

SEPTEMBER 2026 HANDICAP

Wednesday 9th September

Officials: Liz Airnes, Tony Airnes & Nick Hume

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Paula Wright	00:00:00	00:32:33	32:33	PB	
2	Graham Davies	00:06:00	00:37:00	31:00	19.39	Mar-00
3	Leanne Bluck	00:06:00	00:37:11	31:11	PB	
4	Julie Smith	00:06:00	00:37:41	31:41	DR	
5	Chris Davies	00:15:00	00:37:52	22:52	PB	
6	Christine Mercer	00:04:00	00:39:09	35:09	DR	
7	Darrell Pickering	00:04:00	00:39:09	35:09	PB	
8	Dan Higgins	00:12:00	00:39:25	27:25	26.20	Aug-20
9	Andy Smith	00:12:00	00:40:26	28:26	DR	
10	Chris Bluck	00:12:00	00:40:26	28:26	27.44	Jun-26
11	Simon Reason	00:12:00	00:40:52	28:52	21.35	Apr-26
12	Chris Wylie	00:12:00	00:40:52	28:52	23.07	Apr-23
13	Todd Graham	00:12:00	00:40:55	28:55	26.06	Jun-26
14	Anthony Blight	00:11:00	00:41:15	30:15	24.55	May-02
15	Curt Shields	00:12:00	00:41:57	29:57	DR	
16	Tony Croft	00:00:00	00:43:18	43:18	19.33	Jun-87
17	John Dunn	00:00:00	00:46:33	46:33	38.10	Dec-22

A lovely evening for the Handicap and good to see a few runners making their debut runs. Unfortunately Curt tried to devise a new course involving Amounderness Way which is unlikely to catch on. Paula warmed up with an 8 mile run and still managed a PB as did Leanne, Chris D (with runners to chase towards the end) and Darrell, who was unhappy to lose the dip on the line to Christina. (No VAR here!). Thanks as ever to Liz and Tony for their support and help.

OCTOBER HANDICAP: Wednesday 5th October at 18.00

HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11
M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00
M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.04	May-24
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07
Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04
F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MICHELLE TOMLINSON	28.41	Jun-24
F65	MARGARET BROWN	30.44	Sep-08