

JANUARY 2026 HANDICAP

Sunday 4th January

Officials: Liz & Tony Airnes

Pos	Name	Pred Time	H'Cap Time	Diff	Pred Rank	PB	Date
1	Tom Raybould	24:00	25:50	01:50	10	23.38	Oct-25
2	Bev Wright	30:31	28:59	01:32	8	23.13	Jan-09
3	Danny Higgins	29:30	29:05	00:25	2	26.2	Aug-20
4	Chris Wylie	31:00	29:20	01:40	9	23.07	Apr-23
5	Karen Dunford	31:28	30:49	00:39	3	26.44	May-06
6	Nick Hume	32:05	32:46	00:41	4	18.37	Feb-88
7	Ian Close	31:30	32:46	01:16	=5	22.41	May-01
8	Peter Gibson	34:45	33:29	01:16	=5	25.35	Dec-11
9	Gina Whiteley	34:30	34:38	00:08	1	29.26	Feb-19
10	Malcolm Beech	36:30	37:48	01:18	7	30.54	Apr-19
11	Tony Croft	41:20	37:51	03:29	11	19.33	Jun-87

A pleasing turnout on a cold winters morning which made it an easy decision to set everyone off together. For most it was a lonely run trying to match their predicted times but Nick and Ian battled all the way to the line with Nick having his first competitive outing for 13 months. Congratulations to Gina who was only 8 secs off her estimated time. The surprise package was Tony C who was immediately rushed off for drug testing! Many thanks once again to Liz and Tony for standing out in the cold waiting for us all to return.

FEBRUARY HANDICAP: 1st FEBRUARY 2026 at 10.00