID LANCS X COUNTRY – GLAXO ,ULVERSTON

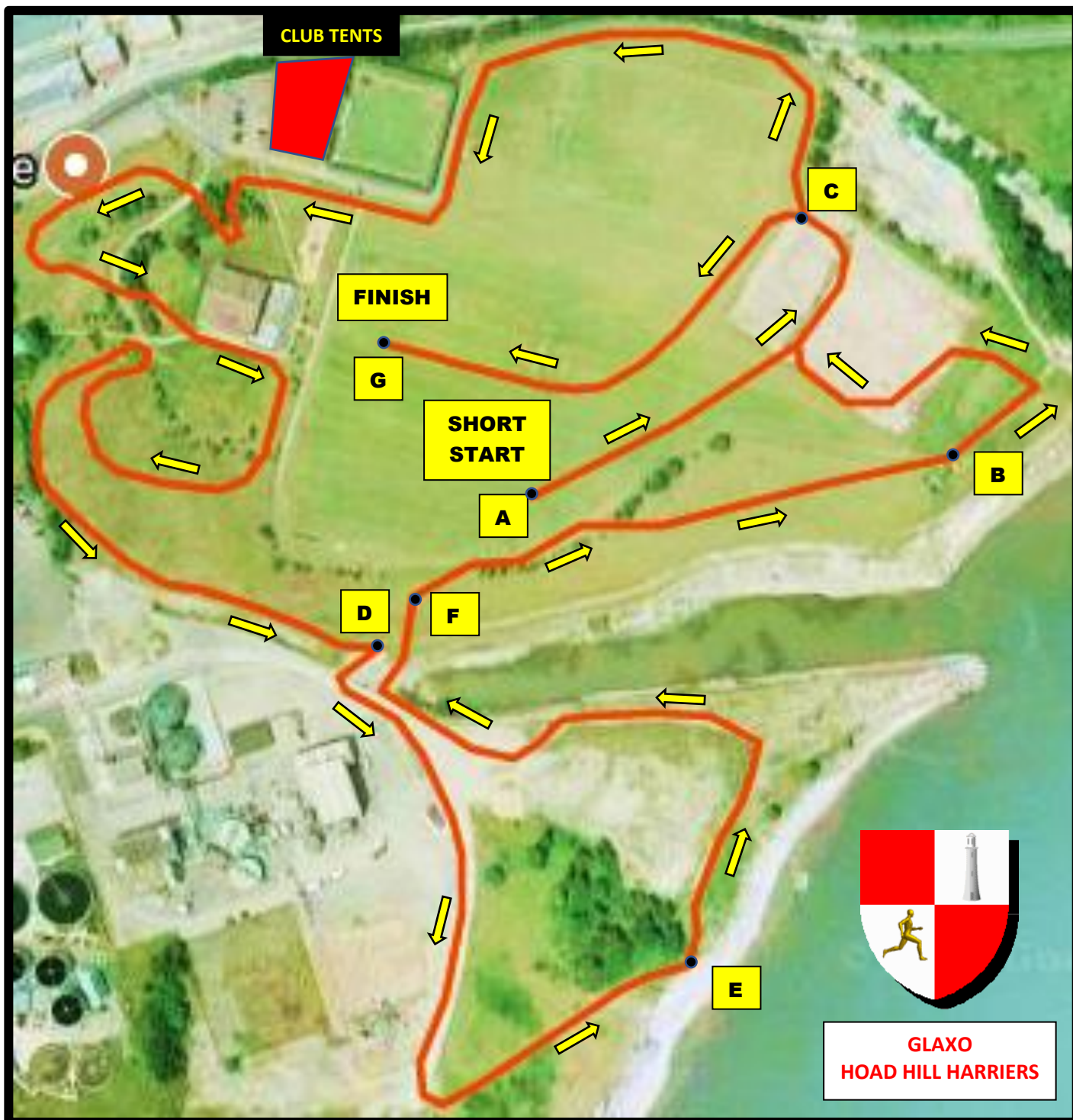
12:30 pm : RACE 1 : UNDER 11 GIRLS

12:45 pm : RACE 2 : UNDER 11 BOYS

START + 1 SHORT LAP + FINISH

A → B C D F B C → G

2.2K



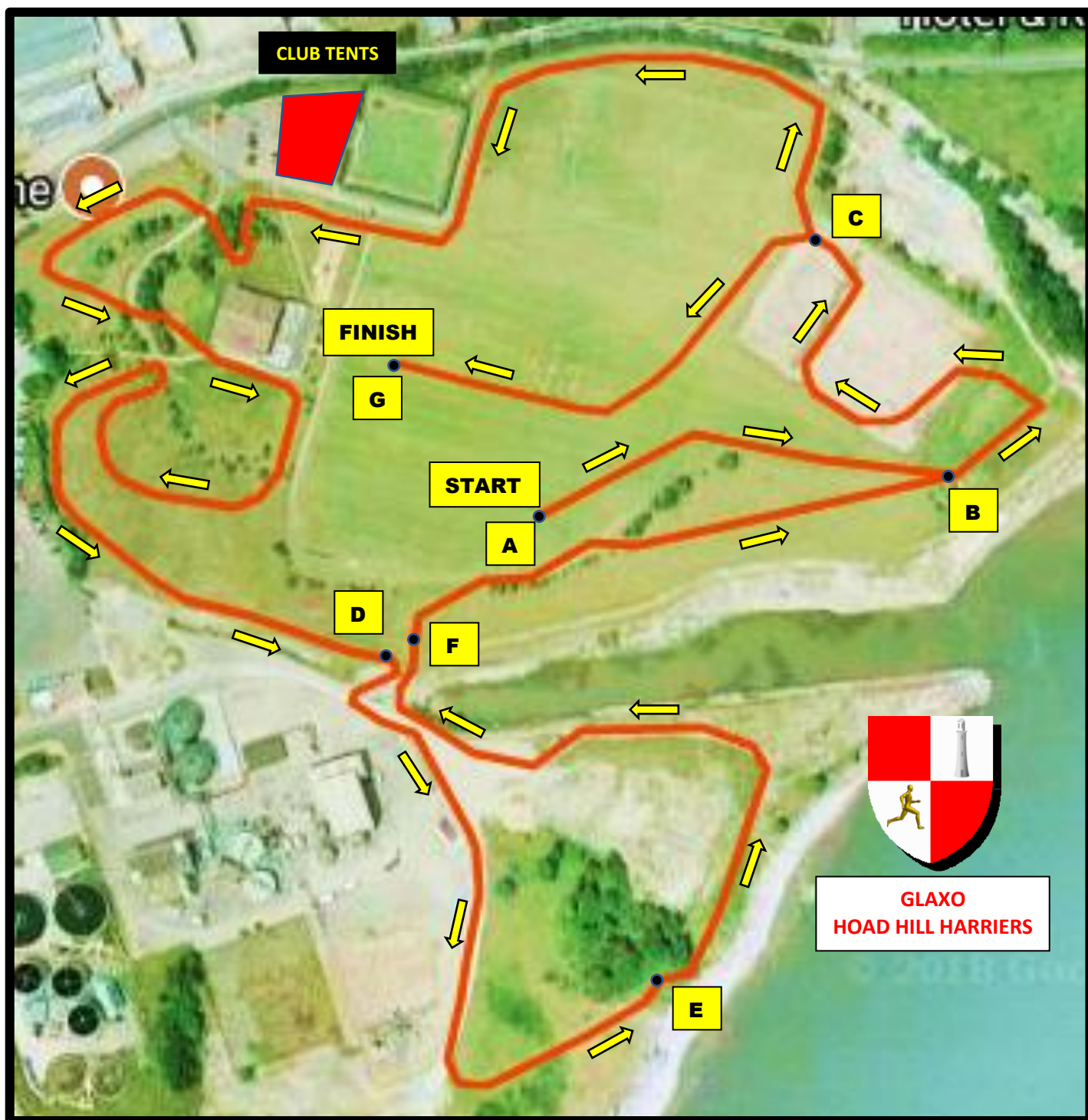
MID LANCS X COUNTRY – GLAXO, ULVERSTON

1:00 pm : RACE 3 : UNDER 13 GIRLS

SHORT START + 1 LONG LAP + FINISH

A → C D E F B C → G

