

10k – Men - 2025

Gun	Chip	Name	Cat	Race	Date
31.01	31.00	Luke Minns	V35	Clitheroe	28.12.25
32.37	32.33	Jude Cowan	M	Clitheroe	28.12.25
34.23		Luke Mason	M	Manchester	18.05.25
34.33		Josh Smith	M	Preston	02.03.25
35.36	35.29	Joe Rutland	V35	Clitheroe	28.12.25
37.52	37.48	Jonathan Sanderson	M	Fleetwood	06.04.25
38.18	37.59	Stuart Ford	V40	Clitheroe	28.12.25
38.21		Ian Dawson	V45	Morecambe	21.09.25
39.08	38.49	Dominic Lavelle	M	Clitheroe	28.12.25
38.47	38.35	Chris Lloyd	V45	Pulford	23.03.25
38.54	38.51	Nathan Baker	M	Preston	28.05.25
41.18		Simon Reason	M	Lancaster	16.02.25
42.13	41.54	Simon Lawson	V45	Clitheroe	28.12.25
42.23	42.26	Chris Wylie	M	Pulford	23.03.25
43.32	41.59	Tom Raybould	V45	Blackpool	16.08.25
43.56	43.48	William Lockhart	M	Knutsford	12.04.25
44.31	44.25	Paul Woolford	V40	Preston	29.11.25
51.42	43.54	Paul Sparrow	V55	Leeds	30.11.25
45.36		Chris Bluck	V45	Lancaster	16.02.25
49.02	48.53	Michael Cheshire	V60	Knutsford	23.07.25
49.11		Dan Higgins	V45	Lancaster	26.10.25
52.47	19.15	Maxwell Leonard	M	Blackburn	30.11.25
52.48		Thomas McKone	V40	Morecambe	01.06.25
54.10	54.09	Dave Marsland	V65	Blackburn	02.02.25
54.19		Darrell Pickering	V60	Lancaster	16.02.25
54.34		Simon Scarr	V60	Lancaster	16.02.25
55.51		Jack Scarr	M	Manchester	18.05.25
55.57		John Reason	V65	Lancaster	16.02.25
57.14	56.49	Derek Crane	V55	Clitheroe	28.12.25
62.21	61.21	Samuel Robinson	M	Battersea Pk London	27.08.25
63.35		Rick Pinches	V55	Lancaster	16.02.25
64.42		Bill Smith	V75	Lancaster	16.02.25
70.48		John Dunn	V45	Lancaster	16.02.25

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