

JULY 2026 HANDICAP

Wednesday 1st July

Official: Nick Hume

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Tom Raybould	00:15:30	00:38:51	23:21	PB	
2	Laura Lawler	00:11:00	00:40:27	29:27	26.17	Jun-12
3	Peter Gibson	00:06:00	00:40:31	34:31	25.35	Dec-11
4	Anthony Blight	00:11:00	00:41:45	30:45	24.55	May-02
5	Tony Croft	00:00:00	00:43:43	43:43	19.33	Jun-87

With Tony in hospital, Nick stood in, having just arrived back from Austria 30 minutes earlier. For some reason there was a very low turn-out with just 5 stalwarts on the start line and with 2 seagulls to contend with it made for an interesting start and finish. Congratulations go to Tom on his PB and being chased home by the seagulls ensured a sprint finish. Others picked up sticks to aide their finish dash! With a live screen England were unmissable.

JULY HANDICAP: Wednesday 5th August at 19.00

HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11
M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00
M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.04	May-24
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07

Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04
F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MICHELLE TOMLINSON	28.41	Jun-24
F65	MARGARET BROWN	30.44	Sep-08