2.6K



MID LANCS X COUNTRY – GLAXO, ULVERSTON

1:20 pm : RACE 4

UNDER 13 BOYS/UNDER 15 GIRLS

START + 1 LONG LAP + FINISH

A → B C D E F B C → G

2.8K



MID LANCs X COUNTRY – GLAXO ,ULVERSTON

1:40 pm : RACE 5

UNDER 15 BOYS / UNDER 17 WOMEN

START + 1 SHORT LAP+ 1 LONG LAP + FINISH

A→B C D F B→C D E F B C→G

4.4K



MID LANCS X COUNTRY – GLAXO ,ULVERSTON

2:00 pm : RACE 6

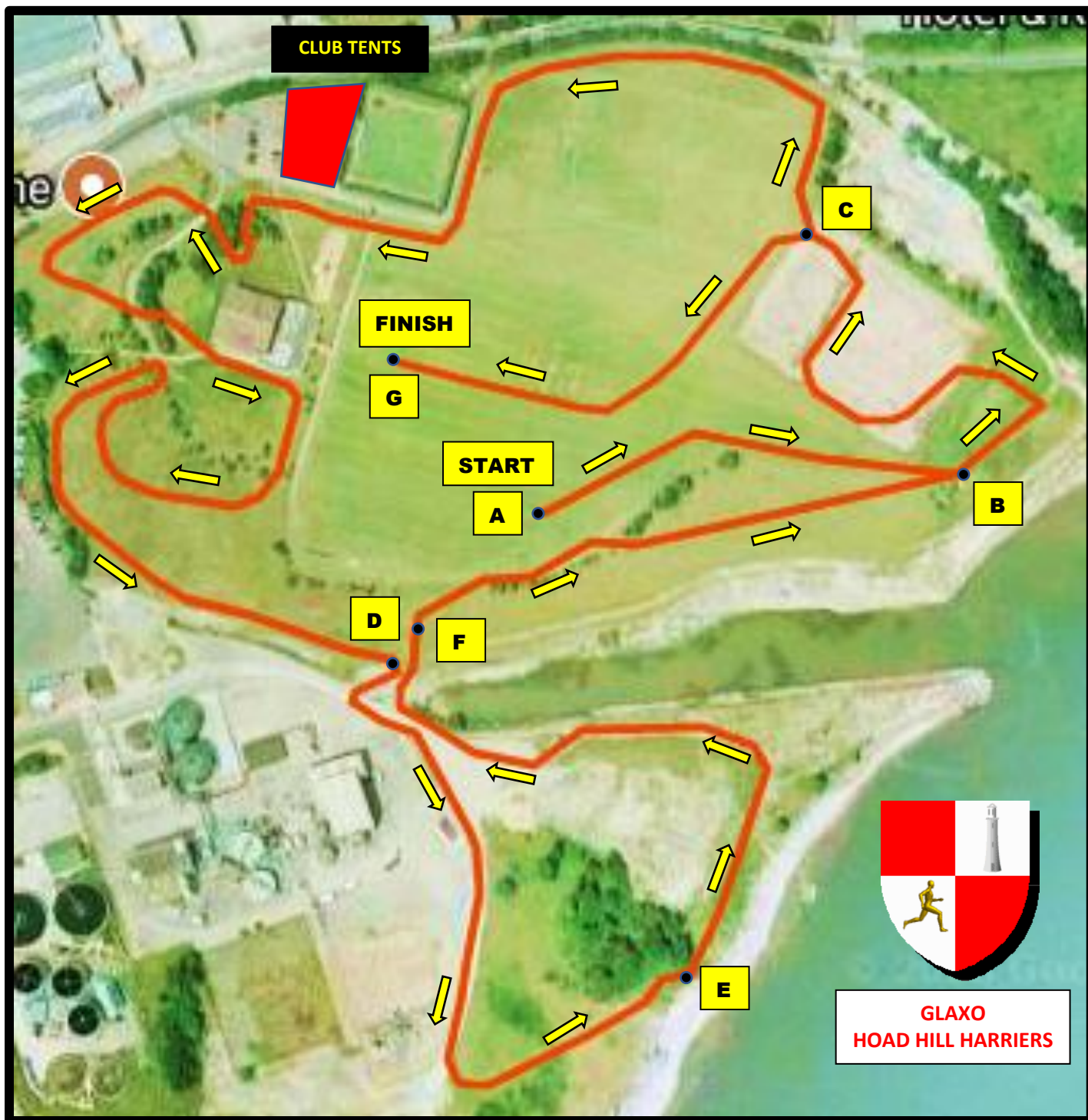
UNDER 17 MEN / VET 70 MEN

UNDER 20 WOMEN/SENIOR/VET WOMEN

START + 1 SHORT LAP+ 2 LONG LAPS + FINISH

A → B C D F B → C D E F B C → C D E F B C → G

6.9K



MID LANCS X COUNTRY – GLAXO ,ULVERSTON

2:30 pm : RACE 7

UNDER 20 MEN / SENIOR / VET MEN

START + 4 LONG LAPS + FINISH

A → B C D E F B → C D E F B → C D E F B → C D E F B C → G

9.4K

