

MAY 2026 HANDICAP

Wednesday 13th May

Officials: Nick Hume & Laura Lawler

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Daniel Higgins	00:11:30	00:38:36	27:06	26.20	Aug-20
2	Gina Whiteley	00:06:00	00:38:40	32:40	29.26	Feb-19
3	Leanne Bluck	00:06:00	00:38:41	32:41	DR	
4	Jack Hester	00:03:00	00:38:42	35:42	DR	
5	Anthony Blight	00:10:00	00:39:04	29:04	24.55	May-02
6	Malcolm Beech	00:04:00	00:39:05	35:05	30.54	Apr-19
7	Scott Ross	00:14:00	00:39:06	25:06	22.29	Aug-24
8	Dave Williamson	00:17:00	00:39:10	22:10	21.41	Jul-15
9	Stephen Browne	00:10:00	00:39:14	29:14	26.16	Sep-09
10	Paul Eaton	00:16:30	00:39:41	23:11	PB	
11	Nicola Unsworth	00:11:30	00:39:52	28:22	24.53	Apr-18
12	Dave White	00:14:00	00:39:57	25:57	DR	
13	Basia Pawelczak	00:14:00	00:40:04	26:04	25.56	Aug-25
14	Peter Gibson	00:06:00	00:40:26	34:26	25.35	Dec-11
15	Fiona Martin	00:00:00	00:40:40	40:40	37.11	Apr-21
16	Chris Bond	00:10:00	00:40:53	30:53	29.55	Oct-25
17	Chris Bluck	00:10:00	00:40:55	30:55	DR	
18	Todd Graham	00:11:30	00:41:15	29:45	26.24	Apr-26
19	Tom Raybould	00:16:30	00:41:15	24:45	23.36	Apr-26
20	Tony Croft	00:00:00	00:41:29	41:29	19.33	Jun-87
21	Jenny Meadows	00:06:00	00:41:40	35:40	DR	
22	Simon Scarr	00:06:00	00:41:41	35:41	27.46	Nov-20
23	Paula Wright	00:03:00	00:41:50	38:50	37.09	Aug-24
24	John Dunn	00:03:00	00:41:56	38:56	38.10	Dec-22
25	Coner Millward	00:10:00	00:41:58	31:58	26.32	Jul-13

26	Adam Griffin	00:14:00	00:42:53	28:53	DR	
27	Craig Farmer	00:14:00	00:42:54	28:54	26.12	Apr-26
28	Chris Wylie	00:14:00	00:43:34	29:34	23.07	Apr-23
29	Paul Woolford	00:14:00	00:44:02	30:02	25.35	Apr-26

What a pleasant surprise, walking up New Lane to the start line, to see so many eager athletes waiting for the Handicap and more followed to make this the largest turnout since April 2023 when the same number toed the line. With 6 making their debut runs the future looks promising and congratulations to Paul E on setting another PB. The conditions were almost perfect for racing and testing pace judgement, so all in all a very successful evening. Thanks to Laura L for assisting at the finish line and providing me with company whilst the race progressed.

JUNE HANDICAP: Wednesday 3rd June at 19.00

HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11
M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00
M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.04	May-24
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07
Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04

F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MICHELLE TOMLINSON	28.41	Jun-24
F65	MARGARET BROWN	30.44	Sep-08