



DO YOU RUN?

DO YOU JUMP?

Or

DO YOU JUST LIKE TO THROW THINGS?

OR MAYBE YOU BURN UP THE TRACK IN A
RACING CHAIR



WHATEVER YOU LIKE TO DO—COME AND DO IT AT
THE NORTHERN TRACK & FIELD CHAMPIONSHIPS
2018.

SR/U20/PS 9/10 JUNE
U17/U15/U13— 11/12 AUGUST
ENTER AT WWW.RACE-RESULTS.ORG.UK



START
FITNESS